Transylvania County Senior Services Directory 2015

LAND OF SKY
REGIONAL COUNCIL

This directory is not all-inclusive and inclusion in this directory does not imply endorsement by Land of Sky Regional Council or the Transylvania County Community Resource Connections (CRC) Office.

This directory prepared in collaboration by:

Land of Sky Regional Council
Carol McLimans, Family Caregiver Resource Specialist

&

Transylvania County Community Resource Connections (CRC) Office

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ABUSE

Adult Protective Services (APS)
Contact Person: Intake Social Worker
Phone: (828) 884-3174
106 East Morgan Street, Brevard NC 28712
Hours of Operation: M-F 8:30 am - 5 pm
**After regular business hours call 884-3188 and ask to speak to an Adult Services On-Call Social Worker

Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment.

SAFE, Inc. of Transylvania County
Phone: (828) 885-7233
Fax: (828) 885-2559
515 North Broad Street, Suite 1, Brevard, NC 28712
Web: www.safebrevard.com

Services Offered: This agency works to prevent domestic violence in the community. There is abuse prevention education, rape prevention program, community outreach and education and The New Leaf Program. There is also a shelter for women and children who have experienced domestic violence. The number listed above has someone available 24 hours a day/ 7 days a week.

Brevard Police Department
911 for an emergency situation
Phone: (828) 883-2212
114 W. Jordan Street, Brevard NC 28712

Transylvania County Sheriff's Department
911 for an emergency situation
Phone: (828) 884-3168
153 Public Safety Way, Brevard NC 28712

ADULT DAY CARE / ADULT DAY HEALTH

Azalea Day Program
NC Outreach Homecare, LLC
Phone: (828) 877-2112
3431 Asheville Hwy, Pisgah Forest NC 28768
Hours of Operation: M-Th 12 - 5 pm
Website: www.ncoutreach.com

Services Offered: This program works with people that have a disability through CAP-MR/DD. The program offers numerous activities including exercise equipment, craft areas, computer stations, educational activities, and daily educational opportunities. The program also participates in numerous company-wide scheduled events and volunteer opportunities. A referral from Western Highlands is needed for the program. Medicaid only is accepted.

ADULT DAY CARE/ADULT DAY HEALTH, continued

KOALA (Keeping Older Adults Living Abundantly)
Phone: (828) 884-2980
Fax: (828) 883-2492
23 Medical Park Circle, Brevard NC 28712
Hours of Operation: M-F 7:30 am - 5:30 pm

Services Offered: This program provides a safe environment for older adults to socialize and receive medical care. There are numerous activities for the participants to enjoy on a daily basis. There are registered nurses and CNAs on staff to help care for the participants. The ratio for staff to participants is 1:6. There are grants that assist with the cost of this program. Also, long-term care insurance will often cover the expense.

Life Skills of Brevard - Transylvania Vocational Services, Inc.
Phone: (828) 884-3195
Fax: (828) 884-3102
11 Mountain Industrial Drive, Brevard, NC 28712
Mailing: PO Box 1115, Brevard, NC 28712
Email: carla@tvsinc.org
Website: www.tvs.inc.org

Services Offered: This program serves as adult enrichment and is designed to promote personal independence in a group setting. Life Skills serves a wide range of ages starting at 18 years old. Life Skills specifically serves individuals with intellectual or developmental disabilities.

ALZHEIMER'S AND DEMENTIA

Alzheimer's Association - Western Carolina Chapter
Phone: (800) 272-3900 24-hour Help Line
31 College Place, Suite D203, Asheville, NC 28801
PO Box 748, Asheville, NC 28802
Email: infonc@alz.org
Website: www.alz.org/northcarolina

Services Offered: This Chapter serves the 49 most western counties in NC. For assistance and information call the help line 24 hours a day. A local support group is offered at Transylvania Regional Hospital on the 4th Thursday of every month. The group begins at 5:30pm.

MemoryCare
Phone: (828) 771-2219
100 Far Horizons Lane, Asheville, NC 28803
Email: office@memorycare.org
Web: www.memorycare.org

Services Offered: This non-profit agency provides specialized medical care to older adults. They also provide caregivers with education, counseling and access to services. This program accepts Medicare and Medicaid for their patients. Other fees may apply as well.

Memory Caregiver's Network
Phone: (828) 645-9189 or (828) 230-4143

First Tuesday: 1 - 3 pm, Fletcher Seventh-day Adventist Church, 1141 Howard Gap Road, Fletcher, NC 28792
Third Tuesday: 1 -3 pm, New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville, NC 28803
Fourth Tuesday: 1 - 3 pm, First Baptist Church of Asheville, 63 Main Street, Weaverville, NC 28787

Memory Lost Caregivers of East Buncombe: Highland Farms Community, 200 Tabernacle Road, Black Mountain, NC 28711

Project C.A.R.E. (Caregivers Alternative to Running on Empty)
Land of Sky Regional Council
Phone: (828) 251-6622
339 New Leicester Hwy., Suite 140, Asheville, NC 28806
Hours of Operation: M-F 8 am - 4:30 pm
Website: www.lamdofsky.org

Services Offered: This program provides training and resources for family caregivers, care providers and the community. This program has links to the local Alzheimer's Association and the local area agencies on aging. Project C.A.R.E. provides respite care, family consultation and other services.

ASSISTED LIVING FACILITIES

Cedar Mountain House
Phone: (828) 884-9510
11 Sherwood Ridge Road, Brevard NC 28712
Email: ceda@adm@longlsl.com
Website: www.cedarmountainhouse.com

Services Offered: This assisted living facility provides a caring atmosphere, an active community and comfortable life for the residents. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

College Walk
Phone: (828) 884-5800 or (800) 280-9600
100 N. College Row, Brevard, NC 28712
Website: www.collegewalkretirement.com

Services Offered: This facility combines elegant amenities with comforts of home. College Walk offers both independent living residences and assisted living homes. Assisted living services include housing, support services and health care as needed.

ASSISTED LIVING FACILITIES, continued

Kingsbridge House
Phone: (828) 884-6137
Fax: (828) 883-4625
10 Sugar Loaf Road, Brevard, NC 28712
Email: king.bom@longlsl.com
Website: www.kingsbridgehouse.com

Services Offered: This facility provides affordable assisted living in an atmosphere where residents can live life to the fullest. It also offers memory-related services. The facility is licensed as a Special Care Facility and provides a supportive environment for individuals with Alzheimer's and memory related dementias. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

Tore's Homes
Phone: (828) 884-5007
PO Box 362, Brevard, NC 28712
Website: www.toreshome.com

Services Offered: These facilities offer independent living, assisted living and extended care services. Each facility is a residential-like setting with the comforts of home. This is private pay only.

INDEPENDENT LIVING: This service helps postpone admission into a facility for the patients. This service offers assisted living in the patient's own home.

ASSISTED LIVING FACILITIES: This service provides care in a true home environment. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

EXTENDED CARE FACILITIES: This service provides virtually total care to the patient. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

CAREGIVER RESOURCES

Family Caregiver Support Program - Land of Sky Regional Council
Contact Person: Carol McLimans
Phone: (828) 251-6622 ext. 119
339 New Leicester Hwy., Suite 140, Asheville, NC 28806
Email: carol@landofsky.org
Website: www.landofsky.org

Services Offered: This program provides support for family members who are caring for an elder family member. The assistance provided includes information on available services, counseling, support groups, respite care and supplemental services.

CAREGIVER WEBSITES

Caregiver Stress
www.caregiverstress.com
This site helps a caregiver care for themselves while also caring for an aging loved one.

Children of Aging Parents / Older Adult Programs
www.caps4caregivers.org
This site assists caregivers of elderly or chronically ill. It also helps gives them reliable information, referrals and support.

Elder Care Planning
www.elderindustry.com
This site gives tips on planning for elder care. It also provides information on eldercare challenges. Downloads are also available for certain documents.

Family Caregivers Alliance
www.caregiver.org
This site helps give caregivers a public voice. It also provides them information, education, services, research and advocacy.

Geriatric Resources, Inc.
www.geriatricresourcesaz.com
This site provides links to geriatric related topics.

National Family Caregivers Association
www.thefamilycaregiver.org
This site helps educate, support, empower and be a voice for the ones needing care and the ones providing the care.

Resources for Aging – The Caregiver Sourcebook
www.ageinfo.com
This site helps empower caregivers to be more effective and efficient.

Today's Caregiver
www.caregiver.com
This site provides information, support and guidance for family and professional caregivers. It is developed for caregivers, about caregivers and by caregivers.

Well Spouse Foundation
www.wellspouse.org
This site offers peer to peer support. It also advocates for the needs of individuals caring for his or her spouse/ partner.

CLOTHING

Clothing Closet at Sharing House
Phone: (828) 884-2866
Fax: (828) 884-2573
Oakdale Street and Duckworth Avenue, Brevard, NC 28712
Hours of Operation: M, W-F 9 am - 3:30 pm; Closed from 12:00 pm - 1:00 pm; Tues 11 am - 3:30 pm
No appointment necessary but must meet eligibility guidelines

CLOTHING, continued

Goodwill Retail Store
Phone: (828) 884-7117
1266 Asheville Hwy, Brevard, NC 28712
Hours of Operation: M-Sat 8 am - 8 pm;
Sun 1 pm - 6 pm

Humane Society Thrift Shop
Phone: (828) 884-6577
84 East Main Street, Brevard, NC 28712
Hours of Operation: M-Sat 10:30 am - 4:45 pm
Cash and Check Only

SAFE's Attic
Phone: (828) 884-2615
314 N. Broad Street, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm; Sat 9 am - 4 pm

The Shop of St. Philip's
Phone: (828) 884-9660
44 Four Seasons Plaza, Brevard, NC 28712
Hours of Operation: M-Sat 10 am - 4 pm

Tiger Town Thrift Shop (WCCA)
Phone: (828) 884-9222
Hwy 178 South, Rosman, NC 28772
Across from Rosman Middle/High School
Hours of Operation: M-F 10 am - 4:30 pm; Sat 10 am - 3:30 pm

DENTAL CARE

Asheville Affordable Dentures
Phone: (828) 298-9928
145 Tunnel Road, Asheville, NC 28805
Hours of Operation: Doors open M-F at 3 pm

Services Offered: This office provides denture related services and tooth extractions. The same day service is usually possible.

Blue Ridge Free Dental Clinic
Phone: (828) 743-3393
130 Hwy 64 East, Cashiers, NC 28717
Email: info@blueridgefreedentalclinic.org
Web: www.blueridgefreedentalclinic.org
Hours of Operation: M,W 10 am -5 pm

Services Offered: This service provides dental care for people without insurance and 200% of poverty level.

Brevard Health Center
Phone: (828) 883-5550
89 Hospital Drive, Suite B, Brevard, NC 28712

Dental Lifeline Network (Formerly National Foundation of Dentistry for Handicapped)
Phone: (303) 534-5360
1800 15th Street, Suite 100, Denver, CO 80202
Website: www.nfdh.org

Services Offered: The organization serves those with disabilities, the elderly and those medically compromised. In order to access the program, go to the organizations website and then click on Donated Dental Services; then State DDS programs; then North Carolina; then open NC Application.

Stokes Dental Center / Blue Ridge Community Health Services
Phone(s): (828) 696-0512 or (828) 692-4289
Fax: (828) 692-5766
2579 Chimney Rock Road, Hendersonville, NC 28792
Website: www.brchs.com
Hours of Operation: M, W-F 8 am - 5 pm, Tues 8 am - 8 pm

Services Provided: This office provides dental care to people of all ages, whether they have dental insurance or not. Numerous dentists are on staff and same day appointments are often available.

DISABILITY SERVICES

Community Alternative Programs (CAP-DA) - Transylvania Regional Hospital
Phone: (828) 862-6366
260 Hospital Drive, Brevard, NC 28712

Services Offered: This program is designed to help Medicaid patients find home-based services in order to delay or prevent the need for nursing home care. Services provided include in-homes aides, nutritional supplements, home modification assistance and funds for Adult Day Care and Adult Day Health.

Clients must also have a support system in place. This would include a family member, neighbor or friend. This person(s) could provide assistance if the in-home aide was not able to be in the home for a short period of time. This program is for Medicaid clients only.

Community Alternative Programs (CAP-MR/DD) - Transylvania Vocational Services, Inc.
Contact Person: Carla Hill
Phone: (828) 884-3195
Fax: (828) 884-3102
11 Mountain Industrial Drive, Brevard NC 28712
Email: carla@tvsinc.org
Web: www.tvs.inc.org

Services Offered: This program is designed to help individuals with intellectual and developmental disabilities. Numerous supports and services are offered for these individuals. These can include day supports, respite, home and community supports, residential supports, personal care, supported employment and long-term vocational supports.

DISABILITY SERVICES, continued

Community Care of Western North Carolina (CCWNC)
Phone: (828) 259-3879
Fax: (828) 259-3875
53 South French Broad Avenue, Suite 300, Asheville NC 28801
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This agency is a non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners. The service provides case management services, transitional care and an uninsured initiative.

Disability Partners
Phone: (828) 298-1977
Fax: (828) 298-0875
108 New Leicester Highway, Asheville NC 28806
Website: www.disabilitypartners.org

Services Offered: Nursing home transitions only.

Key Associates
Phone: (828) 696-2441
PO Box 306, Flat Rock, NC 28731
Email: admin@keyassociates.biz
Website: www.keyassociates.biz

Services Offered: This business is focused on helping older adults and those with disabilities to live safely and comfortably in their own homes. The services include safety checks, addressing maintenance issues and running errands. They also can help downsize homes and de-clutter. All employees are bonded and insured.

NC Outreach Homecare
Phone: (828) 877-2112 (Brevard)
Phone: (828) 652-2112 (Home Office)
3431 Asheville Hwy., Pisgah Forest, NC 28768
Brevard Hours of Operation: M-Th 12 - 5 pm

Services Offered: This program offers a wide range of services for people over the age of 60 and for those with disabilities. NC Outreach offers CAP-DA and CAP-MR/DD services. A Day Program and Home Care services are also available. In order to access services, Western Highlands must be contacted and the client must have Medicaid.

*The CAP program offers services in the client's home and in the community.
*The Azalea Day Program offers socialization, fitness, crafts and other activities.
*The Home Care services offer in-home aides for housekeeping and personal care.

NC Services for the Blind
Phone: (828) 884-3174 ext. 287
Fax: (828) 884-3261
106 East Morgan Street, Brevard, NC 28712
Hours Of Operation: Wednesdays

Regional Office:
50 S. French Broad Street, Suite 153, Asheville, NC 28801
Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to eligible clients.

NC Services for the Deaf and the Hard of Hearing
Voice Phone: (828) 665-8733
Toll Free: (800) 681-7998
TTY Phone: (828) 665-8737
TTY Toll Free: (800) 681-8035
Fax: (828) 670-5054
12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

RHA Health Services
Phone: (828) 251-1180
Fax: (828) 698-0627
421 Riverside Drive, Asheville, NC 28806

Services Provided: This agency is a non-profit provider of services and supports for people with developmental and intellectual disabilities. This agency provides a variety of services including Adult Developmental and Vocational Program (ADVP), intake and assessments, day services, developmental therapy, group homes, home and community supports, personal care services, skilled nursing and respite services.

Smoky Mountain LME/MCO
Phone: (828) 225-2800
Toll Free: (800) 849-6127
Fax: (828) 252-9584
1207 East Street, Waynesville, NC 28786

Services Offered: This is a local management entity (LME) serving counties in Western North Carolina. This agency serves those people with have a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

EDUCATION

Blue Ridge Community College - General Education Diploma (GED)
Contact Person: Jan Epting
Phone: (828) 883-2520
45 Oak Park Drive, Brevard, NC 28712
Website: www.blueridge.edu

Services Offered: This program offers people who did not receive their high school diploma the opportunity to complete their education. This program operates Mon-Thurs.

Blue Ridge Community College
Economic and Workforce Development Continuing Education Courses
Phone: (828) 883-2520
45 Oak Park Drive, Brevard, NC 28712
Website: www.blueridge.edu

Services Offered: The Division of Economic and Workforce Development/Continuing Education (EWD/CE) offers a variety of courses, programs of study and services vital to our community. EWD/CE has the flexibility to quickly offer courses that meet the rapidly changing needs of our local workforce and to address the diverse interests of our community members. Training is usually short in length and focused on improving workplace skills or on personal enrichment.

Brevard College - Creekside Program
Phone(s): (828) 883-8292 or (828) 884-8251
One Brevard College Drive, Brevard, NC 28712
Website: www.brevardcollege.edu

Services Offered: Brevard College offers a comprehensive program of enrichment courses. Some of the courses include arts, crafts, business, computers and health. Brevard College also offers 3 special programs including, Inside Transylvania, Great Decisions and Campus Adventures. The Creekside Program is open to anyone ages 4 to 104.

Centro Comunitario Hispano- Americano
Phone: (828) 883-2900
249 East Main Street, Brevard, NC 28712

Services Offered: This program offers assistance in learning the English language. They also provide a variety of other outreach services to the Hispanic community.

Meridian Behavioral Health Services
Recovery Education Center
Phone: (828) 883-2708
Fax: (828) 883-2709
69 North Broad Street, Brevard, NC 28712
Email: information@meridianbhs.org
Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

FINANCIAL SERVICES

OnTrack Financial Education and Counseling
Phone: (828) 255-5166
Toll Free: (800) 737-5485
50 S French Broad Avenue, Suite 227
Asheville, NC 28801
Hours of Operation: M-F 8:30 am - 5 pm
Website: www.ontrackwnc.org

Services Offered: This program offers budget counseling, reverse mortgage counseling, debt management and foreclosure prevention counseling. Educational programs are also available. All services are confidential and offered at little or no cost to the client.

FOOD (MEALS AND FOOD PANTRIES)

Anchor Baptist Ministries International
Church: (828) 884-7610
Warehouse: (828) 877-2978
3232 Hendersonville Hwy., Pisgah Forest, NC 28768
Email: missions@anchorbaptist.org
Hours of Operation: M-F 1:30 pm - 5:30 pm

Services Offered: This organization offers several programs that provide food to the community. The availability of the food varies.

SURPLUS: This program makes available name brand groceries at minimal cost. Recipients may shop weekly for a service fee of .60 cents per pound. There is no age limit or income limit for this program.

SALVAGE: This program provides certain bulk items that are made available for a suggested service fee of .20 cents per pound. There is no age limit or income limit for this program.

TEFAP: This program provides a pre-packed box of groceries at no charge as often as once a week based on need and income. (Transylvania and Henderson County Residents Only).

SNAP: This program provides a pre-packed box of groceries at no charge up to three times in one year to meet emergency needs. Participants must be in extreme need. (WNC Residents Only).

MANNA (Senior Citizen Food Program): This program is available to those 62 years and older that meet certain income guidelines. This ministry provides a “grocery store” style shopping opportunity once a month. Information packets with applications are available at the church or warehouse offices. A sponsor is also needed for this program. A sponsor agrees to pay for the cost of the box each month for the recipient. This program is offered the 3rd Thursday of every month.

Bread of Life Community Kitchen
Phone: (828) 877-3577
248 South Caldwell Street, Brevard, NC 28712-3604
Hours of Operation: M-F 12 pm - 2 pm

Services Offered: This is a free community kitchen that provides meals for residents of Transylvania County that are in need. Meals can be taken out.

FOOD (MEALS AND FOOD PANTRIES), continued

Brevard Wesleyan Church - Community Outreach Dinner
Phone: (828) 883-8408
583 North Broad Street, Brevard NC 28712
Website: www.brevardwesleyan.com

Services Offered: Brevard Wesleyan Church offers home-cooked meals the 4th Thursday of every month. The meals are free to the community. November and December meals are offered at a different time due to the holidays. Call the church office to find out when those meals are served.

Food and Nutrition Services (formerly Food Stamps) - Transylvania County Department of Social Services
Phone: (828) 884-3174
106 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food through a EBT card. A household may be an individual person or families. Eligibility for FNS is based on income and reserve guidelines.

Food Pantry at Sharing House
Phone: (828) 884-2866
Fax: (828) 884-2573
Oakdale and Duckworth Streets, Brevard, NC 28712
Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am - 4 pm

Services Offered: This program provides food to the community. There is an eligibility guideline that must be met in order to receive the food. An appointment is necessary. The pantry also offers cleaning supplies and hygiene products.

Meals on Wheels
Phone: (828) 883-3743
PO Box 485, Brevard, NC 28712

Services Offered: This program provides nutritious hot meals at noon time for home bound people as well as people with disabilities. Meals are delivered 5 days a week. The cost is $4.25 per meal but financial assistance is available. This program serves Transylvania County residents up to the Harmony Corner area.

Mobile Meals (WCCA)
Phone: (828) 884-2255
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net

Services Offered: This program provides midday meals five days a week to individuals who are over the age of 60 and are homebound. These individuals must live in the Rosman, Lake Toxaway and Quebec communities. These meals are prepared by Transylvania Regional Hospital and are transported to the Quebec Center for delivery to the participants. Funding is provided by Home and Community Care Block Grant Funds, Tiger Town Thrift Store and local donations. Participants are asked to make a donation for their meals. This program serves Transylvania County residents who live beyond the Harmony Corner area.

Silvermont "Lunch Plus" Program (WCCA)
Phone: (828) 884-3166
364 East Main Street, Brevard, NC 28712
Hours of Operation: M-F 10 am - 12 pm

Services Offered: This program offers a midday meal and one activity for people 60 years and over. Activities can include BINGO, music and crafts. Transportation may be available through the county.

Quebec Congregate Meal Site
Phone: (828) 862-4466
Highway 64 West, Lake Toxaway, NC 28747
Website: www.wcca.net

Services Offered: This program offers a midday meal along with social activities and educational programs for people 60 years and over. Transportation may be possible through county transportation. County Transportation also brings the participants into town once per week.

MANNA Food Bank Sites

Community Baptist Church
Phone(s): (828) 883-3931 or (828) 862-8187
200 Buena Vista Road, Brevard, NC 28712
2nd and 4th Thurs of each month from 5 pm - 6:30 pm

Crossroads Baptist Church
Phone: (828) 862-8138 (Call between 8 am - 8 pm)
320 Whitmire Street, Brevard, NC 28712
2nd Fri of every month from 10 am - 12 pm

God's Way Church
Phone: (828) 884-7793
525 Tannasee Gap Road, Balsam Grove, NC 28708
Every Sat from 10 am - 12 pm.

MANNA Food Bank Sites, continued

Rosman United Methodist
Contact Person: Ann Self (Call between 8 am - 8 pm)
Phone: (828) 734-4487
95 Church Street, Rosman, NC 28772
Last Sat of every month from 10 am - 12 pm

Samuel's Haven Food Pantry
Phone: (828) 553-9677
There are no regular hours for this food pantry. Most of the food is delivered to people in an emergency situation. Call the number listed in order to have the food delivered.

FURNITURE / APPLIANCES

Goodwill Retail Store
Phone: (828) 884-7117
1266 Asheville Hwy, Brevard NC 28712
Hours of Operation: M-Sat 8 am - 8 pm; Sun 1 pm -6 pm

Habitat for Humanity Thrift Store
Phone: (828) 862-4663
101 Old Hendersonville Hwy, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm; Sat 9 am - 4 pm

Humane Society Thrift Shop
Phone: (828) 884-6577
84 East Main Street, Brevard, NC 28712
Hours of Operation: M-Sat 10:30 am - 4:45 pm
Cash and Check Only

SAFE's Attic Interiors
Phone: (828) 884-2617
144 E. Main Street, Brevard, NC 28712
Hours of Operation: M-F 10 am - 5 pm; Sat 9 am - 4 pm

Sharing House
Phone: (828) 884-2866
Oakdale Street and Duckworth Ave, Brevard NC 28712
Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 3:30 pm; Tues 11 am - 3:30 pm

The Shop of St. Philip's
Phone: (828) 884-9660
44 Four Seasons Plaza, Brevard, NC 28712
Hours of Operation: M-Sat 10 am - 4 pm

Tiger Town Thrift Shop (WCCA)
Phone: (828) 884-9222
Hwy 178 S, Rosman, NC 28772 (Across from Rosman Middle/High School)
Hours of Operation: M-F 10 am - 4:30 pm; Sat 10 am - 3:30 pm

GROUP HOMES (DISABILITIES)

Easter Seals of United Cerebral Palsy of NC and VA
Phone: (828) 862-3401 Fax: (828) 877-5951
31 James Street, Brevard, NC 28712
Hours of Operation: M-F 8 am - 4 pm; Group Home open 24 hours

Services Offered: This is a 6-bed facility that serves people that have been diagnosed with Cerebral Palsy or that have intellectual and developmental disabilities. Payment is accepted through Medicaid, Medicare and Social Security. Residents must be 18 years of age or older.

Fisher Road Group Home - Transylvania Vocational Services, Inc.
Phone: (828) 884-3195
Fax: (828) 884-3102
120 Fisher Road, Brevard, NC 28712
Email: carla@tvsinc.org
Website: www.tvs.inc.org

Services Offered: This is a 4 bed facility that serves adults with intellectual and developmental disabilities. All residents must be ambulatory.

Forest Bend Group Home
Phone(s): (828) 877-4062 or (828) 553-1621
1 South Oak Street, Brevard, NC 28712

Services Offered: This is a 6 bed facility that serves adults with mental and physical challenges. This home is an Intermediate Care Facility. This home is operated through RHA Health Services, Inc.

Tanjer House - Transylvania Vocational Services, Inc.
Phone: (828) 884-3195
Fax: (828) 884-3102
16 Appletree Street, Brevard, NC 28712
Email: carla@tvsinc.org
Website: www.tvs.inc.org

Services Offered: This is a 3 bed facility that serves adults with intellectual and developmental disabilities. All residents must be ambulatory.

Transylvania Association for Disabled Citizens (TADC)
Phone: (828) 883-2980
Fax: (828) 883-3188
830 Probart Street Extension, Brevard, NC 28712
Email: tadc@citcom.net
Hours of Operation: M-F 8:30 am - 5 pm;
Group Home open 24 hours

Services Offered: This program provides support services and residential services for people with developmental disabilities. Services include a group home and support for individuals living in their own apartments to help them remain independent. Transportation to/ from appointments is provided along with other necessary supports.

HEALTH CARE

Blue Ridge Community Health Services
Phone: (828) 692-4289
2579 Chimney Rock Road, Hendersonville, NC 28793
Hours of Operation: M-Thurs 8 am - 8 pm; Fri 8 am - 5 pm
Website: www.brchs.com

Services Offered: This program provides primary health and dental care for adults, adolescents and children. There is also prescription assistance. Spanish translators are available.

HEALTH CARE, continued

Brevard Health Center
89 Hospital Drive, Brevard, NC 28712
Phone: (828) 883-5550

Francis Warde Health Service
Phone: (828) 884-7990
22 Trust Lane, Brevard, NC 28712
Hours of Operation: M, W-F 9 am - 4 pm; Sat 10 am - 4 pm; Closed on Tues

Services Offered: This office provides basic health care for individuals at 200% or below poverty level. Services are offered on a sliding fee scale. Appointment can be made after necessary paperwork is complete. No chronic pain management clients accepted. No worker's compensation accepted.

Transylvania County Health Department
Phone: (828) 884-3135
Fax: (828) 884-3140
Human Services Building
East Morgan Street, Brevard NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This agency offers general population services including vaccines, vital records and hypertension screening. The Health Department also offers public health clinics including audiometer testing, diabetic screenings and cancer screening clinics. There is a fee for the testing and screenings.

Transylvania Regional Hospital Diabetes Education Program
Phone: (828) 883-5195
Fax: (828) 883-5128
260 Hospital Drive, Brevard, NC 28712
Hours of Operation: M, W 8 am - 3 pm and Th 8 am - 12 pm

Services Offered: This program assists people in learning how to have the best life possible while still living with diabetes. A physician referral is needed in order to be involved in the program. Individual classes and small group classes are offered. Also, referrals can be made for a dietician or for foot care if needed. A sliding fee scale is available for those who qualify. This program is certified by the American Diabetes Association.

Transylvania Regional Hospital Mammogram Department
Phone(s): (828) 883-5132 or (828) 883-5323
260 Hospital Drive, Brevard, NC 28712
Website: www.trhospital.org
Hours of Operation: M-F 8 am - 4:30 pm, appointments encouraged

Services Offered: This program provides mammograms and follow-up diagnostic testing for women in Transylvania County without insurance. Eligibility guidelines must be met for free mammograms. A sliding fee scale is also available for those who do not qualify for a free mammogram.

Transylvania Regional Hospital Fitness Program
Phone: (828) 883-5322
260 Hospital Drive, Brevard, NC 28712
Website: www.trhospital.org

Services Offered: This fitness program offers exercise equipment, blood pressure checks and has staff on duty. A physician's referral is necessary to begin the program. The cost is $40 per month or $5 per visit. There is a sliding fee scale available depending on eligibility.

Wound Care/Ostomy & Continence Services
Phone: (828) 883-5353
260 Hospital Drive, Brevard, NC 28712 (In Hospital)

Services Offered: The program's certified wound, ostomy and continence nurses provide individualized in-patient and outpatient treatment plans and education. Services include care for the treatment of chronic and acute wounds, diabetic foot care, incontinence management, ostomy care and education.

HEALTH INSURANCE

AARP (American Association of Retired Persons)
Phone: (888) OUR-AARP (1-888-687-2277)
Website: www.aarp.org
Email: member@aarp.org

Local Office:
Ask for AARP assistance
Phone: (828) 884-3109
Fax: (828) 884-3142
98 East Morgan Street, Brevard, NC 28712

Services Offered: This program is a nonprofit, nonpartisan membership organization that helps people 50 and over improve the quality of their lives.

Inclusive Heath
Federal Option or State Option
Phone: (866) 665-2117
Website: www.inclusivehealth.org

Services Offered: This program provides affordable health insurance for people who have to purchase their own insurance and have a pre-existing medical condition. There is a wide range of coverage options.

Medicare SHIIP (Senior's Health Insurance Information Program)
Phone: (800) 443-9354
Email: ncshiip@ncdoi.gov

Local Office: Ask for SHIIP assistance
Phone: (828) 884-3109
Fax: (828) 884-3142
98 East Morgan Street, Brevard, NC 28712

Services Offered: This program helps answer questions that surround Medicare, Medicare supplement insurance and long-term care insurance.

HEALTH INSURANCE, continued

Transylvania County Department of Social Services - Adult Medicaid
Contact Person: Medicaid Intake Worker
Phone: (828) 884-3174
106 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

HOME CARE

Home Instead Senior Care
Phone: (828) 274-4406
Fax: (828) 274-4106
1293 Hendersonville Road, Suite 4, Asheville, NC 28803

Services Offered: This program offers non-medical assistance to older adults still in the home. Services can include companionship, meal preparation, light housekeeping, personal care, errands and incidental transportation. Home Instead Senior Care offers trained, bonded and insured caregivers to provide these services.

Mountain Home Care
Phone: (828) 684-6444
Fax: (828) 684-6499
Arden Office: 2270 Hendersonville Road (Arden Square Suite #3) Arden, NC 28704
PO Box 5117, Arden, NC 28704
Email: info@mountainhomecare.com
Website: www.mountainhomecare.com

Services Offered: This program provides non-medical companion care in Western North Carolina. Highly trained caregivers offer companionship, meal planning and preparation, incidental transportation, light housekeeping, bath supervision and many more services. This business also offers Geriatric Care Management.

NC Outreach Homecare, LLC
Contact Person: Roxann Jones
Phone: (828) 877-2112
Phone: (828) 652-2112 (Home Office)
4331 Asheville Hwy., Pisgah Forest, NC 28768
Brevard Hours of Operation: M-Th 12 - 5 pm

Services Offered: This program provides housekeeping services, personal care services and others to people who need help in their own home. A referral from Western Highlands is needed for acceptance into the program. Medicaid only is accepted.

Simply Home
Phone: (828) 684-8441
Toll Free: (877) 684-3581
Fax: (828) 684-3590
1985 Hendersonville Road, Suite 110, Asheville NC 28803
Website: www.simply-home.com

Services Offered: This program offers a unique and discreet system of sensors for in-home care. The system is put into place when a family member or caregiver cannot be there for a loved one. This program allows older adults to continue to live independently.

Transylvania Regional Hospital Home Care
Contact Person: Karen Reid, Intake Worker
Linda Fluck, RN Home Care Manager
Phone: (828) 883-5254
Fax: (828) 883-5331
166 Asheville Hwy Suite 5, Brevard, NC 28712
Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Home Care offers a variety of special services which permit patients to get the care they need in the comfort of their own homes. Home Care has a dedicated, compassionate and professional staff, made up of registered nurses, certified nursing assistants, therapists and social workers who work together to provide a variety of home health offerings. There services include:

HOME HEALTH: Home Health Services assist in helping a person to recuperate at home or manage a chronic illness. A doctor's order is required and the patient must have a skilled need. The patient must also be home bound. The patient can receive nursing, Physical Therapy, Occupational Therapy, Social Workers and in-home aides. Supplies for incontinence can be provided for Medicaid only. Medicare, Medicaid and private insurances are accepted for all other services under Home Health.

NURSING SERVICES: This service provides private nursing services to the patient. These services include blood work, vital signs, etc. This is private pay only.

GERIATRIC CARE MANAGEMENT: This service is provided by a registered nurse and/or a medical social worker. Services include comprehensive nursing assessment, identification of problem areas, recommendations, communication with physicians, as well as local and long-distance family members. Transportation can be provided to doctors appointments. This program specializes in dementia care, home safety evaluation and assisted living/nursing home placement. This service is private pay only at a rate of $100 per hour. This can be pro-rated as needed.

LIFELINE: This is an emergency response system which links the individuals, via telephone and specialized electronic equipment with continuous emergency assistance. The client receives a locket-sized electronic device. The Emergency assistance can be summoned at the touch of a button. There is a monthly fee for this service. Typically, it is through private pay only. However, often times there are funds that can assist with the cost. Home Care can help determine eligibility.

RESPITE SERVICES: This service is available to families who are caring for loved ones at home. When requested, the service places skilled caregivers in the home for a few hours so family members can enjoy a break. This service is provided through grants. Home Care can determine eligibility.

HOMELESS

Asheville Buncombe Community Christian Ministries (ABCCM)
Phone: (828) 259-5300
Fax: (828) 259-5323
30 Cumberland Avenue, Asheville, NC 28801 (Business Office, locations of shelters are kept secret)
Email: cwilson@abccm.org
Website: www.abccm.org

Services Offered: This agency provides numerous services to the community. They specifically offer Veteran's Restoration Quarters and Transitional Housing as well as Women's and Children's Shelter.

Hendersonville Rescue Mission
Phone: (828) 697-1354
Fax: (828) 697-8114
639 Maple Street, Hendersonville, NC 28792
Website: www.hendersonvillerescuemission.net

Services Offered: This program offers shelter to the homeless. They also offer food and medical assistance. This program also helps those with addictions to find the road to recovery.

Homeward Bound of Asheville
Main Office: (828) 258-1695
A HOPE Day Center (828) 252-8883
19 North Ann Street, Asheville, NC 28801
Admission Office: 218 Patton Avenue, Asheville, NC2 8801
Email: info@hbofa.org
Website: www.hbofa.org

Services Offered: This program helps end the cycle of homelessness. There are numerous programs to help deal with all aspects of homelessness.

The Haven Shelter
Phone: (828) 877-2040
PO Box 25, Brevard, NC 28712
Email: info@thehavenshelter.org
Website: www.thehavenshelter.org

Services Offered: The Haven is a homeless shelter that provides safe, temporary housing in Transylvania County. The Haven is located behind the Bread of Life Community Kitchen on South Caldwell Street. A noon meal will be served at the Bread of Life facility.

Western Carolina Rescue Mission
Shelter: (828) 254-0471
Office: (828) 254-1529
225 Patton Avenue, Asheville, NC 28802

Services Offered: This program offers people who are poor, homeless or addicted a road to assistance. The Rescue Mission offers programs that aid in rescue, recovery and restoration.

HOME REPAIRS

Essential Home Solutions, Inc.
Contact Person(s): Mark Stephenson or Randy Foster
Phone(s): (828) 553-0471 or (828) 553-06488
150 Pine Shore Drive, Brevard, NC 28712

Services Offered: This business offers custom home remodeling for those planning to age in their own home. This allows for individuals of all ages and abilities to have the opportunity to live in a home that supports their changing needs. They offer consultation, custom design, construction and installation. The cost is about $50-60 per hour plus materials.

TOWEL Ministry of St. Philip's Episcopal Church
Phone: (828) 884-3666
Fax: (828) 862-3849
256 East Main Street, Brevard, NC 28712

Services Offered: This program builds ramps, chair platforms and hand bars for those in need.

Weatherization Program (WCCA)
Phone: (828) 884-2255
Phone: (828) 210-0565 (Asheville)
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: The Weatherization Program is designed to help low income families, folks over age 60 and individuals with a disability. This program helps stop air infiltration in a home, making it warmer in the winter and more comfortable in the summer. The major goal of the program is to save energy and money. Some of the methods used to weatherize a home may include the following: glass replacement, caulking, weather stripping, attic and floor insulation, window repair or replacement, door repair or replacement, water heater blankets, and water pipe and heat duct insulation. This service is available to low income homeowners at no cost and qualifying affordable rental landlords for a minimal fee.

HOSPICE

Four Seasons Hospice
Phone: (828) 692-6178
Toll Free: (866) 466-9734
571 South Allen Road, Flat Rock, NC 28731
Website: www.fourseasonscfl.org

Services Offered: This agency provides care for patients at the end of life. Hospice focuses on pain and symptom management. Comfort is the primary goal. Hospice services can be offered in private homes, at nursing facilities or in hospitals.

Also, Palliative Care and Bereavement Services are also offered through Four Seasons Hospice.

HOSPICE, continued

Transylvania Regional Hospital Hospice
Phone: (828) 883-5254
1266 Asheville Hwy. Suite 5, Brevard, NC 28712
Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Hospice provides comprehensive care for the terminally ill with a focus on comfort rather than curative care. A caring team of specially trained professionals (nurses, social workers, chaplains and physicians) and volunteers is dedicated to enabling the patient to live as fully and as comfortably as possible. Caregiver support is also offered.

Bereavement services are available for families. Services are offered at home, nursing homes or assisted living facilities. Hospice Care gives comfort to terminally ill patients and their families. Support groups and counseling services guide them through the dying and bereavement process.

HOUSING

Balsam Grove Apartments
Phone: (828) 884-3648
1301 Asheville Highway, Brevard, NC 28712
Hours of Operation: M,W,F 9 am - 4 pm

Services Offered: Section 8 is available for people living on low income, people age 62 and over and people with a disability. Eligibility requirements must be met and proof of income must be provided.

Brevard Housing Authority
Phone: (828) 884-2146
133 West Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This office offers public housing funding by HUD for people living on low income and/or people with a disability. Rent is based on 30% of income. An application must be filled out and all eligibility requirements must be met.

Broad River Terrace
Phone: (828) 862-6462
Old Hendersonville Hwy., Brevard, NC 28712

Services Offered: This apartment complex offers low income housing in a nice atmosphere. There are some handicap accessible apartments available. These apartments are also available for those living with a disability.

Cedar Hill Apartments
Phone(S): (828) 884-7232 or (828) 884-7668
120 Hospital Drive, Brevard, NC 28712

Services Offered: These apartments are for people living on low income. The apartments are handicap accessible. Eligibility requirements must be met. Residents must be at least 62 years old or have a disability.

Cottages at Brevard
Phone(S): (828) 885-8429
15 Pender Lane, Brevard, NC 28712

English Hills Apartments
Phone: (828) 885-6016
15 Locks Drive, Brevard, NC 28712
Hours of Operation: M-Thurs 7 am - 1 pm

Services Offered: These apartments are available for people living on low income and meet eligibility guidelines. Some apartments are handicap accessible. Application does need to be completed. Credit checks and criminal background checks are completed on all applicants.

Excelsior Apartments
Phone: (828) 884-8881
58 Excelsior Drive, Brevard, NC 28712
Hours of Operation: M,W 8 am - 3 pm; closed 12 - 1 pm

Services Offered: These apartments are for people living on low income. An application must be filled out. Eligibility requirements must be met. Section 8 is not available for these units.

Habitat for Humanity Office
Phone: (828) 884-3464
692 Ecusta Road, Brevard, NC 28712
PO Box 1071, Brevard, NC 28712
Email: THFH@transylvaniahabitat.org
Website: www.transylvaniahabitat.org

Services Offered: This program helps to eliminate poverty in the local community. This program also helps to assure that every family has a safe and decent house in which to live. Habitat for Humanity does this by providing housing for the needy through home ownership financed with no interest mortgages.

Laurel Village Apartments
Phone: (828) 883-3015
21 East Laurel Court, Brevard, NC 28712
Hours of Operation: Tues and Thurs 10 am - 2 pm

Services Offered: These units are for people living on low income, age 62 or over and those with a disability. Eligibility requirements must be met.

Mountain Glen Apartments
Phone: (828) 884-2725
Gallimore Road
88 Mountain Glenn Drive, Brevard, NC 28712
Hours of Operation: M-W 10 am - 2 pm

Services Offered: These units are for people living on low income. Eligibility requirements must be met. Rent is based on 30% of income. Section 8 housing is accepted.

HOUSING, continued

Section 8 (WCCA)
Phone: (828) 884-2255
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program enables very low-income families to obtain standard housing. To be eligible, an applicant individual or family must be very low-income (below 50% of area median). Families/individuals are expected to contribute 30% of adjusted monthly income toward rent and utility expenses; the balance, subject up to established ceilings, is subsidized. Each year the assisted families are re-evaluated to determine whether their incomes still permit them to qualify for assistance under the program and to adjust the family's portion of the rent.

LEGAL SERVICES

Legal Aide of North Carolina
Asheville Office
North Carolina Senior Legal Help Line
Phone: (828) 236-1080
Fax: (828) 236-2008
547 Haywood Road, Asheville, NC 28806
Website: www.legalaidnc.org

Services Offered: This program provides free legal assistance in civil matters to low income individuals. Areas of services include domestic violence, family law, consumer issues and tenant/landlord issues. Eligibility requirements must be met.

Pisgah Legal Services
Hendersonville: (828) 692-7622
Asheville: (828) 253-0406
Tool Free: (800) 489-6144
Fax: (828) 252-8927
PO Box 2276, Asheville, NC 28802
Website: www.pisgahlegalservices.org

Services Offered: This free program works to bring justice to vulnerable people in Western North Carolina. The attorneys in the program serve low income people with urgent civil legal needs such as domestic violence, tentant/landlord issues dealing with wrongful eviction, elder law and disability assistance

MEDICAL SUPPLIES AND EQUIPMENT

Advanced Home Care
Phone: (828) 696-8686
Fax: (877) 242-3296
165 Coolridge Street, Hendersonville, NC 28792
120 Sweeten Creek Road, Asheville, NC 28803

Services Offered: This business provides home medical equipment, respiratory services, home health and infusion therapy.

Blue Ridge Home Care
Phone: (828) 884-8584
89 Medical Park Drive, Building 2, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This business offers home respiratory therapy, infusion therapy, CPAP machines, ventilators and other home medical equipment.

Care Solutions
Phone: (828) 698-9844
Toll Free: (866) 352-CARE
Fax: (828) 698-9845
110-B Edney Street, Hendersonville, NC 28792
Hours of Operation: M-F 9 am - 5 pm; on-call Sat and Sun
Website: www.caresolutions.us
Email: kayetefel@caresolutions.us

Services Offered: This company offers mobility and wound care equipment including vehicle lifts, stair lifts, wheelchairs, scooters, hospital beds and much more. Home Safety Assessments are also available. Diabetic shoes and socks are available. Medicare, Medicaid and Private Insurance are all accepted.

Gordon Family Pharmacy
Contact Person: Jeff Gordon
Phone: (828) 877-6111
Fax: (828) 877-6487
518 S Broad Street, Brevard, NC 28712
Hours of Operation: M-F 9 am - 6 pm; Sat 9 am - 1 pm

Services Offered: This business offers a large selection of medical equipment including wheelchairs, walkers, bath supplies and more. Wheelchair rentals are available also. Delivery of these items is also possible.

Lincare
Phone: (828) 885-2224
Fax: (828) 885-2252
50 Commerce Street, Building 1 Suite 3, Brevard NC 28712

Services Offered: This business offers state-of-the-art oxygen systems, oxygen therapy, CPAP machines, ventilators and respiratory services.

MEDICAL SUPPLIES AND EQUIPMENT, continued

Loftis Home Medical
Phone: (828) 884-7690
Fax: (828) 884-7692
181 Rosman Hwy, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm
On-call 24 hours a day/ 7 days a week

Services Offered: This business offers oxygen, CPAP and BiPAP machines, nebulizers and more.

Red Cross - Transylvania County Chapter
Phone: (828) 884-4530
Fax: (828) 883-3829
100 Edgewood Road, Asheville, NC 28804
Hours of Operation: M-F 9 am - 5 pm; closed 12 pm - 1 pm

Services Offered: This agency lends medical equipment such as wheelchairs, walkers, canes and shower chairs to people in need.

TOWEL Ministry of St. Philip's Episcopal Church
Phone: (828) 884-3666
Fax: (828) 862-3849
256 East Main Street, Brevard, NC 28712

Services Offered: This program builds ramps, chair platforms and hand bars for those in need.

Western Carolina Community Action (WCCA) - Liquid Nutrition Program
Phone: (828) 884-2255
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program offers liquid nutrition such as Ensure Plus or Glucerna to people over the age of 60 and living on limited income. A doctor's referral is necessary. Cost is based on a sliding fee scale.

MEDICATION ASSISTANCE

Rx Assistance
Phone: (828) 883-5002
260 Hospital Drive, Brevard, NC 28712
Website: www.trhospital.org
Hours of Operation: M,W,F 1 pm - 4 pm

Services Offered: This program is available to residents of Transylvania County. Rx Assistance helps those who qualify get their prescription medication at no cost. Participants must meet guidelines which include income within 200% of federal poverty guidelines and cannot have any type of insurance. The program only helps with maintenance prescriptions for such conditions as diabetes and high blood pressure. No controlled substances are permitted in this program.

MENTAL HEALTH CARE

AgeWell Fresh Start Behavioral Health
Phone: (828) 862-6393
260 Hospital Drive, Brevard, NC 28712

Services Provided: This service provides intensive outpatient group therapy for those with a mental health diagnosis. The group meets daily from 9:30 am - 11:45 am. Once a week, each member of the group meets with Dr. Pamela Lowe. The doctor also admits new patients once per week and does medication management for those participating in the group. This program accepts Medicare only. Transportation is provided to and from the group sessions.

Alliance Crisis CBS, Inc.
24/7 Crisis Line: (828) 885-TALK (8255)
45 North Country Club Road, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm Crisis Walk-in Service

Services Offered: This program offers mental health and substance abuse counseling for all ages. Walk-in clinics are available for emergency situations. Medicare, Medicaid and Private Insurance are accepted. A sliding fee scale is determined by the providers.

Meridian Behavioral Health Services
Recovery Education Center
Phone: (828) 883-2708
Fax: (828) 883-2709
69 North Broad Street, Brevard, NC 28712
Email: information@meridianbhs.org
Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

NAMI Four Seasons
Phone: (828) 639-0970
517 Corbly Drive, Hendersonville NC 28739

Services Offered: This program provides support and education for people with serious and persistent mental illness. This program also offers support for families affected by mental illness. Education, support and advocacy groups are available.

Smoky Mountain LME/MCO
Phone(s): (800) 849-6127
Fax: (828) 252-9584
1207 East Street, Waynesville, NC 28786

Services Offered: This is a local management entity (LME) serving 8 counties in Western North Carolina. This agency serves those people who have a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

NURSING HOMES

Brian Center
Phone: (828) 884-2031
Fax: (828) 884-2123
115 N Country Club Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 147 beds. Medicaid and Medicare are both accepted. A locked unit is also available for certain patients.

The Oaks of Brevard
Phone: (828) 877-4020
Fax: (828) 877-3858
300 Morris Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 120 beds. Medicaid and Medicare are both accepted.

REASSURANCE PROGRAMS

Brevard Police Department
Phone: (828) 883-2212
114 W. Jordan Street, Brevard, NC 28712
Hours of Operation: Calls are generally made in the morning hours

Services Offered: Brevard Police Department will contact anyone living inside the city limits to check-in on them daily. The Police Department requires that they have the necessary information on the person that is going to be contacted. This includes a list of health concerns, the primary physician and an emergency contact person. Some one in dispatch will contact the person every morning. Should there be any problems or concerns, then the emergency contact person would be reached at that time. This is a FREE service for all senior citizens and persons with disabilities.

Transylvania County Sheriff's Department
Phone: (828) 884-3168
153 Public Safety Way, Brevard, NC 28712
Hours of Operation: Calls made between 8 am - 10 am

Services Offered: The Sheriff's Department will make daily contact with any senior citizen or disabled person living in Transylvania County to check on them and make sure that they are doing okay for the day. The Sheriff's Department requires that they have certain information in order to check on the citizen. That information can be given upon registering for the program. This FREE program is available to all senior citizens or disabled persons living in Transylvania County.

REHABILITATION SERVICES

Transylvania Regional Hospital
Phone: (828) 884-9111
260 Hospital Drive, Brevard, NC 28712
Website: www.trhospital.org

Services Offered: The hospital offers several programs that assist people with their rehabilitation.

TRANSITIONAL CARE UNIT: (828) 883-5156
This program is an in-hospital, skilled nursing facility, that provides interim care and rehabilitation. It offers a relaxed setting so that patients are able to make a healthy transition from hospital to home.

CARDIO-PULMONARY REHABILITATION: (828) 883-5322
This program assists people who are recovering from a heart attack, heart surgery or COPD. This program offers medically supervised education, exercise and counseling.

PHYSICAL, OCCUPATIONAL AND SPEECH THERAPIES: (828) 883-4967
This program helps people recover or adjust from injury, disease or other debilitating conditions. Treatment is focused on recovery to the fullest extent.

RESPIRATORY THERAPY AND REHABILITATION:
(828) 883-5270 or (828) 883-5322
This program offers diagnostic tests, treatment and education. It also provides nebulizers and other breathing treatments.

PULMONARY AND SLEEP MEDICINE PROGRAM:
(828) 877-2887
This program works with people who have breathing related sleep disorders. This program is also dedicated to the diagnosis and treatment of all aspects of sleep pathology.

Vocational Rehabilitation Services
Phone: (828) 883-2190
98 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8 am - 5 pm

Services Offered: This program offers assistance for people diagnosed with a chronic physical or mental disability. Eligibility requirements must be met in order to receive services. There is a cost for some services provided through the program but there is a sliding fee scale available.

RENTAL AND UTILITY ASSISTANCE

Assistance at Sharing House
Phone: (828) 884-2866
Fax: (828) 884-2573
Oakdale and Duckworth Streets, Brevard, NC 28712
Hours of Operation: M,W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am -4 pm

Services Offered: This program offers assistance with heating and utility bills when a person/family has received a disconnect notice on their bill. This assistance can only be given once per year. Also, if a person/family uses wood heat and is unable to split wood then a cord of wood can be given for assistance. Also, if a person/family uses gas heat and no longer has any source of fuel, then fuel payment may be given. Eligibility guidelines must be met for all resources.

RENTAL AND UTILITY ASSISTANCE, continued

Salvation Army
Phone(s): (828) 862-6518 or (828) 862-6519
93A North Broad Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 4 pm;
Call for an appointment

Services Offered: This agency offers rental assistance (not deposits) and utility assistance for emergency situations. Eligibility requirements must be met. Also, proper identification, monthly bills and proof of income must be given. This assistance can only be given once per year.

Transylvania County Department of Social Services - Family Assistance Programs
Phone: (828) 884-3174
106 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

CRISIS INTERVENTION PROGRAM (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

HELPING EACH MEMBER COPE (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance MUST be a customer of Haywood Electric Company.

COMMUNITY EMERGENCY ASSISTANCE (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% OF POVERTY FUNDS: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

DOMESTIC VIOLENCE FUNDS: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

SENIOR CENTERS / SENIOR INFORMATION

Area Agency on Aging - Land of Sky Regional Council
Phone: (828) 251-6622
Toll Free: (800) 727-0557
Fax: (828) 251-6353
339 New Leicester Hwy., Suite 140, Asheville, NC 28806
Hours of Operation: M-F 8 am - 5 pm
Email: info@landofsky.org
Website: www.landofsky.org

Services Offered: This program is the designated regional organization to meet the needs of persons over 60 in Buncombe, Henderson, Madison, and Transylvania counties, by the North Carolina Division of Aging and Adult Services.

Community Resource Connections
Phone: (828) 884-3166
364 E Main Street, Brevard, NC 28712

Services Offered: This program helps link folks in the community to services that are appropriate for their needs. This program also helps the consumer make informed decisions about services offered in the community.

Long-Term Care Ombudsman Program - Land of Sky Regional Council
Phone: (828) 251-6622
Toll Free: (800) 727-0557
Fax: (828) 251-6353
339 New Leicester Hwy., Suite 140, Asheville, NC 28806
Hours of Operation: M-F 8 am - 5 pm
Email: info@landofsky.org
Website: www.landofsky.org

Services Offered: A Long-Term Care Ombudsman serves as a mediator who seeks to resolve complaints made by or on behalf of people living in long-term care facilities. The Ombudsman provides a way for people to voice their concerns and have their complaints addressed. The Ombudsman works with all parties to resolve a problem. The Ombudsman also provides information and education regarding long-term care to members of the community.

Silvermont Opportunity Center
Phone: (828) 884-3166
364 East Main Street, Brevard, NC 28712
Email: Silvermont@transylvaniacounty.com
Website: www.wcca.net

Services Offered: This program provides people 60 years and over a midday meal and a variety of recreational, social and educational programs. They include computer lab, dance classes, music lessons, book club and much more. Transportation may be available through county transportation. For more information contact Alice Taylor on Mon and Wed from 8 am until 4 pm and Tues, Thurs and Fri from 8 am until 12 pm.

SOCIAL SERVICES

Transylvania County Department of Social Services
Phone: (828) 884-3174
106 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm
Services listed below:

Adult Medicaid
Contact Person: Medicaid Intake Worker
Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

Adult Protective Services (APS)
Contact Person: Intake Social Worker
**After regular business hours call (828) 884-3188 and ask to speak to the Adult Services On-Call Social Worker.
Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment

Facility Licensing and Monitoring Services
Contact Person: Intake Social Worker
Services Offered: This program licenses and monitors family care homes, adult care homes, assisted living facilities, adult day health centers and adult day care centers for compliance with state/federal rules and regulations. Complaints and non-compliance in these facilities are investigated through this program. Public records are kept of all complaints, state surveys and penalties.

Family Assistance Programs
Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

CRISIS INTERVENTION PROGRAM (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

HELPING EACH MEMBER COPE (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance MUST be a customer of Haywood Electric Company.

COMMUNITY EMERGENCY ASSISTANCE (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% OF POVERTY FUNDS: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

DOMESTIC VIOLENCE FUNDS: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

Food and Nutrition Services (Food Stamps)
Contact Person: Food and Nutrition Services Intake Worker
Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food. A household may be individuals or families. Eligibility for FNS is based on income and reserve guidelines.

Guardianship
Contact Person: Intake Social Worker
Services Offered: The Department of Social Services must sometimes initiate or help families initiate guardianship proceedings for incompetent adults. When DSS has guardianship of an adult, then case management services are provided and decisions are made for the adult. The general public can also call the Department of Social Services to ask questions about guardianship. DSS can offer guidance and support for these situations.

Nursing Home Complaints
Transylvania County does not monitor or license the Nursing Homes in the county. Complaints can be made by calling (828) 624-3004 or Land of Sky Regional Council's Ombudsman Program at (828) 251-6622.

Representative Payee
Contact Person: Intake Social Worker
Services Offered: The Department of Social Services is an appointed payee for folks in the community who receive SSI, Social Security and SA In-Home. The consumers that have a payee have been deemed to be unable to manage their funds. The representative payee pays the clients bills and manages their money appropriately.

Special Assistance In-Home Program
Contact Person: Intake Social Worker
Services Offered: This program has 16 slots to provide case management to those on Medicaid and who are receiving no other Medicaid Case Management services. This program allows individuals to stay in a private living arrangement as an alternative to assisted living. This program also helps pay for extra services that enable the client to live safely in their own home, such as a wheelchair ramp.

State Adult Day Care Fund
Contact Person: Intake Social Worker
Services Offered: This program certifies individuals for financial assistance to enable them to attend Adult Day Programs. This program also monitors the expenditures of the funds.

SUBSTANCE ABUSE

Alliance Crisis CBS, Inc.
24/7 Crisis Line: (828) 885-TALK (8255)
45 North Country Club Road, Brevard, NC 28712
Hours of Operation: M-F 9 am -5 pm Crisis Walk-in Service

Services Offered: This program offers mental health and substance abuse counseling for all ages. Walk-in clinics are available for emergency situations. Medicare, Medicaid and Private Insurance are accepted. A sliding fee scale is determined by the providers.

First Step Farm of WNC
Phone: (828) 667-0587
Fax: (828) 665-5606
PO Box 1450, Candler, NC 28715
Email: info@firststepfarmwnc.org
Website: www.firststepfarmwnc.org

Services Offered: This program is aimed at promoting a resident's self determined efforts to recover from chemical dependency. First Step Farm serves to restore the self-respect and esteem of the individual, helping to lead them to an understanding of their problem. Once this is attained, motivation towards sustained abstinence is sought and supported by positive influences from 12 Step self-help fellowships.

Julian F. Keith Alcohol and Drug Abuse Treatment Center (ADATC)
Phone: (828) 257-6200
Fax: (828) 257-6300
201 Tabernacle Road, Black Mountain, NC 28711
Website: www.jfkadatc.net

Services Offered: This center is an 80 bed inpatient treatment facility designed to meet the needs of alcohol and other drug dependent adults of the 37 westernmost counties in North Carolina. The facility treats chemically dependent consumers and also those who have a substance abuse and psychiatric diagnosis.

Meridian Behavioral Health Services
Recovery Education Center
Phone: (828) 883-2708
Fax: (828) 883-2709
69 North Broad Street, Brevard, NC 28712
Email: information@meridianbhs.org
Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

Neil Dobbins Center
Crisis and Detox Inpatient Facility
Phone: (828) 253-6306
277 Biltmore Avenue, Asheville, NC 28801

Services Offered: This program provides crisis intervention for patients. There is a detox unit for alcohol, methadone and some opiates. 16 beds, not a hospital and no insurance needed.

Parkway Behavioral Health- Hendersonville Office
Phone: (828) 697-2660
120 Grove Street, Hendersonville, NC 28792

Services Offered: The Hendersonville office of PBH provides a range of services for individuals with mental health issues and dual diagnosis needs (dual diagnosis means mental health issues in conjunction with substance abuse issues). These services include: daytime emergency MH/SA and walk in triage, MH/SA assessments and evaluations, community support team, MH individual therapy, MH medication evaluations, medication evaluations, SA individual & group, SA intensive outpatient program, DWI assessment and treatment.

Pavillon
Phone: (828) 694-2300
241 Pavillon Place, Mill Spring NC 28756

Services Offered: This program provides a 6 or 12 week residential treatment program, clinical staff, comprehensive outpatient services, relapse prevention tools and support programs for family. Assessments are completed and substance abuse, metal health and medical conditions are all evaluated. This is all completed as quickly as possible so that the appropriate treatment can begin for the patient.

Swain Recovery Center
Phone: (828) 669-4161
Toll Free: (888)732-3362 (24 Hour Crisis Line)
932 Old US Hwy 70 W, Black Mountain, NC 28711

Services Offered: This program is a residential substance abuse treatment program located in the Black Mountain Neuro-Medical Center. The environment promotes healing of the mind, body, and spirit for individuals who are seeking drug-free recovery. This program is a voluntary, confidential program based on a comprehensive client assessment.

Smoky Mountain LME/MCO
Phone(s): (800) 849-6127 or (828) 454-5626
Fax: (828) 252-9584
1207 East Street, Waynesville, NC 28786

Services Offered: This is a local management entity (LME) serving 8 counties in Western North Carolina. This agency serves those people with a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

SUPPORT GROUPS

Alcoholics Anonymous
Phone: (828) 885-2788
Meetings are at various times and various places. Call for more information.

Alzheimer's Support Group
Phone: (828) 862-6970
Meets 4th Thurs of every month at 5:30 - 7:30 pm
Location: KOALA at Transylvania Regional Hospital
This group provides education and support for caregivers and family members who have a loved one with Alzheimer's or dementia.

SUPPORT GROUPS, continued

Brevard Fibromyalgia, Chronic Pain and Fatigue Support Group
Contact Person: Linda Lander
Phone(s): (828) 884-4844 or (828) 577-1973
Meets 3rd Thurs of every month
Location: Unitarian Universalists of Transylvania County
This group provides participants and their families with education about these illnesses, how others cope and what health care professionals suggest about treatment.

Cottingham Prostate Cancer Support Group
Contact Person: Larry Ragsdale
Phone: (828) 883-5846
Meets 4th Mon of every month at 6:30 pm (Does not meet in November or December)
Location: United Community Bank, Strauss Park
This group provides education and support for men who have been diagnosed with prostate cancer. Methods of treatment and therapy options are also discussed.

Memory Caregiver's Network
Phone(s): (828) 645-9189 or (828) 230-4143
First Tuesday: 1 - 3 pm, Fletcher Seventh-day Adventist Church, 1141 Howard Gap Road, Fletcher, NC 28792
Third Tuesday: 1 -3 pm, New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville, NC 28803
Fourth Tuesday: 1 - 3 pm, First Baptist Church of Asheville, 63 Main Street, Weaverville, NC 28787
This is a support group of caregivers of people with memory loss. However, it's not limited to caregivers of people with memory loss. It is open to any caregiver.

NAMI Connections
Contact Person: Kay Speckman
Phone: (828) 883-4603
Meets Every Wed at 6:30 pm
Location: Transylvania Regional Hospital Newland Conference Room
This group provides recovery-based support for people with mental illness including depression, bipolar and mood disorders.

NAMI Family Support Groups
Contact Person: Kay Speckman
Phone: (828) 883-4603
Meets 2nd and 4th Thurs of every month at 6:30 pm
Location: Transylvania Regional Hospital Transitional Care Conference Room
This group provides support for families and friends of people who suffer from mental illness.

Parkinson's Resource Group
Contact Person(s): Linda and Dave Eden
Phone: (828) 862-8820
Meets 2nd Tues of every month at 10 am (Does not meet in June, July or August)
Location: Brevard-Davidson River Presbyterian Church
This group provides the participants with information and experiences that will improve quality of life for those with Parkinson's. Spouses and friends are encouraged to attend.

Services for the Blind Group
Phone: (828) 884-3174 ext. 287
Meets 2nd Wed of every month at 2 pm
Location: College Walk Auditorium
This group provides support for anyone in county with vision loss. Loved ones and support persons are welcome.

TRANSPORTATION

Medicaid Transportation
Phone: (828) 884-3283
Fax: (828) 884-4199
203 East Morgan Street, Brevard, NC 28712
Hours Of Operation: M-F 8:30 am - 4 pm

Services Offered: This program provides transportation to Medicaid clients only for medical appointments. Gas vouchers or use of the City Cab is used to assist in getting Medicaid clients to their medical appointments. For in-county appointments, 24 hour notice is needed. For out-of-county appointments, 2 weeks notice is needed.

Arc Angel provides wheelchair accessible transportation for Medicaid clients. A two or three day notice is needed for this service to be set up for the client.

Transylvania County Transportation
Contact Person: Shelia Hunter
Phone: (828) 884-3203
Fax: (828) 884-4199
203 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program provides transportation services to the general public. Transportation is given to the following programs: Senior Adult Congregate Meal Sites and Transylvania Vocational Services. Transportation is also provided for appointments, shopping, etc. The cost is $1.00 per stop for the van rides.

The Transportation Office needs to be notified of the need by 10 am the day prior to the appointment. For Monday appointments, the office must be notified by 10 am on Friday.

The general public stops are those on the van routes. If clients do not live on the transportation route, they will pay a flat fee of $5.00. These trips are contracted through City Cab. The City Cab will transport out-of-county for a fee of $15.00.

VETERAN'S SERVICES

Veteran's Affairs Medical Center
Phone: (828) 298-7911 or (828) 299-2525
Fax: (828) 299-2502
1100 Tunnel Road, Asheville, NC 28805
Hours of Operation: M-F 8 am - 4:30 pm
Website: www.asheville.va.gov

Services Offered: The VA Medical Center offers a wide range of medical services, both mental and physical to Veterans. Appointments may be scheduled by calling the number listed above. Nursing Home Care is also provided and can be accessed through the same telephone number. Also, housing and legal assistance is available

Veteran's Services of Transylvania County
Phone: (828) 884-3276
203 East Morgan Street, Room 237, Brevard, NC 28712
Email: veterans.service@transylvaniacounty.org
Hours of Operation: T, Th 8:30 am - 4:30 pm and M,W,F by appointment

Services Offered: The primary purpose of this office is to assist U.S. military veterans in applying for various benefits for which they are entitled. This includes such things as application to receive medical care at the VA hospital, receiving VA pension due to service-connected disabilities, obtaining copies of discharge papers or military decorations and answering questions from veterans about other benefits.

VISION / HEARING CARE

Lions Club
Phone: (828) 884-3518
89 Forest Ridge Ave, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5 pm

Services Offered: This service provides financial assistance for eye exams and eyeglasses. Eligibility is determined based on income. Income must be food stamp level.

NC Services for the Blind
Phone: (828) 884-3174 ext. 287
Fax: (828) 884-3261
106 East Morgan Street, Brevard, NC 28712
Hours Of Operation: Wed

Regional Office: 50 S. French Broad Street, Suite 153, Asheville NC 28801
Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to the clients.

NC Services for the Deaf and the Hard of Hearing
Voice Phone: (828) 665-8733
Toll Free: (800) 681-7998
TTY Phone: (828) 665-8737
TTY Toll Free: (800) 681-8035
Fax: (828) 670-5054
12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

VOCATIONAL SERVICES / PROGRAMS

Adult Developmental and Vocational Program (ADVP) - Transylvania Vocational Services, Inc.
Phone: (828) 884-3195
Fax: (828) 884-3102
11 Mountain Industrial Drive, Brevard, NC 28712
Mailing Address: PO Box 1115, Brevard, NC 28712
Email: Carla@tvsinc.org
Website: www.tvs.inc.org

Services Offered: This program is designed to prepare individuals with disabilities to live and work independently as possible. Services and supports are designed to assist participants, develop skills and social relationships. ADVP serves adults 18 and over who need pre-vocational services. The adults are paid for their work.

Employment Services - Transylvania Vocational Services, Inc.
Phone: (828) 884-3195
Fax: (828) 884-3102
11 Mountain Industrial Drive, Brevard, NC 28712
Mailing Address: PO Box 1115, Brevard, NC 28712
Email: Carla@tvsinc.org
Website: www.tvs.inc.org

Services Offered: This program provides employment services through Vocational Rehabilitation. It provides assessment and information to help individuals with barriers to employment. This program also provides opportunity for paid work training, job coaching and long term follow-up support. The adult involved in this program must have a disability.

NC Works Career Center - Transylvania County
Phone: (828) 883-2550
Fax: (828) 883-2536
45 Oak Park Drive, Brevard, NC 28712
Email: ncws.2000@nccommerce.com
Website: www.ncworks.gov
Hours of Operation: M-Th 8 am -5 pm and F 8 am - 4:30 pm

Services Offered: This program assists job seekers and employers. Assessment of skill-level and additional training is available if necessary. This program helps link qualified applicants with employers so that they may return to the workforce.

VOCATIONAL SERVICES / PROGRAMS, continued

Vocational Rehabilitation Services
Phone: (828) 883-2190
98 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8 am - 5 pm

Services Offered: This program offers assistance for people diagnosed with a chronic physical or mental disability. Eligibility requirements must be met in order to receive services. There is a cost for some services provided through the program but there is a sliding fee scale available.

VOLUNTEER OPPORTUNITIES

American Red Cross
Phone: (828) 884-4530
Website: www.redcrosswnc.org
This agency is a humanitarian organization led by its volunteers. It provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.

Anchor Baptist Ministries International
Phone: (828) 877-2978
Website: www.anchorbaptist.org
This agency works with Christian missionaries to provide tools and assistance to allow them to better serve others. The warehouse provides food, furniture and other need to the people of Transylvania County.

Boys and Girls Club of Transylvania County
Phone: (828) 885-7800
Website: www.bgctransylvania.org
This organization enables young people to reach their full potential as productive, caring and responsible citizens. An afterschool program and a summer program are provided to the children of Transylvania County.

Bread of Life
Phone: (828) 877-3577
This organization is a free soup kitchen that provides a warm meal to those in need in Transylvania County.

Brevard Police Department
Phone: (828) 883-2212
Website: www.cityofbrevard.com
The department pledges to provide professional services to the community through integrity, respect and teamwork.

Charlie's Angels Animal Rescue
Phone: (828) 885-DOGS (3647)
Website: charliesangelsanimalrescue.com
The primary focus of this group is to assist with the rescue of dogs and cats from the local animal shelter. They attempt to find every animal a safe home.

Children's Center Emporium
Phone: (828) 877-5250
The shop sells children's clothing and toys. The proceeds benefit the Children's Center.

Children's Center of Transylvania County
Phone: (828) 885-7286
This agency provides support for "at-risk" children. Also, support for parents of abused children who may need help navigating through the legal system is also provided.

Cradle of Forestry Interpretive Association
Phone: (828) 884-5713
Website: www.cradleofforestry.com
This is a historic site within Pisgah National Forest. This focus is on conservation in the forest. The purpose of this program is to stimulate the interest between people and the forest.

Friends for Life Forever Farm
Phone: (828) 508-2460
Website: www.friendsforlifeforeverfarm.org
This is a sanctuary for senior and special needs dogs and cats. This organization provides animals with the best life possible.

Guardian Ad Litem Program
Phone: (828) 694-4215
Website: www.ncgal.org
This organization provides court advocates for children who have been abused and/or neglected. The GAL program serves the best interest of children while trying to ensure the child remains safe.

Habitat for Humanity
Thrift Store: (828) 862-4663
Housing Ministry: (828) 884-3464
Website: www.transylvaniahabitat.org
This organization helps to ensure that every family in the county has a decent and safe place to live. The proceeds from the thrift store benefit the cause.

Humane Society Thrift Store
Phone: (828) 884-6577
This shop has donated items for resale. The proceeds benefit the Humane Society.

Land of Sky Regional Council Volunteer Opportunities
Phone: (828) 251-6622
Website: www.landofsky.org
The volunteer programs through LOS give opportunity to folks age 55 and old to make a difference in the community. Some of the programs require eligibility for income guidelines while others are available to anyone. Also, some of the programs pay a stipend.

Meals on Wheels
Phone: (828) 883-3743
This organization delivers meals to people to help them maintain their independence and stay in their own home. Midday meals are delivered 5 days per week.

VOLUNTEER OPPORTUNITIES, continued

New Adventure Learning Center
Phone: (828) 884-3232
This program is a daycare supported by Transylvania County. It serves a wide rage of children meeting their needs daily.

Quebec Congregate Meal Site
Phone: (828) 862-4466
This program offers midday meals and social activities to people over the age of 60.

Rise and Shine Freedom School
Phone: (828) 883-2295
Website: www.riseshine.org This program is a comprehensive academic mentoring program. It provides 1:1 mentoring for children from Kindergarten to 12th grade.

SAFE Inc. of Transylvania County
Phone: (828) 885-7233
Website: www.safebrevard.com
This agency works to prevent domestic violence in Transylvania County. Safe offers domestic violence education and advocacy as well as a shelter. There are also two thrift stores that support the agency's mission.

Salvation Army
Phone(s): (828) 862-6518 or (828) 862-6519
Website: www.salvationarmyusa.org
This organization provides quality social services to the community. They do this through a variety of ways including thrift stores, emergency assistance and educational programs.

Silvermont Opportunity Center
Phone: (828) 884-3166
This program provides a midday meal along with recreational and social activities to people over the age of 60.

Sharing House
Phone: (828) 884-2866
Websites: www.sharinghouse.org
This agency aims to help people in crisis. They provide financial assistance for utilities. They also help with food, clothing and other immediate needs.

Senior's Health Insurance Information Program (SHIIP)
Phone: (828) 884-3109
This program helps people to understand the different parts of Medicare. They also aim to answer questions regarding the different aspects of Medicare.

The Center for Women
Phone: (828) 885-7885
Website: www.brevardwomenscenter.com
This agency works with women who are facing unplanned pregnancies or post-abortion trauma. The center offers support, counseling, education and referrals.

The Family Place

Phone: (828) 883-4857
Website: www.familyplacewnc.org
This agency helps families by offering programs and services. Also, information and support through different programs and activities are available.

The Haven Shelter
Phone: (828) 877-2040
Website: www.thehavenshelter.org
This is a shelter that provides assistance to homeless families/individuals in Transylvania County.

Transylvania County Board of Elections
Phone: (828) 884-3114
Website: www.transylvaniaelections.org
This office oversees the elections process in Transylvania County. It is a bi-partisan office.

Transylvania County Community Arts Council
Phone: (828) 884-ARTS (2787)
Website: www.tcarts.org
This program helps enhance the arts in Transylvania County though a variety of programs. There are programs for school-aged children and adults. There are also art shows, art classes and special events.

Transylvania County Library
Phone: (828) 884-3151
Website: www.transylvania.lib.nc.us
This business offers the county a wide range of services. In addition to the books there is also a large array of programs for children, teens and adults.

Transylvania County Parks & Recreation Department
Phone: (828) 884-3156
Website: www.transylvaniacounty.org
This agency offers a number of recreational opportunities. There are seven parks in the county. In addition, there are athletic, art/leisure and fitness programs available to people of all ages.

Transylvania County Schools
Phone: (828) 884-6173
Website: www.transylvania.k12.nc.us
There are numerous schools to choose from in Transylvania County. Each school has its own programs and activities.

Transylvania County Sheriff's Department
Phone: (828) 884-3168
Website: www.transylvaniasheriff.org
This office provides law enforcement, investigation, detention and court services in the county.

Transylvania County Volunteers in Medicine
(Free Clinic)
Phone: (828) 883-4454
Website: www.tcvim.org
This organization offers medical services to the people in need of Transylvania County.

VOLUNTEER OPPORTUNITIES, continued

Transylvania Regional Hospital
Phone: (828) 884-9111
Website: www.trhospital.org
This business serves the people of Transylvania County in a caring and generous manner. There are numerous departments, services and programs at TRH.

United Way of Transylvania County
Phone: (828) 883-8822
Website: www.unitedwaytransylvania.org
This agency brings people together using resources so that the needs of the community can be met.

Western Carolina Community Action (WCCA)
Phone: (828) 884-2255
Website: www.wcca.net
This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

OTHER

AARP Tax Assistance
Phone: (828) 884-4787
This program provides State and Federal income tax preparation assistance to senior adults. Eligibility requirements must be met.

American Cancer Society
Phone: (828) 254-6931 or National Toll Free Number: (80) 227-2345
120 Executive Park #1, Asheville, NC 28801
Hours of Operation: M-F 8 am - 5 pm

Arthritis Foundation Carolinas Chapter
Phone: (704) 529-5166 or Toll Free: (800) 883-8806
Fax: (704) 529-0626
200 East Woodlawn, Suite 156, Charlotte NC 28217
Email: info.car@arthritis.org
Website: www.arthritis.org

A Simple Move
Contact Person: Trish Meller
Phone: (828) 884-9460
Brevard NC 28712

Services Offered: This business offers a moving service that helps when folks may need to move in with relatives or into a nursing/assisted living facility. Estate sales, organizing and de-cluttering are also available. The number listed is available during the day as well as evenings, weekends and holidays.

NC Attorney General's Office
Phone: (877) 5 NO SCAM (1-877-566-7886) Can assist with consumer protection, frauds, scams & identity theft.
Website: www.ncdoj.com

NC Cooperative Extension Office
Phone: (828) 884-3109
98 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This office provides classes such as healthy eating, cooking, food safety, gardening, budgeting and household energy reduction to the community. Other programs such as Master Gardener's Clinic, Senior Health Insurance Information Program (SHIIP) are also available.

Social Security Administration Office
Phone (Local): (866) 964-5053
Phone (National): (800) 772-1213
TTY: (800) 325-0778
205 S Grove Street, Hendersonville, NC 28792
Hours of Operation: M-F 9 am - 4 pm

The Center for Dialogue (Dispute Settlement)
Phone(s): (828) 877-3815 or (828)877-5060
178 Caldwell Street, Brevard, NC 28712
Hours of Operation: M-Thurs 9 am - 5 pm; Fri 9 am - 1 pm

Services Offered: The Center for Dialogue promotes peaceful communities and positive change in individuals and organizations through the use of mediation, dialogue, and the teaching of human relationship skills. Many services are free of charge, but donations from clients are encouraged.

Transylvania County Animal Shelter
Phone: (828) 883-3713
Ross Road, Brevard, NC 28712

United Way of Transylvania County
Phone: (828) 883-8822
RBC Centura Bank Building, 101 West Jordan Street Suite 4, Brevard, NC 28712
Mailing Address: PO Box 53, Brevard, NC 28712
Email: unitedwaytc@citcom.net
Website: www.unitedwaytransylvania.org

Services Offered: This agency strives to build a stronger Transylvania by mobilizing our community to empower people to improve their lives. Call 2-1-1 (or 252-4357) to find services or volunteer opportunities in Transylvania County. This number is a 24-hour community number.

Western Carolina Community Action (WCCA)
Phone: (828) 884-2255
Fax: (828) 884-3887
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net

Services Offered: This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

WEBSITES & PHONE NUMBERS

Need Internet Access? Contact your local library or senior center.

AARP
National - www.aarp.org/life/caregiving .....(888) 687-2277
NC State Office - www.aarp.org/states/nc ..... (866) 389-5650
Toll Free Spanish.....(877) 627-3350
Toll Free TTY.....(877) 434-7598

Advance HealthCare Directive Registry - www.secretary.state.nc.us/ahedr/

Benefits Check Up - www.BenefitsCheckUp.org
Quickly and easily identify what programs and services persons may qualify for and how to access them.

Community Services Information and Referrals - www.211WNC.org.....211
If you can find a phone, you can find help. Call 2-1-1

Duke Family Support Program - www.geri.duke.edu/service/dfsp.services.html

Elder Care Locator - www.eldercare.gov/Eldercare.Net/public/Index.aspx

Information about community resources for seniors - anywhere in the country.....(800) 677-1116
Calls taken, Monday through Friday, 9 am - 8 pm (ET). When you call you should have this information available:

- The county, city or zip code of the older person requiring assistance.
- A brief description of the type of assistance you are seeking.

Family Caregiving 101 - www.familycaregiving101.org
National Family Caregivers Association and the National Alliance for Caregiving

Full Circle of Care - www.fullcirclecare.org
Helping family caregivers complete the cycle of care.

Healthfinder - www.healthfinder.gov
Links to support and self-help groups, general information, tips, managing stress, and information on most diseases. Can access in Spanish.

Hospice Net - www.hospicenet.org
For patients and families facing life-threatening illness.

Land of Sky Regional Council's Area Agency on Aging - www.landofsky.org/aaa.....(828) 251-6622 or (800) 727-0557

Medicare - www.medicare.gov.....(800) MEDICARE or (800) 633-4227-3

Medicare Rights Center - www.medicarerights.org.....(800) 333-4114

National Academy of Elder Law Attorneys, Inc. - www.naela.org.....(703) 942-5711
Resources to those involved with legal services to the elderly and disabled.

National Association of Professional Geriatric Managers - www.caremanager.org.....(520) 881-8008
Membership directory is listed on their website.

National Family Caregiver Alliance - www.caregiver.org.....(800) 445-8106
Central source of information and technical assistance on caregiving for policy makers, families, health and service providers and program developers.

National Family Caregiver Support Program - www.aoa.gov/aoaroot/aoa_programs/acltc/caregiver/index.aspx

National Family Caregivers Association - www.nfccares.org.....(800) 896-3650
Educational and informational materials for family caregivers.

Next Step in Care - www.nextstepincare.org
Easy to use guides to help family caregivers and health care providers work together to plan for care. (United Hospital Fund) Has smart phone.

North Carolina Division of Aging and Adult Services - www.ncdhhs.gov/aging.....(919) 733-3983

Senior's Health Insurance Information Program - www.ncdoi.com/consumer/SHIIP/SHIIP.asp.....(800) 443-9354
Transylvania County SHIIP Counseling Site.....(828) 884-3109

Social Security Administration - www.ssa.gov.....(800) 772-1213

VA Benefits for Caregivers of Veterans - www.caregiver.va.gov.....(855) 260-3274

Well Spouse Organization - www.wellspouse.org.....(800) 838-0879
Virtual support community for spouses of the frail elderly including message boards and live internet chats with other spouse caregivers.

DISEASE SPECIFIC RESOURCES

Alzheimer's Association - www.alz.org.....(800) 272-3900

Alzheimer's Association Western Carolina Chapter - www.alz.org/northcarolina.....Helpline: (800) 272-3900

Arthritis Foundation (National Office) - www.arthritis.org.....(800) 283-7800

Brain Injury Association of North Carolina - www.biane.net.....(828) 277-4868

Brain Tumor Support (WNC) - www.wncbraintumor.org.....(800) 770-8287

Cancer Society (American Cancer Society) - www.cancer.org.....24 Hour Call Service: (800) 227-2345

Cancer Survival Toolbox - www.cancersurvivaltoolbox.org
Provided by the National Coalition for Cancer Survivorship. Available in Chinese, Spanish and English.

Diabetes (American Diabetes Association) - www.diabetes.org.....(800) 342-2383

Heart Disease / Stroke (American Heart Association) - www.heart.org.....(800) 242-8721

Huntington's Disease Society of America - www.hdsa.org.....(888) 345-4372

Lou Gehrig's Disease (ALS Association) - www.alsa.org.....(800) 782-4747

Lung Disease - www.lungusa.org.....(800) 586-4872

Osteoporosis (National Osteoporosis Foundation) - www.nof.org.....(800) 231-4222

Parkinson's Disease (American Parkinson's Disease Association) - www.apdaparkinson.org.....(800) 223-2732

Stroke (American Stroke Association) - www.stroke.org.....(888) 478-7653

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Adult Medicaid - Transylvania County DSS ..... (828) 884-3174 20,34
Adult Protective Services (APS)- DSS ..... (828) 884-3174 3,34
Advanced Home Care ..... (828) 696-8686 27
AgeWell Fresh Start Behavioral Health ..... (828) 862-6393 29
Alcoholics Anonymous ..... (828) 885-2788 37
Alliance Crisis CBS, Inc ..... (828) 885-8255 29,36
Alzheimer's Association - Western Carolina Chapter ..... (800) 272-3900 4
Alzheimer's Support Group ..... (828) 862-6970 37
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Blue Ridge Community College Continuing Education Courses ..... (828) 883-2520 12
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Food Pantry at Sharing House ..... (828) 884-2866 14
Forest Bend Group Home ..... (828) 877-4062 17
Four Seasons Hospice ..... (828) 692-6178 23
Francis Warde Health Services ..... (828) 884-7990 18
Friends for Life Forever Farm ..... (828)508-2460 43

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Wound Care/Ostomy & Continence Services ..... (828) 883-5353 19

NOTES

Land of Sky Regional Council's
Area Agency on Aging
Family Caregiver Support Program
339 New Leicester Hwy., Suite 140
Asheville, NC 28806
Phone: (828) 251-6622
Fax: (828) 251-6353
www.landofsky.org