



# the **MAP**

A resource  
directory for  
Henderson  
County



MAP

Mountain  
Aging  
Partners

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**Mountain  
Aging  
Partners**



# the MAP: A Resource Guide for Older Adults in Henderson County

As we age, life presents us with both new opportunities and unexpected challenges. We hope the MAP: An Aging Resource Directory for Henderson County serves as a trusted guide—helping you navigate the journey of aging with greater ease, clarity, and connection. Whether you're exploring new paths or facing unexpected turns, may this resource point you toward the support and services you need along the way.

Our vision is simple yet powerful: **No One Ages Alone**. This belief drives everything we do—from the services we provide to the partnerships we nurture.

*The MAP: A Resource Guide for Older Adults* was created by Mountain Aging Partners formerly the Council on Aging for Henderson County with the goal of providing older adults, families, caregivers, and human service professionals with an easy-to-navigate directory with user-friendly language to connect with local resources.

Like any map, this guide includes a key to help users navigate the directory and easily find the resources they need. Each section is color coded and provides a brief description and terms.

*Note: Where dates and/or hours of operation are listed, we recommend you call the organization to confirm in case changes have occurred.*

**Mountain Aging Partners** - Serving Henderson and Buncombe Counties

Office Address: 105 King Creek Blvd, Hendersonville NC 28792 (828) 692-4203  
[www.mountainagingpartners.org](http://www.mountainagingpartners.org)

Mountain Aging Partners, a regional Council on Aging initiative. MAP is a nonprofit organization providing essential services that help older adults stay healthy, connected, and supported as they age.



Mountain  
Aging  
Partners

## **Our programs include:**

### **Meals on Wheels & Community Dining**

Nutritious meals delivered to homes or shared in social settings.

### **Caregiver Support & Community Resource Coordination**

Helping families navigate aging challenges, including heat-relief assistance and access to services.

### **Adult Day Health & Day Care**

Offered at our Hendersonville and Asheville centers, this program provides a safe, engaging, and affordable alternative to nursing home care.

***With over 55 years of experience, MAP ensures that no one has to age alone.***

***Disclaimer: Every effort has been made to provide a thorough and accurate listing of services for older adults and their families. Inclusion does not imply endorsement, and exclusion should not be seen negatively. While we aim to keep the information up-to-date, errors may exist. The Council on Aging for Henderson County does not endorse listed services nor make negative statements about those excluded.***

***For sponsorship opportunities or to report updates, please contact the Council on Aging at (828) 692-4203.***

# Adult Services - Fraud Prevention

## **WHY REPORT: *IT'S THE LAW!*** **Fraud/Abuse Prevention and Reporting**

North Carolina's Attorney General's Office is very active in helping consumers avoid fraud and exploitation. Its Consumer Protection Section uses mediation to help consumers resolve complaints in such areas as telemarketing. Its Citizens' Rights Section provides information on victims' rights issues, elder abuse, and other matters important to older consumers.

[www.ncdoj.com](http://www.ncdoj.com) or (919) 716-6400

Scam Reporting Line: (919) 716-6000

### **Report Adult Abuse**

Henderson County Department of Social Services

Phone Number: (828)694 - 6241 8:00AM - 4:30pm

After hours and holidays call 828-697-4911 for Emergencies

#### **Henderson County Department of Social Services**

1200 Spartanburg Hwy, Suite 300

Hendersonville, NC 28792

**Who should report?** It is the law that any person who has reasonable cause to believe that a disabled person is in need of Protective Services must report the case to the county Social Services Department (N.C.G.S. 108A-102).

*The reporter's identity is kept confidential!!*

**How are reports made?** Telephone, write, or visit the Henderson County Department of Social Services when you have information about a disabled adult being abused, neglected, or exploited. You should give the following information pertaining to the disabled adult:

Name, Age, and Address of the disabled Adult

Name and Address of Caretaker (if applicable)

Nature of abuse, neglect, and/or exploitation

Other Pertinent Information

# Accessibility Services

## Disability Partners

Provides the core services of Information and Referral, Independent Living Skills Training, Peer Counseling, Transitions, and Advocacy.

**Phone:** (828) 298-1977

**Address:** 108 New Leicester Hwy  
Asheville, NC 28806

**Hours:** Monday – Friday  
8:30AM – 5:00PM

[www.disabilitypartners.org](http://www.disabilitypartners.org)

## NC Independent Living Rehabilitation Program

The Independent Living Rehabilitation Program helps develop goals and plan the services and supports needed to live more independently in their community of choice and access community resources, services and activities.

**Phone:** (828) 443-2230

**Address:** 8 Barbetta Drive  
Asheville, NC 28806

**Hours:** Monday - Friday Call for hours  
of operation (business hours)

[www.ncdhhs.gov/eipd](http://www.ncdhhs.gov/eipd)

## Vocational Rehab

EIPD helps people with disabilities achieve their goals for competitive employment and more independent living in communities statewide.

**Phone:** (828) 692-9184

**Address:** 578 Upward Rd Unit 6  
Flat Rock, NC 28731

**Hours:** Monday- Friday 8AM - 5PM  
[www.ncdhhs.gov/eipd](http://www.ncdhhs.gov/eipd)

Also see Dental-Vision-Hearing

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** supported employment, peer support services, disability services, accessibility support services

# Adult Day

## Mountain Care Adult Day

Provides a safe and enjoyable place for aging adults where they can stay active and engaged while receiving expert care.

**Phone:** (828) 697-7070

**Address:** 55 North Hillside Road,  
Hendersonville, NC, 28791

**Address:** 5 Oak Street,  
Asheville, NC 28801

**Hours:** Monday - Friday  
8:00AM - 5:30PM

[mountaincareservices.org/adult-care](http://mountaincareservices.org/adult-care)

## PACE

Program of All Inclusive Care for the Elderly

**Phone:** (828) 213-8442

**Address:** 286 Overlook Road,  
Asheville, NC

**Hours:** Monday - Friday  
8:00AM - 5:00PM

[www.missionhealth.org/locations/carepartners-pace](http://www.missionhealth.org/locations/carepartners-pace)

## Faye's Place

Faye's Place meets three days a week in Asheville (Tue, Wed, Thur) and one day a week in Hendersonville (Tue).

– to provide socialization and support in a group setting through peer-to-peer communication and peer-level understanding of common memories and life experiences.

**Phone:** (828) 253-2900

**Address:** 53 South French Broad,  
Ave, Suite 100, Asheville NC 28801

**Hours:** Monday - Thursday  
11:00AM - 2:00PM

[jfswncc.org/services-and-programs/fayes-place](http://jfswncc.org/services-and-programs/fayes-place)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** adult day program, adult day center, socialization opportunities, day programs

# Basic Needs

## Henderson County Rescue Mission

Committed to providing shelter to the homeless, food to the hungry, recovery to the addicted, and medical assistance to the homeless and poor of our community, with the love, and through the power of Christ Jesus. At our present location, 639 Maple Street - men, women, and children who are in need of food and/or shelter are given assistance by the Mission staff. Meals are offered to all who are hungry and are open to the public. As a resident, an individual is also given a comfortable bed, access to hot showers, and clothing as needed. The Good Samaritan Clinic, The Welcome Center, and The Learning Center are now located at 628 7th Avenue East, under the sign Hendersonville Christian Outreach Ministries. Now those without a home will have a place during the day to shower, make necessary phone calls, and receive counseling and education.

**Phone:** (828) 697-1354

**Address:** 639 Maple St  
Hendersonville, NC 28793

**Hours:** Mon-Fri 8:30AM - 4PM

[www.hendersonvillerescuemission.org](http://www.hendersonvillerescuemission.org)

## Interfaith Assistance Ministry

IAM's Mobile Pantry will provide you with free nutritious food for a week for each member of your family. Offering traditional and Latino foods.

**Phone:** (828) 697-7029

**Address:** 310 Freeman Street,  
Hendersonville, NC 28791

**Hours:** Monday, Wednesday, and  
Thursday: 9AM - 4PM;  
Tuesdays: 9AM to 2:30PM;  
Friday: 9AM - 1PM.

*Tuesday Drive-Thru Food Distribution:  
Tuesdays 3PM - 6PM.*

[www.iam-hc.org/mobile-pantry](http://www.iam-hc.org/mobile-pantry)

## Salvation Army

We can help with food, clothing, health care and medicine.

**Phone:** (828) 696-8641

**Address:** 239 3rd Ave E,  
Hendersonville, NC 28792

**Hours:** Monday - Friday 8:30AM -  
12:00PM and 1:00 - 4:00PM  
[southernusa.salvationarmy.org/  
henderson-polk-transylvania](http://southernusa.salvationarmy.org/henderson-polk-transylvania)



## The Storehouse

The Storehouse is a Christ-centered food and hygiene pantry serving the low-income, elderly and needy families of Henderson County.

**Phone: (828) 692-8300**

**Address:** 1049 Spartanburg Hwy  
Hendersonville, NC 28792

**Hours:** Wednesday-Thursday-Friday  
9AM-2PM

[www.storehouseonline.org](http://www.storehouseonline.org)

## The Good Samaritan Attic

The ministry provides families with everything from tables and chairs to couches to beds and mattresses. Pots, pans, and dishes are also available.

**Phone: (954) 668-8961 Bilingual**

**Address:** 727 Buncombe St,  
Hendersonville, NC 28791

**Hours:** Wed. 5-6PM and  
Sat 10:30AM - 11:30AM

www.ichvl.com

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** food assistance, Henderson County Resources, utility assistance

Notes:

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# Dementia Support

## Alzheimer's Association

The Western Carolina Chapter offers in-person education series. These can be on a variety of topics throughout the Western part of the state. They also offer live webinars on information about the disease, being a support provider, and more. There is also pre-recorded webinar information on information about the disease, LGBTQ topics, mental health, and Alzheimer's, taking care of yourself, and more. There are also in-person and virtual support groups for different populations, caregivers, and other topics.

**Phone:** (800) 272-3900

**Address:** 225 N Michigan Ave. Floor 17 Chicago, IL 60601

**Hours:** *Available 24 hours*  
[www.alz.org/northcarolina](http://www.alz.org/northcarolina)

## Dementia Alliance of North Carolina

Provides dementia navigation. Many professionals provide recommendations, educational materials, local resource referrals, and caregiver assistance funding like a respite. The teams are available to call Monday through Friday from 9 AM to 5 PM.

**Phone:** (919) 832-3732

**Address:** 9131 Anson Way, Suite 206  
 Raleigh, NC 27615

**Hours:** Mon - Fri 9AM-5PM  
[dementianc.org](http://dementianc.org)

## Memory Care

MemoryCare is nonprofit charitable organization whose mission is three-fold: To provide specialized medical care to older adults with cognitive impairment; to support caregivers with education, counseling, and improved access to services; and to provide community education.

**Phone:** (828) 771-2219

**Address:** 100 Far Horizons Lane  
 Asheville, NC 28803

**Hours:** Mon - Fri 9AM to 4:30PM  
[memorycare.org](http://memorycare.org)

## NC Caregiver Portal

Join a community of caregivers and experts who offer practical advice, compassion, and encouragement to help you provide the best care.

[www.nc-caregivers.com](http://www.nc-caregivers.com)

## Project CARE - Land of Sky (Caregiver Alternatives to Running on Empty)

A Family Consultant with expertise in dementia care who provides in-home needs assessment, counseling, information, and help making care decisions. Assistance for caregivers in finding and selecting the type of respite and support services that best meets their needs.

**Phone:** (828) 252-6622

**Address:** 339 New Leicester Hwy  
#140, Asheville, NC 28806

**Hours:** Mon - Fri 8AM to 5PM

[www.landofsky.org/projectcare.html](http://www.landofsky.org/projectcare.html)

## The Alzheimer's Foundation of America

Provides 24/7 help for those with questions and need of services. They also offer memory screening and linking to appointments, resources for caregivers, training, and grants.

**Phone:** (866) 232-8484

**Address:** 322 Eighth Avenue,  
16th Floor  
New York, NY 10001

**Hours:** Mon - Fri 9AM to 9PM

[afamemorytest.com](http://afamemorytest.com)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** dementia, memory care, caregiver support, Alzheimer's support groups, Alzheimer's support, dementia support groups, dementia caregiver support groups

Notes:


# Dental - Hearing - Vision

## ■ DENTAL

### **Blue Ridge Health**

Our caring team of dentists and hygienists provide quality preventative services and reliable relief from acute dental pain.

**Phone:** (828) 692-4289

**Address:** 2595 Chimney Rock Road  
Hendersonville, NC 28792

**Hours:** Monday - Friday 7:45AM  
5PM Closed from 11:45AM - 12:45PM  
[www.brchs.com/services/dentistry](http://www.brchs.com/services/dentistry)

### **Senior Oral Health Services**

At S.O.S. – Senior Oral Health Services, we provide preventive oral care tailored for dependent adults, especially those with dementia, Alzheimer's, and cognitive or physical impairments. Our program ensures optimal oral health through dedicated, on-site care. Fee based.

**Phone:** (828) 775-2180

**Address:** PO Box 901,  
Fairview, NC 28730

**Hours:** By appointment  
[www.sosavl.com](http://www.sosavl.com)

## ■ HEARING

### **Regional Center for the Deaf and Hard of Hearing**

The Division of Services for the Deaf and Hard of Hearing works to ensure that all Deaf, Hard of Hearing, or Deaf Blind North Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives, especially their health and well-being.

**Phone:** (828) 665-8733

**Address:** 12 Barbetta Drive,  
Asheville, NC 28806

**Hours:** Monday - Friday  
8:00AM - 5:00PM  
[www.ncdhhs.gov](http://www.ncdhhs.gov)



# Dental - Vision - Hearing

[illegible]

# Educational Opportunities

## Blue Ridge Community College

Provides courses on different topics including accounting, CPR training, automotive certifications, brewing, cybersecurity, criminal justice, emergency management training, fire protection, health care, horticulture, ASL, personal enrichment, public safety, and visual arts. Costs can be found here: <https://www.blueridge.edu/paying-for-college/tuition-fees>

**Phone:** (828) 694-1700

**Address:** 180 W. Campus Drive,  
Flat Rock, NC 28731

**Hours:** Monday – Friday  
9:00AM to 5:00PM  
[www.blueridge.edu](http://www.blueridge.edu)

## Henderson County Library

The library provides free access to books, computers, audio, and video access, and more to Henderson County residents. They also offer rooms to study and small meeting rooms for individuals in the community. Branches also offer a variety of scheduled activities and groups for people to connect and learn activities.

**Main Library,** 301 N Washington St.,  
Hendersonville, NC 28739

**Phone:** (828) 697-4725

**Fletcher Library,** 120 Library Road,  
Fletcher, NC 28732

**Phone:** (828) 687-1218

**Etowah Library,** 101 Brickyard Rd,  
Etowah, NC 28729

**Phone:** (828) 891-6577

**Green River Library,** 50 Green River  
Rd, Zirconia, NC 28790

**Phone:** (828) 697-4969

**Mills River Library,** 124 Town Center  
Dr., Suite 1, Mills River, NC 28759

**Phone:** (828) 890-1850

**Edneyville Library,** 2 Firehouse Rd  
Hendersonville, NC 28792

**Phone:** (828) 685-0110

[www.hendersoncountync.gov/library](http://www.hendersoncountync.gov/library)

### Blue Ridge Literacy Council

Provides free tutoring to adults, youth, families, and seniors in Henderson and Transylvania counties the English communication and literacy skills needed to reach full potential as individuals, parents, workers, and citizens.

**Phone:** (828) 696-3811

**Address:** 59 E. Clairmont Dr.

Hendersonville, NC 28791

**Hours:** Monday – Thursday 9:00AM to 5:00PM Friday by appointment.

[www.litconnection.org](http://www.litconnection.org)

### Land of Sky - Digital Navigator

Digital Navigator-A staff member who can do one on one tech support as well as group classes for older adults, as well as help older adults and caregivers get more connected helping with devices or cheaper internet, and we can also help you as an organization set up a digital equity plan.

**Phone:** (828) 251-6622

**Address:** 339 New Leicester Hwy

#140, Asheville, NC 28806

**Hours:** Monday – Friday

8:00AM to 5:00PM

[www.landofsky.org/aaa.html](http://www.landofsky.org/aaa.html)

### Osher Lifelong Learning Institute (OLLI)

OLLI offers a wide range of programs, organized by our staff, volunteers and community partners, to engage with our members and community.

**Phone:** 821 University Heights,  
Asheville, NC 28804

**Hours:** Monday – Friday

8:00AM to 5:00PM

[olliasheville.unca.edu/programs](http://olliasheville.unca.edu/programs)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** learning, lifelong learners, education, senior education, classes for older adults

# Finance - Tax - Employee Support

## On Track Financial Education and Counseling

OnTrack Financial Education and Counseling is Western North Carolina's trusted nonprofit source, helping people better manage their money and credit since 1975, through individual financial counseling appointments, education programs and debt repayment plans.

**Phone:** (828) 255-5166

**Address:** 50 S French Broad Ave,  
Ste 227, Asheville, NC 28801

**Hours:** Available by email and phone:  
Monday-Friday 9:00AM-5:00PM  
[ontrackwnc.org](http://ontrackwnc.org)

## Elevated Services by Robbie Fee based

Provide financial and administrative support services along with personal assistance to seniors and their families. We assist with bill paying (daily money management), monthly reviews of all banking and investments, review mail and provide correspondence (mail, email and phone), annual estate plan review and settlement services, gather tax information and timely filing systems, medical benefit and insurance reviews, coordination and management of personal in-home services, transition moving assistance, arrange sale of personal and home possessions.

**Phone:** (828) 231-0914

Makes home visits to clients.

**Hours:** By Appointment  
[elevatedlivingservices.com](http://elevatedlivingservices.com)

Notes:




## ■ EMPLOYMENT ASSISTANCE

### Vocational Rehabilitation

Provides assistance with supported employment.

**Phone:** (828) 692-9184

**Address:** 578 Upward Rd Ste 6,  
Flat Rock, NC 28731

**Hours:** Mon- Fri 8AM - 5PM  
[www.ncdhhs.gov/eipd](http://www.ncdhhs.gov/eipd)

### Goodwill Industries

Goodwill Career Connections staff will offer free, personalized services including resume preparation, career counseling, skills assessment, and job placement assistance at convenient locations throughout the county, such as libraries, schools, and community agencies with which Goodwill partners.

**Phone:** (828) 692-7414

**Address:** 2111-A Asheville Highway,  
Hendersonville, NC 28739

**Hours:** Mon- Fri 8am - 5pm  
[www.goodwillnwnc.org/goodwill-offering-community-based-employment-services-in-henderson-county-area](http://www.goodwillnwnc.org/goodwill-offering-community-based-employment-services-in-henderson-county-area)

### NC Works Career Center Henderson County

NCWorks Career Centers are aimed at job-seekers to get them started on their job search, as well as offer training and skills assessments and development. The Centers also assist businesses with recruiting, screening, referrals and/or virtual recruiter services.

**Phone:** (828) 694-1755

**Address:** 130 Eagles Reach Drive,  
Flat Rock, NC 28731

**Hours:** Monday - Thursday  
8AM to 5 PM Friday 8AM to 4:30PM  
<https://www.blueridge.edu/programs-courses/career-development/ncworks-career-center>

## Finance - Tax - Employee Support

**AARP**

**Phone: (888) 687-2277**

Saturdays (9AM to 1PM)

call 828-674-3225 for information

[illegible]

## MEDICARE

### Senior Health Insurance Information Program (SHIIP)

Are you new to Medicare? Are you confused about which benefits are right for you? Do you need more information?

In partnership with Council on Aging of Buncombe County, we offer individual Medicare Counseling sessions in our office. Sessions are conducted by certified SHIIP counselors.

**Phone:** (828) 692-4203

**Address:** 105 King Creek Blvd,  
Hendersonville, NC 28792

**Hours:** Mon-Fri 8:30AM - 5:30PM

<https://coahc.org/medicare-health-insurance>

### SHIIP state website

The State Health Insurance Assistance Programs (SHIPs) provide local, in-depth, and objective insurance counseling and assistance to Medicare-eligible individuals, their families, and caregivers.

**Phone:** (855) 408-1212

**Address:** 3200 Beechleaf Court  
Raleigh, NC 27604

**Hours:** Mon-Fri 8AM-5PM

[www.shiphelp.org/about-medicare/regional-ship-location/north-carolina](http://www.shiphelp.org/about-medicare/regional-ship-location/north-carolina)

[www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip](http://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently. Please refer to Google for the latest details. Please be aware open market is a separate inquiry.*

**Web Search Suggestions:** supported Employment, Henderson County NC, job seekers, Financial Support, Medicare counseling. Financial counseling, estate services, tax help, tax assistance

# Food Support

## **SNAP/Food and Nutrition (former food stamps)**

Food and Nutrition Services is a federal food assistance program that provides low-income families the food they need for a nutritionally adequate diet. Benefits are issued via Electronic Benefit Transfer cards (EBT cards).

**Phone:** (828) 697-5500

**Address:** 1200 Spartanburg Highway, Suite 300, Hendersonville, NC 28792

**Hours:** Monday – Friday

8:00AM – 4:30PM

[www.hendersoncountync.gov/socialservices](http://www.hendersoncountync.gov/socialservices)

## **HOT MEALS**

### **Community Dining Program - Council on Aging/Mountain Aging Partners**

The program provides an opportunity for registered participants to socialize, participate in various activities, connect to resources, and enjoy a delicious and nutritious meal. Pre-registration required and located at First United Methodist Church downtown Hendersonville.

**Phone:** (828) 692-4203

**Address:** 204 6th Ave. W.

Hendersonville, NC 28739

**Hours:** Mon-Fri 8:30AM - 4PM

[coahc.org/congregate-dining](http://coahc.org/congregate-dining)

## **Henderson County Rescue Mission**

Committed to providing shelter to the homeless, food to the hungry, recovery to the addicted, and medical assistance to the homeless and poor of our community, with the love, and through the power of Christ Jesus. At our present location, 639 Maple Street - men, women, and children who are in need of food and/or shelter are given assistance by the Mission staff. Meals are offered to all who are hungry and are open to the public. As a resident, an individual is also given a comfortable bed, access to hot showers, and clothing as needed. The Good Samaritan Clinic, The Welcome Center, and The Learning Center are now located at 628 7th Avenue East, under the sign Hendersonville Christian Outreach Ministries. Now those without a home will have a place during the day to shower, make necessary phone calls, and receive counseling and education.

**Phone:** (828) 697-1354

**Address:** 639 Maple St  
Hendersonville, NC 28793

**Hours:** Mon-Fri 8:30AM - 4PM

[www.hendersonvillerescuemission.org](http://www.hendersonvillerescuemission.org)



### **Love's Kitchen- First Baptist Church Hendersonville**

Free hot meal as well as pantry and clothing items available to anyone. Entrance on 4th Avenue. Meal on Thursdays.

**Phone:** (828) 693-3493

**Address:** 312 5th Ave West.,  
Hendersonville, NC 28739

**Hours:** Thursday 11:15AM to 12:00PM  
[fbchnc.org/ministries/missions#list-5015829](http://fbchnc.org/ministries/missions#list-5015829)

### **Mills River Life Enrichment Center (MRLEC)**

Weekly programs consist of chair exercises, blood pressure checks, magazine, book and jigsaw puzzle swap, a devotion, fellowship with others, along with a program to educate and entertain. Lunch is served after each program. Lunch reservation required. Please call the MRLEC office @ (828) 808 - 5581 by 12 noon the Tuesday before each program.

**Phone:** (828) 808 - 5581

**Address:** 137 Old Turnpike Road  
Mills River, NC 28759

**Hours:** Thursday 10AM  
[millsriverumc.org/mrlec](http://millsriverumc.org/mrlec)

### **Welcome Table-Hope United Methodist Church**

The Welcome Table is held from 5 to 6:30PM every Tuesday.

**Phone:** (828) 697-6846

**Address:** 2443 Spartanburg Hwy,  
East Flat Rock, NC 28726

**Hours:** 4:30-6:00PM

[www.hendersoncountync.gov/print/health/page/food-distribution-calendar](http://www.hendersoncountync.gov/print/health/page/food-distribution-calendar)

# Food Support

## FOOD PANTRIES

### Interfaith Assistance Ministry

IAM's Mobile Pantry will provide you with free nutritious food for a week for each member of your family. Offering traditional and Latino foods.

**Phone:** (828) 697-7029

**Address:** 310 Freeman Street,  
Hendersonville, NC 28791

**Hours:** Monday, Wednesday, and  
Thursday: 9AM - 4PM;  
Tuesdays: 9AM to 2:30PM;  
Friday: 9AM - 1PM.

*Tuesday Drive-Thru Food Distribution:  
Tuesdays 3PM - 6PM.*

[www.iam-hc.org/mobile-pantry](http://www.iam-hc.org/mobile-pantry)

### Salvation Army

Food Pantry.

**Phone:** (828) 693-4181

**Address:** 239 3rd Ave. E.,  
Hendersonville, NC 28792

**Hours:** Monday - Friday  
8:30AM - 12:00PM and 1:00 - 4:00PM

[southernusa.salvationarmy.org/  
henderson-polk-transylvania](http://southernusa.salvationarmy.org/henderson-polk-transylvania)

### The Storehouse

Anyone can receive food assistance during our business hours. Wed-Thurs-Fri - 9am-2pm

**Phone:** (828) 692-8300

**Address:** 1049 Spartanburg Highway,  
Hendersonville, NC

**Hours:** Wednesday- Friday,  
9AM to 2PM

[www.storehouseonline.org](http://www.storehouseonline.org)

### YMCA Mobile Food Market

Our mobile food markets are set up like a free farmers market at libraries, churches, doctors' offices, and other community hubs. We ask no questions and place no limits on the amount of food each person chooses.

**Phone:** (828) 775-7081

*See website for days, times and  
locations.*

[ymcawnc.org/programs/community/  
food-programs](http://ymcawnc.org/programs/community/food-programs)

### Calvary Food Pantry

Our pantry normally operates on a “neighbor’s choice” model, where we offer neighbors the opportunity to choose from a variety of foods within specific categories. While we try to stock the most popular items, inventory can change depending on what is available from our sources. Neighbors are served based on when they arrive, and we strive to have as much variety as possible for our late shoppers as our early ones.

**Phone:** (828) 684-6266

**Address:** 2840 Hendersonville Road, Fletcher, NC 28732

**Hours:** Saturday, 8AM to 11AM

[www.calvaryfletcher.org/about-our-pantry](http://www.calvaryfletcher.org/about-our-pantry)

### Caja Solidaria

As a non-profit, we are able to work with and for people all across Henderson and Transylvania counties to create a vibrant mutual aid network focused on food. By sharing food, we create networks of care to ensure that everyone has access to the abundance the Southern Appalachians offer.

**Phone:** (828) 290-9717

**Address:** 316 Chadwick Ave, Hendersonville, NC 28791

*See website for market days*

[www.cajasolidaria.org](http://www.cajasolidaria.org)

### Manna Food Bank Mobile Pantries

MANNA Foodbank hosts regular mobile markets, in partnership with community groups, public sector partners, and local nonprofits across our 16 county Western North Carolina service area. All markets are free and open to anyone who needs support with groceries.

**Phone:** (828) 299-3663

**Address:** 310 Freeman Street, Hendersonville, NC 28791

*See website for days, times and locations.*

[mannafoodbank.org/wnc-mobile-market-calendar](http://mannafoodbank.org/wnc-mobile-market-calendar)

### Community Food Pantry St. Paul’s Episcopal Church Food Program, Edneyville

Community Food Pantry is committed to serving our neighbors’ food insecurity needs.

**Phone:** (828) 642-4749

**Address:** 3685 Chimney Rock Rd., Hendersonville, NC 28792

**Hours:** Every Thursday from 2PM to 5:30PM

[www.communityfoodpantrync.com/about](http://www.communityfoodpantrync.com/about)

# Food Support

## ■ FOOD PANTRIES

### **Etowah United Methodist Church- Fishes and Loaves Food Pantry**

Fishes and Loaves Food Pantry is sponsored by the church with a simple mission: “We are here to provide food to people who are hungry.

**Phone:** (828) 891-4360

**Address:** 110 Brickyard Road,  
Etowah, NC 28729

**Hours:** Open every Saturday except  
for the first Saturday of the month.;  
8AM to 11AM

[etowahumc.org/fishes-and-loaves-  
food-pantry](http://etowahumc.org/fishes-and-loaves-food-pantry)

***Also for monthly schedules go to:***

[www.hendersoncountync.gov/print/health/  
page/food-distribution-calendar](http://www.hendersoncountync.gov/print/health/page/food-distribution-calendar)

## ■ MEAL DELIVERY

### **Meals on Wheels - Council on Aging/ Mountain Aging Partners**

Meals on Wheels clients receive support to extend their independence and health as they age. This takes place in the form of a week’s worth of meals delivered to their home, as well as important social interaction with caring, trained volunteers. These visits, which also serve as a regular wellness checks, often turn into lasting friendships. Homebound requirements. Prioritizes those with greatest need.

**Phone:** (828) 692-4203

**Address:** 105 King Creek Blvd,  
Hendersonville, NC 28792

**Hours:** Monday – Friday  
8:00AM to 4:30PM

[coahc.org/meals-on-wheels](http://coahc.org/meals-on-wheels)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** free meals, free food near me, Hendersonville NC food distribution, free hot meals, food pantry near me, hot meals delivered, mobile food markets, food assistance, home meal delivery programs, meal deliveries



# Grandparents Raising Grandchildren (Kinship Care)

## Grand Blessings, Grandparents raising Grandchildren

We offer: Emotional, Spiritual and Physical support. Resources to help you, along your journey. Opportunities for your Grand BLESSINGS. While creating a community that will hold space, allowing you to heal while lifting your load.

**Phone:** (828) 337-3688

**Hours:** Mon - Thurs 10AM to 3PM

[www.blueridge.edu](http://www.blueridge.edu)

## Kinship Care

Eligibility Criteria for Grants. (All kinship caregivers are eligible for education and referral services.) Caregiver must be an older relative by blood or marriage and must be age 55 or older. Care recipient must be child under age 18 and live with the older relative who is raising the child or an adult with a disability. Parent must be unable or unwilling to function as parent. Care recipient (child) does not need to have any disability. Caregivers that have guardianship are priority. Not important if there is no waiting list. Older relative caregiver cannot have adopted the child or receive other federal funding for the child.

**Phone:** (828) 251-7441

**Address:** 339 New Leicester Hwy  
Suite 140 Asheville, NC 28806

**Hours:** Monday - Friday 8AM - 5PM

[www.landofsky.org/fcsp.html](http://www.landofsky.org/fcsp.html)

## Kinship Family Support Line

The Kinship Family Support Line provides information and support to grandparents and other relatives raising children in Buncombe, Henderson and Transylvania Counties.

**Phone:** (866) 588- 4546

**Hours:** Monday - Friday 8AM to 7PM

[creatingafamily.org/kinship-care-resources](http://creatingafamily.org/kinship-care-resources)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** grandparents raising grandchildren, kinship care support

# Housing - Home Repair - Shelters

## Habitat for Humanity

Units for homeownership and home repair program for qualifying individuals/families. Applications for housing accepted on a rolling basis.

<https://www.habitat-hvl.org/programs/home-ownership>

**Phone:** (828) 694-0340

**Address:** 1111 Keith St  
Hendersonville, NC 28792

**Hours:** Mon-Fri 8:30AM – 5:00PM  
[www.habitat-hvl.org](http://www.habitat-hvl.org)

## Hendersonville Housing Authority

Not accepting applications due to hurricane displacement of existing residents. Takes applications after the 10th of the month, Tuesdays and Wednesdays from 8:30am to 11:30am. Website provides a list of documents needed.

**Phone:** (828) 278-9900

**Address:** P.O. Box 5378  
Asheville, NC 28813

**Hours:** Monday-Friday  
8:00AM - 5:00PM  
[impacthealth.org](http://impacthealth.org)

## HOP-Impact Health, Healthy Opportunities Pilot

For Medicaid Recipients in a Managed or Tailored Plan. Housing case management to eligible participants that includes Housing support, repairs, assistance with deposits and first month's rent.

**Phone:** (828) 692-6175

**Address:** 203 North Justice St.  
Hendersonville, NC 28739

**Hours:** Monday - Thursday  
8:00AM - 5:00PM  
[www.hendersonvilleha.org](http://www.hendersonvilleha.org)

## Housing Assistance Corporation

Home ownership counseling services and home repairs for qualifying individuals/families

**Phone:** (828) 692-4744

**Address:** 214 N King St.  
Hendersonville, NC 28792

**Hours:** Mon - Thur: 8:30AM - 5:30PM  
Fri: By Appointment Only  
[www.housing-assistance.com](http://www.housing-assistance.com)

## Thrive

Housing Case management for people experiencing homelessness.

**Phone:** (828) 697-1581 ext. 400

**Address:** 218 West Allen, Suite B  
Hendersonville, NC 28739

**Hours:** Mon-Thurs: 8:30AM - 5PM  
Friday: 8:30AM - 1PM  
[www.thrive4health.org](http://www.thrive4health.org)

## WNC Source

Provides voucher assistance for rental properties.

**Phone:** (828) 693-1711

**Address:** 220 King Creek Boulevard  
Hendersonville, NC 28793

**Hours:** Mon-Fri: 8AM - 5PM

[www.wncsource.org](http://www.wncsource.org)

## VETERANS

### Henderson County Veteran Services

Advise local veterans and their dependents of their entitlement under various Federal and State laws, counsel them, and actively assist them in obtaining Federal and State veterans benefits.

**Phone:** (828) 694-6500

**Address:** 900 North Main St  
Hendersonville, NC 28792

**Hours:** Walk-in hours are: Monday,  
9AM to 11AM & 2PM to 4PM

Tuesday 9AM to 11AM

Wednesday 9AM to 11AM

[www.hendersoncountync.gov/county/page/veterans-services](http://www.hendersoncountync.gov/county/page/veterans-services)

Also see HUD-VASH

<https://www.hud.gov/helping-americans/housing-choice-vouchers-homeless-veterans>

## REPAIRS

### Community Action Opportunities

Weatherization Services make home improvements that result in safer and more energy efficient homes. The work may include testing the safety and efficiency of the primary heating system; air sealing walls, floors and ceiling; installing ventilation fan; insulating attics, walls, floors, heating ducts, pipes and water heaters; installing vapor barriers; testing and installing smoke alarms and carbon monoxide detectors; replacing old energy-consuming refrigerators.

**Phone:** (828) 252-2495

**Address:** 25 Gaston Street  
Asheville, NC 28801

**Hours:** Mon-Fri 9AM - 5PM  
[communityactionopportunities.org/weatherization](http://communityactionopportunities.org/weatherization)

### Biltmore Baptist

Can assist with wheelchair ramp needs and other small repairs, has waiting list.

**Phone:** (828) 687-1111

**Address:** 35 Clayton Road  
Arden, NC 28704

**Hours:** Mon-Fri 8:30AM - 4:30PM  
[www.biltmorechurch.com](http://www.biltmorechurch.com)

# Housing - Home Repair - Shelters

## ■ REPAIRS

### First Baptist Hendersonville

Can assist with wheelchair ramp needs.

**Phone:** (828) 693-3493

**Address:** 312 5th Ave West.  
Hendersonville, NC 28739

**Hours:** Mon-Fri 8:30AM - 5PM  
fbchnc.org

### Habitat for Humanity

Units for homeownership and home repair program for qualifying individuals/families.

**Phone:** (828) 694-0340

**Address:** 1111 Keith St,  
Hendersonville, NC 28792

**Hours:** Mon-Fri 8:30AM – 5PM  
www.habitat-hvl.org

### Mud Creek Baptist Church

Carpenters Hands Ministry assists with small home repairs as available.

**Phone:** (828) 692-1262

**Address:** 403 Rutledge Dr.  
Hendersonville, NC 28739

**Hours:** Mon-Fri 8AM - 5PM  
www.mudcreekchurch.org/  
carpentershands

### NC Baptist Aging Ministry

Non-profit organization to help older adults, age 65 or older, remain in their homes as long as safely possible by coordinating people in need with local Baptist volunteers. Volunteers can help with light housekeeping, occasional transportation, friendly visits, grab bar installation, light yard work, ramp construction (cost of materials is not covered by NCBAM).

**Phone:** (877) 506-2226

**Address:** 201 Idol St.  
Thomasville, NC 27360

**Hours:** Mon-Fri 9AM - 5PM  
ncbam.org

### NC Division of Independent Living

The Independent Living Rehabilitation Program helps clients live a more independent life, providing an alternative to living in a nursing home or other facility. Services are person-centered and may be provided directly, purchased or coordinated through other community resources.

**Phone:** (828) 670-3377

**Address:** 8 Barbeta Dr  
Asheville, NC 28806

**Hours:** Mon-Fri 8AM - 5PM  
www.ncdhhs.gov/divisions/  
employment-and-independence-  
people-disabilities/independent-living-  
people-disabilities

## ■ SHELTERS

### Henderson County Rescue Mission

Committed to providing shelter to the homeless, food to the hungry, recovery to the addicted, and medical assistance to the homeless and poor of our community, with the love, and through the power of Christ Jesus. At our present location, 639 Maple Street - men, women, and children who are in need of food and/or shelter are given assistance by the Mission staff. Meals are offered to all who are hungry and are open to the public. As a resident, an individual is also given a comfortable bed, access to hot showers, and clothing as needed. The Good Samaritan Clinic, The Welcome Center, and The Learning Center are now located at 628 7th Avenue East, under the sign Hendersonville Christian Outreach Ministries. Now those without a home will have a place during the day to shower, make necessary phone calls, and receive counseling and education.

**Phone:** (828) 697-1354

**Address:** 639 Maple St  
Hendersonville, NC 28793

**Hours:** Mon-Fri 8:30AM - 4PM

[www.hendersonvillerescuemission.org](http://www.hendersonvillerescuemission.org)

### Safelight

Domestic violence services to include shelter, counseling, court advocacy and anger management classes.

**Phone:** (838) 693-3840

**Address:** 133 5th Ave W.  
Hendersonville, NC 28792

**Hours:** Available 24 hours  
[safelightfamily.org](http://safelightfamily.org)

### Only Hope WNC

Only Hope WNC is currently an organized 501c3 Non- Profit Organization program to aid the close to 300 homeless students in Henderson County.

**Phone:** (828) 693-5499

**Address:** 416 Allen Rd.  
East Flat Rock, NC 28726

**Hours:** Available 24 hours  
[onlyhopewnc.org](http://onlyhopewnc.org)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** Housing, Henderson County NC, Affordable Housing, low income housing, Section 8, rentals Henderson County NC, Affordable rentals

# In Home Assistance Programs

## Consumer Direction Program- Henderson County Department of Social Services

Can hire a caregiver of choice (family member or friend) 10 to 15 hours a week.

**Phone:** (828) 694-6241

**Address:** 1200 Spartanburg Hwy, Suite 300, Hendersonville, NC 28792

**Hours:** Monday - Friday  
8:00AM - 4:30PM

[www.hendersoncountync.gov/  
socialservices/page/home-services](http://www.hendersoncountync.gov/socialservices/page/home-services)

## In Home Aide Program

To provide practical and supportive services to individuals who need help with essential daily activities in the areas of home management and personal care.

**Phone:** (828) 694-6241

**Address:** 1200 Spartanburg Hwy, Suite 300, Hendersonville, NC 28792

**Hours:** Monday - Friday  
8:00AM - 4:30PM

[www.hendersoncountync.gov/  
socialservices/page/home-services](http://www.hendersoncountync.gov/socialservices/page/home-services)

## GUIDE - Medicare Program

Available to client with traditional Medicare plans and has suspected or confirmed dementia diagnosis (including Alzheimer's, LBD, FTD, vascular dementia, etc.)

Provides up to 80 hours of care yearly among other services. Through Senior Helpers also used in Memory Care.

**Phone:** (708) 249-5450

**Address:** 100 Far Horizons Ln, Asheville, NC 28803

**Hours:** Monday- Friday 9AM - 4:30PM  
[www.cms.gov/priorities/innovation/  
innovation-models/guide](http://www.cms.gov/priorities/innovation/innovation-models/guide)

## Reassurance Program - County Residents

The Reassurance Program is designed for county residents to check in daily with our communications center to verify their well-being. Residents call into dispatch each day by 10AM to check in. If no call is received and telecommunicators are unable to reach the resident by phone, a patrol unit will be dispatched.

**Phone:** (828) 697-4912 *Please call this number to get registered with program.*

**Hours:** *Program recipients are asked to call in by 10AM*

[sheriffhendersoncounty.com/  
reassurance-program](http://sheriffhendersoncounty.com/reassurance-program)



### Reassurance Program- City Limits

The Reassurance Program is designed for city residents to check in daily with our communications center to verify their well-being. Residents call into dispatch each day by 10:30AM to check in. If no call is received and telecommunicators are unable to reach the resident by phone, a patrol unit will be dispatched.

**Phone:** (828) 697-3029 *Please call this number to get registered with program.*

**Hours:** *Program recipients are asked to call in by 10:30AM.*

[www.hendersonvillenc.gov/police-department/services-programs](http://www.hendersonvillenc.gov/police-department/services-programs)

### Senior Companion- Land of Sky

The Senior Companion Program (SCP) engages adults age 55 and over to provide companionship and support to other older adults in need of extra assistance to remain at home or in the community for as long as possible. Senior Companion volunteers serve an average of 20 hours per week, with the majority of the volunteer service taking place in the homes of their clients.

**Phone:** (828) 251-6622

**Address:** 339 New Leicester Hwy,  
Suite 140, Asheville, NC 28806

**Hours:** Monday - Friday  
8:00AM - 5:00AM

[www.landofsky.org/scp.html](http://www.landofsky.org/scp.html)

### Family Caregiver Support Program- Council on Aging/Mountain Aging Partners

Program that can help to alleviate the burden of caregiving to provide in home aides or respite services for caregivers in the home.

**Phone:** (828) 692-4203

**Address:** 105 King Creek Blvd,  
Hendersonville, NC 28792

**Hours:** Mon - Fri 8:30AM - 4:30PM  
[coahc.org/caregiver-services](http://coahc.org/caregiver-services)

### Personal Care Services

For eligible Medicaid beneficiaries, Personal Care Services (PCS) provides hands-on assistance, by paraprofessional aides, for the five qualifying activities of daily living (ADLs) which include eating, dressing, bathing, toileting, and mobility. The amount of approved service is based on an assessment conducted by an independent assessment entity to determine the beneficiary's ability to perform their ADLs.

**Phone:** (833) 522-5429

**Address:** NC Medicaid Division of  
Health Benefits

2501 Mail Service Center  
Raleigh, NC 27699-2501

**Hours:** Monday - Friday 8AM - 5PM  
[ncliftss.acentra.com/personal-care-services](http://ncliftss.acentra.com/personal-care-services)

# In Home Assistance Programs

## ■ MEDICAID FUNDED PROGRAMS

### Communities Alternative Program (CAP)

Medicaid eligible can assist with in home aide agencies for caregiver of your choice(family member or friend) up to 40 hours a week.

**Phone:** (833) 522-5429

**Address:** *List of case management entities by county: <https://medicaid.ncdhhs.gov/capda-case-management-agencies-county/download?attachment>*

**Hours:** Monday - Friday  
8:00AM - 5PM

[ncliftss.acentra.com/cap-da](http://ncliftss.acentra.com/cap-da)

### Special Assistance

The State/County Special Assistance In-Home Program for Adults (SA/IH) provides a cash supplement to low-income individuals who are at risk of entering a residential facility. SA/IH provides additional support services and income to individuals who would prefer to live at home.

**Phone:** (828) 694-6288

**Address:** Henderson County DSS,  
1200 Spartanburg Hwy, Suite 300  
Hendersonville, NC 28792

**Hours:** Monday - Friday  
8AM - 4:30PM

[www.hendersoncountync.gov/socialservices/page/special-assistance](http://www.hendersoncountync.gov/socialservices/page/special-assistance)

### Private Duty Nursing

For eligible Medicaid beneficiaries.

Private Duty Nursing (PDN) is substantial, complex, and continuous skilled nursing care provided in the home for medically fragile Medicaid beneficiaries. This service is considered supplemental to the care provided by a beneficiary's family or designated caregivers, and allows the beneficiary to remain in their residence rather than an institution. Prior approval (PA) is required for PDN services, and is granted based on the beneficiary's medical necessity and fragility.

**Phone:**

Bayada Healthcare (828) 681-5100

Maxim Healthcare (828) 299-4388

**Address:** NC Medicaid,  
Division of Health Benefits,  
2501 Mail Service Center  
Raleigh, NC 27699-2501

**Hours:** Monday - Friday 8AM - 5PM  
[medicaid.ncdhhs.gov/providers/programs-and-services/long-term-care/private-duty-nursing-pdn](http://medicaid.ncdhhs.gov/providers/programs-and-services/long-term-care/private-duty-nursing-pdn)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** In home aide, In home assistance, Medicaid in home assistance NC, private caregivers, help with tasks of daily living, caregiver assistance, in home services

Sometimes, additional customized assistance is needed. In such cases, individuals and/or their loved ones may choose to privately hire supplemental services defined below:

### **Home Care Agencies**

These agencies provide personal care, including assistance with bathing, dressing, medication reminders, and monitoring of vital signs. They may also provide companion services such as meal preparation, transportation for errands, and general support. In addition, some agencies may offer skilled nursing services.

### **Companion Agencies**

These agencies provide non-medical companion aides who assist with tasks such as meal preparation, running errands, and offering companionship.

### **Care Manager / Care Navigator**

A care manager or navigator is a professional who helps guide families through the process of caring for an older adult, offering support, coordination, and planning assistance.

### **Home Health Agencies** *(see Medical and Mental Health section for listings)*

Home Health agencies differ from Home Care agencies in that they provide skilled care prescribed by a physician and are typically covered by insurance. Services are delivered by licensed clinicians—such as nurses, therapists (physical, occupational, speech), and medical social workers—and are provided for a limited time based on a specific plan of care tied to medical needs and outcomes.

**Please Note:** Providers of these customizable services can change frequently, and each offers a unique set of services and approaches. Because there are many providers in our region, we are unable to list them all here.

We do not endorse or recommend any specific provider(s) and strongly encourage you to check references and conduct criminal background checks when selecting a provider.

If you need additional information on how to locate or research service providers, please contact our office directly at (828) 692-4203

[illegible]

# Legal

Older adults sometimes need legal help. For those who cannot afford private services, Legal Aid of North Carolina, Inc. offers assistance with civil matters. Some private attorneys also volunteer through pro bono programs, often coordinated with Legal Services offices. The North Carolina Bar Association can help identify attorneys and provides resources, including the *Senior Citizens Handbook* (available in English and Spanish), which covers basic rights, opportunities, and common concerns for older adults. Copies are available at local senior centers.

The North Carolina Lawyer Referral Service, part of the NC Bar Association Foundation, connects callers with attorneys based on location and legal need. A 30-minute consultation costs no more than \$30. Some attorneys may offer a free brief consultation, so it's important to confirm fees in advance. Call 1-800-662-7660, Monday–Friday, 9:30 a.m. to 4:30 p.m.

Contact the Pro Bono Project of the North Carolina Bar Association at 1-800-662-7407 for a referral to a pro bono program.

An **elder law attorney** is a lawyer who specializes in helping older adults and their families with legal issues related to aging.

They often assist with things like:

- Estate planning (wills, trusts, powers of attorney)
- Long-term care planning and paying for nursing home care
- Guardianship and conservatorship
- Public benefits like Medicaid and Veterans' benefits
- Protecting assets and planning for incapacity

If you need legal help with aging-related issues, the National Academy of Elder Law Attorneys (NAELA) is a great resource. Their members specialize in areas like public benefits, estate planning, guardianship, and long-term care.

To learn more or find an elder law attorney near you, visit [www.naela.com/public](http://www.naela.com/public)

# Legal

## Legal Aide

Provides legal services to North Carolina residents. The Senior Law Project helps with public benefits, unemployment compensation, housing concerns, consumer issues, wrongful repossession, and power of attorneys/ wills. This is for people who are 60+. This group tends to prioritize those with the greatest need. All people will be served, if possible.

**Phone:** (877) 579-7562

**Address:** 20 Artful Way Suite 210  
Asheville, NC 28801

**Hours:** Monday – Friday

9:00AM – 5:00PM

[legalaidnc.org](http://legalaidnc.org)

[www.legalaidnc.org/get-help/apply-online](http://www.legalaidnc.org/get-help/apply-online)

## Pisgah Legal

The mission of Pisgah Legal Services (PLS) is to pursue justice by providing legal assistance and advocacy to help low-income people in Western North Carolina meet their basic needs and improve their lives. PLS provides legal assistance to help low-income people escape situations of abuse and neglect, avoid homelessness, access needed medical care and meet other basic needs. Our clients are disadvantaged children, victims of domestic violence, seniors, people with disabilities and working low income families.

**Phone:** (828) 253-0406

**Address:** 440 South Church Street,  
Hendersonville, NC 28792

**Hours:** Monday – Friday

8:30AM – 5:00PM

[www.pisgahlegal.org](http://www.pisgahlegal.org)

[plsoi.legalserver.org/modules/matter/extern\\_intake.php?pid=129&h=daa817&](http://plsoi.legalserver.org/modules/matter/extern_intake.php?pid=129&h=daa817&)

Notes:




## El Centro of Henderson County

El Centro advocates for equity, enrichment, and empowerment of the local Latinx community. The services offered include: Hi-Set (GED) offered in Spanish; document translations; assistance with non-legal applications (if language is a barrier); referrals to attorneys, mental health providers, and other services available in the community; apostilles; and federally recognized immigration services for low-income families.

**Phone:** (828) 290-7134

**Address:** 508 N. Grove Street,  
Hendersonville, NC 28792

**Hours:** Mon - Fri 9AM to 5PM  
elcentrohvl.org

## The Mediation Center

The Mediation Center provides mediation services for community members involved in a variety of disputes, including separation/divorce/ custody/co-parenting issues, family decision- making around eldercare issues, neighbor disputes, employment issues or grievances, landlord/ tenant conflicts, consumer/business complaints, small claims cases, civil court cases, minor criminal charges, and youth-centered conflicts. The Mediation Center also offers training and facilitation services to groups in the community.

**Phone:** (828) 697-7055

**Address:** 103 S Grove St,  
Hendersonville, NC 28792

**Hours:** Monday – Friday  
9:00AM – 5:00PM  
mediatewnc.org

## True Ridge

True Ridge works to connect members of the Latinx community with the resources and opportunities to help them grow personally, professionally, and spiritually.

**Phone:** (828) 205-1170

**Address:** 204 6th Avenue West  
Hendersonville, NC 28739

**Hours:** Mon - Thurs 9AM to 3PM  
Fri 9AM to 12PM  
trueridge.org

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** legal assistance, legal assistance sliding scale, legal assistance low income, mediation

# Medical and Mental Health

## Advent Health of Hendersonville

Hospital, physician services and more.

**Phone:** (828) 684-8501

**Address:** 100 Hospital Drive,  
Hendersonville, NC 28792

**Hours:** Available 24 hours

[legalaidnc.org](http://legalaidnc.org)

[www.adventhealth.com/hospital/adventhealth-hendersonville](http://www.adventhealth.com/hospital/adventhealth-hendersonville)

## Blue Ridge Health (formerly Blue Ridge Community Health Center)

With each patient, we strive to provide comprehensive and compassionate healthcare, fueled by our mission, vision, and values. We believe that everyone has the right to quality healthcare, no matter what their insurance or income status is.

**Phone:** (828) 692-4289

**Address:** 2579 Chimney Rock Road,  
Hendersonville, NC 28792

**Hours:** Monday - Thursday  
8AM - 8PM Friday 8AM - 5PM

[www.brchs.com](http://www.brchs.com)

## The Free Clinics

Enhances the Henderson County healthcare system to ensure the accessibility of quality healthcare for uninsured, low-income clients. TFC works with volunteers and partnering healthcare providers to provide healthcare, prevention, education, medication access, and case management services, including specialty referrals.

**Phone:** (828) 697-8422

**Address:** 841 Case Street,  
Hendersonville, NC 28792

**Hours:** Monday, Wednesday,  
Thursday and Friday:

9:00AM – 5:00PM

Tuesday: 11:30AM – 7:30PM

[www.thefreeclinics.org](http://www.thefreeclinics.org)

## UNC Health Pardee

Hospital, physician services and more.

**Phone:** (828) 696-1000

**Address:** 800 North Justice Street,  
Hendersonville, NC 28791

**Hours:** 24 Hours/ 7 Days a week

[www.pardeehospital.org](http://www.pardeehospital.org)

## **Good Samaritan Clinic, Blue Ridge Health and Hendersonville Rescue Mission**

The Hendersonville Rescue Mission has partnered with Blue Ridge Health in order to support our vulnerable populations here in Henderson County and to deliver basic medical care to those who need it most. By providing these services, our clients are able to better their health while continuing to search for employment and get back on their feet.

**Phone:** (828) 697-1354

**Address:** 639 Maple Street  
Hendersonville, NC 28793

### **Hours:**

Monday - 8:00AM - 12:00PM - Care  
Coordination 1:00-5:00PM - Providers

Tuesday - 8:00AM - 12:00PM - Care  
Coordination

1:00PM- 5:00PM - Medication

Assistance Treatment Clinic - Providers

Wednesday - 8:00AM - 12:00PM -  
Care Coordination

Thursday- 8:00AM - 5:00PM -  
Providers

Friday - 8:00AM - 12:00PM - Care  
Coordination

Behavioral Health Provider: Monday-  
Friday from 8AM- 5PM

[www.hendersonvillerescuemission.org/hendersonville-christian-outreach-ministry/good-samaritan-clinic](http://www.hendersonvillerescuemission.org/hendersonville-christian-outreach-ministry/good-samaritan-clinic)

## **DURABLE MEDICAL EQUIPMENT (DME)**

### **Medical Loan Closet**

The Medical Loan Closet of Henderson County is a 501(c)(3) nonprofit that provides durable medical equipment at minimal cost to residents of Henderson County and surrounding counties who are facing recovery from illness, surgery, accident or other medical crisis.

**Phone:** (828) 692-9005

**Address:** 1225 7th Ave E,  
Hendersonville, NC 28792

**Hours:** Tuesdays and Fridays  
12:30PM to 4:30PM  
[medicalloancloset.org](http://medicalloancloset.org)

# Medical and Mental Health

## HOME HEALTH AGENCIES

### AdventHealth Home Health

Home Health care that provides skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and health aides in the home in Henderson County.

**Phone:** (828) 687-5261

**Address:** 895 Howard Gap Rd  
Hendersonville NC 28732

**Hours:** Mon- Thurs 8am to 5pm  
Friday 8am to 4:45pm

<https://www.adventhealth.com/hospital/adventhealth-hendersonville/our-services/home-care>

### Care Partners Home Health

Home Health care that provides skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and health aides in the home.

**Phone:** (828) 692-3174

**Address:** 95 Francis Rd  
Hendersonville, NC 28792-9314

**Hours:** Monday- Friday 8am to 5pm  
<https://www.missionhealth.org/locations/carepartners>

### Centerwell Home Health

Home Health care that provides skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and health aides in the home.

**Phone:** (828) 298-1370

**Address:** 9 Olde Eastwood Village Blvd, Asheville, NC 28803

**Hours:** Monday- Friday 8am to 5pm  
[https://www.centerwellhomehealth.com/about-us/find-care-near-you/centerwell-home-health-asheville/?utm\\_source=Organic&utm\\_medium=GBP](https://www.centerwellhomehealth.com/about-us/find-care-near-you/centerwell-home-health-asheville/?utm_source=Organic&utm_medium=GBP)

### Enhabit Home Health

Home Health care that provides skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and health aides in the home.

**Phone:** (828) 894-8296

**Address:** 108 Shuford Rd  
Columbus, NC 28722

**Hours:** Monday- Friday 8am to 5pm  
<https://www.ehab.com/>

### Pardee Home Health

Home Health care that provides skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and health aides in the home.

**Phone:** (828) 692-1846

**Address:** 114 College Dr  
Flat Rock, NC 28731

**Hours:** Monday- Friday 8am to 5pm  
<https://www.pardeehospital.org/care-treatment/home-health/>

Sometimes, additional customized assistance is needed. In such cases, individuals and/or their loved ones may choose to privately hire supplemental services defined below:

### **Home Care Agencies**

These agencies provide personal care, including assistance with bathing, dressing, medication reminders, and monitoring of vital signs. They may also provide companion services such as meal preparation, transportation for errands, and general support. In addition, some agencies may offer skilled nursing services.

### **Companion Agencies**

These agencies provide non-medical companion aides who assist with tasks such as meal preparation, running errands, and offering companionship.

### **Care Manager / Care Navigator**

A care manager or navigator is a professional who helps guide families through the process of caring for an older adult, offering support, coordination, and planning assistance.

### **Home Health Agencies** *(see Medical and Mental Health section for listings)*

Home Health agencies differ from Home Care agencies in that they provide skilled care prescribed by a physician and are typically covered by insurance. Services are delivered by licensed clinicians—such as nurses, therapists (physical, occupational, speech), and medical social workers—and are provided for a limited time based on a specific plan of care tied to medical needs and outcomes.

**Please Note:** Providers of these customizable services can change frequently, and each offers a unique set of services and approaches. Because there are many providers in our region, we are unable to list them all here.

We do not endorse or recommend any specific provider(s) and strongly encourage you to check references and conduct criminal background checks when selecting a provider.

If you need additional information on how to locate or research service providers, please contact our office directly at (828) 692-4203

# Medical and Mental Health

## ■ MENTAL HEALTH AND ADDICTION RESOURCES

### **Jewish Family Services**

Jewish Family Services of WNC (JFS) is an inclusive, welcoming space that provides a broad range of clinical and social support services to adults of all faiths – with special emphasis on the needs of older adults and other underserved community members.

**Phone:** (828) 253-2900

**Address:** 53 S French Broad Ave,  
Asheville, NC 28801

**Hours:** Mon- Fri 9AM to 5PM

[jfswnc.org](http://jfswnc.org)

### **Vaya**

Vaya Health manages services for people with behavioral health (mental health and substance use), I/DD, and TBI in 32 counties across North Carolina.

**Phone:**

Crisis Line: (800) 849-6127

Member Line: (800) 962- 2003

**Address:** 120 Chadwick Sq Ct Ste A,  
Hendersonville, NC 28739

**Hours:**

Behavioral Health Crisis Line: 24/7

Member Line: Mon - Sat 7AM to 6PM

[www.vayahealth.com](http://www.vayahealth.com)

### **National Crisis Line**

If you or someone you know is struggling or in a crisis, help is available.

**Phone:** dial or text 988

**Hours:** Available 24 hours

[www.988lifeline.org](http://www.988lifeline.org)

### **Behavioral Health and Addiction Resources**

Please see Henderson County Government Website for listing of available services including local supports.

[www.hendersoncountync.gov/health/page/behavioral-health-resources](http://www.hendersoncountync.gov/health/page/behavioral-health-resources)

## ■ WARM LINES

### **Social Bridging Project**

Do you know or want someone to talk to? The Social Bridging Project pairs older adults who feel isolated with trained student or community volunteers who can provide one or more of the following depending on your needs including A conversation or friend check in.

**Phone:** (828) 250-2399

**Address:** 1 University Heights,  
Asheville, NC 28804

**Hours:** Mon - Fri 8AM to 5PM

[ncchw.unca.edu/what-we-do/social-bridging-nc](http://ncchw.unca.edu/what-we-do/social-bridging-nc)



## ■ WARM LINES

# NC Baptist Aging Ministry

If you are 65 or older and feel isolated or lonely, North Carolina Baptist Aging Ministry wants to help. Trained staff and volunteers are ready to encourage callers with a friendly voice, a compassionate ear, and to pray with callers if desired.

**Phone:** (866) 578-4673

**Address:** 201-A Idol St,  
Thomasville, NC 27360

**Hours:** Mon - Fri 9AM to 5PM  
ncbam.org

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** medical services, Henderson County NC medical services, hospitals near me, sliding scale medical services, durable medical equipment sliding scale, mental health support, addiction support services, isolation services to provide support

Notes:

# Medical and Mental Health

# Medicare

Medicare is a government health insurance program for people age 65 and older, and for some younger people with disabilities. Medicare helps with the cost of healthcare but it does not cover all medical expenses or the cost of most long term care.

To apply for Medicare contact the Social Security Administration at [www.ssa.gov](http://www.ssa.gov)  
OR 1-800-772-1213

For questions regarding Medicare visit [www.medicare.gov](http://www.medicare.gov)  
OR call 1-800-MEDICARE (633-4227)

Additional Support can be found through the North Carolina Department of Insurance  
[www.ncdoi.com](http://www.ncdoi.com)  
OR 1-800-546-5664 AND by contacting NC SHIP

Senior's Health Insurance Information Program (SHIP) [www.ncship.com](http://www.ncship.com)  
OR 1-855-408-1212

# Medicaid

Medicaid is a government program that helps people and families with low income pay for health care, including doctor visits, hospital stays, and long-term care for those who are eligible.

For questions and application assistance contact your local Department of Social Services (Health and Human Services) - Henderson County (828) 697-5500  
[www.hendersoncountync.gov/socialservices](http://www.hendersoncountync.gov/socialservices)

NC Department of Health and Human Services [www.dhhs.state.nc.us](http://www.dhhs.state.nc.us)  
OR 1-800-662-7030

# Medication Assistance

## WEBSITES

### Cost Plus Drugs

Medication savings pharmacy.

**Address:** Dallas, Texas

Website provides step by step directions for how to get started.

[www.costplusdrugs.com](http://www.costplusdrugs.com)

### NC Med Assist

NC MedAssist seeks to ensure that no eligible person in North Carolina has to choose between purchasing food or their needed medication; improving the patient's health and lowering uncompensated health care costs for all stakeholders.

**Phone:** 1-866-331-1348

**Address:** 4428 Taggart Creek Rd, Suite 101, Charlotte, NC 28208

**Hours:** Mon - Fri 8AM to 4:30PM  
[medassist.org](http://medassist.org)

### Good Rx

Look up medications, get coupons, save at the pharmacy.

**Address:** 2701 Olympic Blvd West Building #200

Santa Monica, CA 90404-4183

**Hours:** Mon - Fri 9AM to 7PM  
[www.goodrx.com](http://www.goodrx.com)

### Needy Meds

Assistance with medication costs.

**Phone:** 1-800-503-6897

[www.needymeds.org](http://www.needymeds.org)

### Medication Assistance Tool

PhRMA's Medicine Assistance Tool (MAT) is a search engine designed to help patients, caregivers and health care providers learn more about the resources available through the various biopharmaceutical industry programs. MAT is not its own patient assistance program, but rather a search engine for many of the patient assistance resources that the biopharmaceutical industry offers.

**Phone:** 1-571-350-8643

**Hours:** Available 24 hours  
[medicineassistancetool.org](http://medicineassistancetool.org)

## CLINICS OR PROGRAMS

### Blue Ridge Health

With each patient, we strive to provide comprehensive and compassionate healthcare, fueled by our mission, vision, and values. We believe that everyone has the right to quality healthcare, no matter what their insurance or income status is.

**Phone:** (828) 692-4289

**Address:** 2579 Chimney Rock Road, Hendersonville, NC 28792

**Hours:** Monday - Thursday  
8AM - 8PM Friday 8AM - 5PM  
[www.brchs.com](http://www.brchs.com)

# Medication Assistance

## CLINICS OR PROGRAMS

### Blue Ridge Health

With each patient, we strive to provide comprehensive and compassionate healthcare, fueled by our mission, vision, and values. We believe that everyone has the right to quality healthcare, no matter what their insurance or income status is.

**Phone:** (828) 692-4289

**Address:** 2579 Chimney Rock Road,  
Hendersonville, NC 28792

**Hours:** Mon. - Thur. 8AM - 8PM

Friday 8AM - 5PM

[www.brchs.com](http://www.brchs.com)

### The Free Clinics

Ensuring the accessibility of quality healthcare for uninsured, low-income clients. TFC works with volunteers and partnering healthcare providers to provide healthcare, prevention, education, medication access, and case management services, including specialty referrals.

**Phone:** (828) 697-8422

**Address:** 841 Case St,  
Hendersonville, NC 28792

**Pharmacy Hours:** Mon. 9AM - 5PM

Tuesday 12:00PM - 7:30PM

Wed. Thur. Fri. 9:00AM - 5:00PM

[www.thefreeclinics.org](http://www.thefreeclinics.org)

### Interfaith Assistance Ministry

(IAM) provides emergency relief to Henderson County residents who are in financial crisis by offering food, clothing, funds, guidance and referrals.

**Phone:** (828) 697-7029

**Address:** 310 Freeman St  
Hendersonville, NC 28792

**Hours:** Mon - Fri 9AM to 4PM

[www.iam-hc.org](http://www.iam-hc.org)

### HOP-Impact Health

For Medicaid Recipients in a Managed or Tailored Plan.

**Phone:** (828) 278-9900

**Address:** P.O. Box 5378,  
Asheville, NC 28813

**Hours:** Monday-Friday 8AM - 5PM

[impacthealth.org](http://impacthealth.org)

## PATIENT ASSISTANCE PROGRAMS

### Pfizer Drugs

Provides free Pfizer medicines to eligible patients through their doctor's office or at home.

**Phone:** 844-989-PATH

**Address:** 66 Hudson Boulevard East,  
New York, NY 10001-2192

**Hours:** Mon- Fri 9AM to 5PM

[www.pfizerxpathways.com](http://www.pfizerxpathways.com)

### Johnson and Johnson

Medicines from J&J may be provided at no cost to eligible patients who are uninsured or have inadequate coverage.

**Phone:** 833-742-0791

**Address:** One Johnson & Johnson  
Plaza, New Brunswick,  
New Jersey 08933

**Hours:** Mon - Fri 8AM to 8PM

[www.myjanssencarepath.com/  
resource/1716902197000/Immunology\\_  
Medications\\_English](http://www.myjanssencarepath.com/resource/1716902197000/Immunology_Medications_English)

## PATIENT ASSISTANCE PROGRAMS

### **AstraZeneca**

If you have been prescribed an AstraZeneca medication and can't afford it, the AZ&Me Prescription Savings Program may be able to help.

**Phone:** 800-292-6363

**Address:** 1800 Concord Pike,  
Wilmington, DE 19850

**Hours:** Mon - Fri 9AM to 6PM  
[www.azandmeapp.com](http://www.azandmeapp.com)

### **Merck and Co**

Provides assistance to eligible patients for medications made by Merck.

**Phone:** 800-727-5400

**Address:** PO Box 690,  
Horsham, PA 19044-9979

**Hours:** Mon - Fri 8AM to 8PM  
[www.merckhelps.com](http://www.merckhelps.com)

### **GlaxoSmithKline**

We have a range of programs and offers to help eligible patients get access and financial support for the GSK medicines they need.

**Phone:** 888-825-5249

**Address:** 410 Blackwell St.,  
Durham, NC 27701

**Hours:** Mon - Tues and Thurs - Fri:  
8:30AM - 5:30PM  
Wed: 8:30AM - 4:00PM  
[contactus.gsk.com/patient-support/patient-assistance-program](http://contactus.gsk.com/patient-support/patient-assistance-program)

### **Sanofi**

Sanofi Patient Connection can provide certain Sanofi prescription medications at no cost if you meet program eligibility requirements.

**Phone:** 888-847-1797

**Address:** PO Box 222138,  
Charlotte, NC 28222-2138

**Hours:** Mon- Fri 9AM to 8PM  
[www.sanofipatientconnection.com/patient-assistance-connection](http://www.sanofipatientconnection.com/patient-assistance-connection)

### **AbbVie**

We offer patient assistance programs that provide free AbbVie medicines to qualifying patients.

**Phone:** 800-255-5162

**Address:** 1 N. Waukegan Road, North  
Chicago, Illinois 60064

**Hours:** Mon - Fri 7AM to 5PM  
[www.abbvie.com/patients/patient-support/patient-assistance.html](http://www.abbvie.com/patients/patient-support/patient-assistance.html)

### **Bristol Myers Squibb**

If you are struggling to make ends meet financially, do not have insurance that pays for your Bristol Myers Squibb medication, and meet other requirements, we may be able to help.

**Phone:** 800-332-2056

**Address:** Route 206 & Province Line  
Road, Princeton, New Jersey 08543

**Hours:** Mon - Fri 9AM to 5PM  
[www.bms.com/patient-and-caregivers/get-help-paying-for-your-medicines.html](http://www.bms.com/patient-and-caregivers/get-help-paying-for-your-medicines.html)

# Medication Cost Assistance

## Novartis

Novartis Patient Assistance Foundation, Inc. (NPAF) is an independent, non-profit organization which provides Novartis medications free of cost to eligible patients.

**Phone:** 800-277-2254

**Address:** PO Box 2529  
Columbus, OH 43216

**Hours:** Mon- Fri 8:30AM to 5PM  
[pap.novartis.com](http://pap.novartis.com)

## ■ PHARMACY LOCAL DELIVERY

### Sona Pharmacy

Delivery for Sona Pharmacy patients.

**Phone:** (828) 298-3636

**Address:** 805 Fairview Road,  
Asheville, NC 28803

#### Pharmacy Hours:

Mon-Fri: 8AM – 8PM

Saturday: 9AM – 6PM

Sunday: 11AM – 6PM

[sonapharmacy.com/pharmacy/  
resources/free-delivery/](http://sonapharmacy.com/pharmacy/resources/free-delivery/)

### Blue Ridge Health

Delivery for Blue Ridge Health patients.

**Phone:** (828) 692-4289

**Address:** 2579 Chimney Rock Road,  
Hendersonville, NC 28792

#### Pharmacy Hours:

Monday 9:00AM - 5:00PM

Tuesday 12:00PM-7:30PM

Wednesday - Thursday - Friday

9:00AM - 5:00PM

[www.brchs.com](http://www.brchs.com)

## Whitley Drugs

Delivery within city limits, twice a week.

**Phone:** (828) 692-4236

**Address:** 814 Greenville Hwy,  
Hendersonville, NC 28792

**Hours:** Mon-Fri: 9AM - 7PM

Sat: 9AM - 1PM

[www.whitleydrugs.com](http://www.whitleydrugs.com)

## Economy Drugs

Delivery within city limits, three times a week.

**Phone:** (828) 692-4266

**Address:** 605 5Th Ave W,  
Hendersonville, NC 28739

**Hours:** Mon-Fri: 9AM - 7PM

Saturday: 9AM - 5PM

[www.economydrugsnc.com](http://www.economydrugsnc.com)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently. Many companies offer mail delivery, please check with your own current pharmacy or more details.*

**Web Search Suggestions:** medication assistance, name of medication and medication assistance program, medication assistance programs, free clinics, cost assistance for medications, home delivered medications, mail delivery pharmacies



# Respite

## Family Caregiver Support Program- Land of Sky - Area Agency on Aging

Grant funded program that can help to alleviate the burden of caregiving to provide in home aides or respite services for caregivers in the home.

**Phone:** (828) 251-7441

**Address:** 339 New Leicester Hwy  
Asheville, NC 28806

**Hours:** Mon - Fri 8:30AM to 4:30PM  
[www.landofsky.org/fcsp.html](http://www.landofsky.org/fcsp.html)

## Lifespan Respite NC

The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$750 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available.

*Applicants must be referred to the program by a local professional organization. The professional organization (referring agency) will complete the online application on behalf of the family caregiver.*

**Address:** 2001 Mail Service Center,  
Raleigh, NC 27699-2000

**Hours:** Mon - Fri 8AM to 5PM  
[www.ncdhhs.gov/divisions/aging/nc-lifespan-respite-program](http://www.ncdhhs.gov/divisions/aging/nc-lifespan-respite-program)

## Kinship Care

Eligibility Criteria for Grants. (All kinship caregivers are eligible for education and referral services.) Caregiver must be an older relative by blood or marriage and must be age 55 or older. Care recipient must be child under age 18 and live with the older relative who is raising the child or an adult with a disability. Parent must be unable or unwilling to function as parent. Care recipient (child) does not need to have any disability. Caregivers that have guardianship are priority. Not important if there is no waiting list. Older relative caregiver cannot have adopted the child or receive other federal funding for the child.

**Phone:** (828) 251-7441

**Address:** 339 New Leicester Hwy  
Suite 140 Asheville, NC 28806

**Hours:** Monday - Friday  
8:00AM - 5:00PM  
[www.landofsky.org/fcsp.html](http://www.landofsky.org/fcsp.html)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** caregivers, caregiver support, caregiver support groups near me, kinship care, respite, respite services near me

# Resources and Helpful Websites

## AARP- Mountain Region

AARP is a nonprofit, nonpartisan organization, with a national membership of more than 37 million, including 1.1 million members in North Carolina. AARP helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse.

**Phone:** (888) 687-2277

**Address:** 601 E Street, NW,  
Washington, DC 20049

**Hours:** Monday - Friday 9AM to 5PM  
[local.aarp.org/hendersonville-nc](http://local.aarp.org/hendersonville-nc)

## American Red Cross Western North Carolina Chapter

Provide assistance to disaster victims, including single family disasters as well as disasters affecting the general population; serve as the communications link between the armed forces and local families with members in the service during family emergencies; conduct health and safety education and training courses such as CPR, first aid, lifesaving, swimming and HIV/AIDS information, blood drives in the community.

**Phone:** (828) 258-3888

**Address:** Asheville Office - 100  
Edgewood Road, Asheville NC 28804  
Hendersonville Satellite - 211 1st  
Avenue E, Hendersonville, NC 28792

**Hours:** Asheville Office - Monday –  
Friday 9:00AM to 3:00PM

Hendersonville Satellite: Monday –  
Friday 9:00AM – 12:00PM

[www.redcross.org](http://www.redcross.org)

### **Department of Social Services- APS**

Adult Protective Services- APS receives and evaluates reports of abuse, neglect and exploitation of disabled adults (age 18 and older). Services are designed to identify, remedy and prevent problems that result in such cases. APS strives to protect the disabled adult while acknowledging the client's right to self-determination.

**Phone:** (828) 694-6241

**Address:** 1200 Spartanburg Hwy,  
Suite 300, Hendersonville, NC 28792

**Hours:** Monday – Friday  
8:00AM – 4:30PM

[https://www.hendersoncountync.gov/  
socialservices/page/adult-protective-  
services-aps](https://www.hendersoncountync.gov/socialservices/page/adult-protective-services-aps)

### **Hola Carolina**

Hola Carolina helps the community understand the presence, contributions and challenges of Latino families in the Carolinas. Its diverse outreach and public awareness programs inform, educate, enlighten and enrich the Spanish-speaking community.

**Phone:** (888) 989-2745

**Address:** 801 Fourth Ave. East,  
Hendersonville, NC 28792

**Hours:** Mon - Fri 9AM to 5PM  
[holacarolina.org](http://holacarolina.org)

### **Land of Sky - Area Agency on Aging**

Under the Older Americans Act, AAA serve as the leader on aging issues. AAA promotes the highest level of well-being of older adults and their families by partnering with organizations to provide a comprehensive system of opportunities, services, and protective support.

**Phone:** (828) 251-6622

**Address:** 339 New Leicester Hwy  
Suite 140, Asheville, NC 28806

**Hours:** Monday - Friday  
8:00AM - 5:00PM

[www.landofsky.org/aaa.html](http://www.landofsky.org/aaa.html)

### **NC 360**

NCCARE360 is the first statewide network that unites health care and human services organizations with a shared technology that enables a coordinated, community-oriented, person-centered approach for delivering care in North Carolina. NCCARE360 helps providers electronically connect those with identified needs to community resources and allow for feedback and follow up. This solution ensures accountability for services delivered, provides a “no wrong door” approach, closes the loop on every referral made, and reports outcomes of that connection.

**Hours:** Available 24 hours

<https://nccare360.org/>

# Resources and Helpful Websites

## Ombudsman

A Long Term Care Ombudsman serves as a mediator who seeks to resolve complaints made by or on behalf of people living in Long Term care facilities. The Ombudsman provides a way for people to voice their concerns and have their complaints addressed. The Ombudsman works with all parties to resolve a problem.

**Phone:** (828) 251-6622

**Address:** 339 New Leicester Hwy  
Suite 140 Asheville, NC 28806

**Hours:** Monday - Friday  
8:00AM - 5:00PM

[www.landofsky.org/ombudsman.html](http://www.landofsky.org/ombudsman.html)

## Smart 911

When you sign up through the Smart911.com website, first responders like EMS and firefighters will be provided with important and vital information about you and your family, including any known medical conditions, allergies, the number of people or pets in your home and emergency contacts. This information is completely confidential and only becomes accessible when a 911 call is placed.

**Address:** 2529 Asheville Hwy,  
Hendersonville, NC 28791

**Hours:** Monday - Friday 8am to 5pm  
[www.hendersoncountync.gov/ems/page/smart-911-help-9-1-1-protect-you-and-your-family](http://www.hendersoncountync.gov/ems/page/smart-911-help-9-1-1-protect-you-and-your-family)

## United Way/ 211

Who should you call when you need help or information for yourself, your family or someone you know? Dial 2-1-1 to connect with a network of more than 18,000 resources in North Carolina that offer care, solutions, support, and hope when you need it most. Our agency partners can assist with: food, housing, utilities, child care, education services, financial education, health care, job training, counseling; support groups; mental health; substance abuse, senior services, volunteer opportunities, disaster services, and so much more.

**Phone:** 211

**Address:** 722 5th Avenue West,  
Hendersonville, NC 28739

**Hours:** Monday – Friday  
9:00AM to 4:00PM

[www.liveunitedhc.org/home](http://www.liveunitedhc.org/home)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** Resources Henderson County NC, resources older adults, at risk adults

# Socialization

## Community Dining Program - Council on Aging/Mountain Aging Partners

The program provides an opportunity for you to socialize, participate in various activities, connect to resources available in the community, and enjoy a delicious and nutritious meal in fellowship with others.

**Phone:** (828) 692-4203

**Address:** First United Methodist Church of Hendersonville - 204 6th Ave. W. Hendersonville, NC 28739

**Hours:** Monday - Friday, 10:00AM to 12:00PM (Lunch served around 11:00)  
[coahc.org/congregate-dining](http://coahc.org/congregate-dining)

## Faye's Place

Faye's Place meets three days a week in Asheville (Tue, Wed, Thur) and one day a week in Hendersonville (Tue). – to provide socialization and support in a group setting through peer-to-peer communication and peer-level understanding of common memories and life experiences.

**Phone:** (828) 253-2900

**Address:** 53 South French Broad Ave., Asheville, NC 28801

**Hours:** Mon - Fri 9AM to 5PM  
[jfswncc.org/services-and-programs/fayes-place](http://jfswncc.org/services-and-programs/fayes-place)

## Henderson County Library

The library provides free access to books, computers, audio, and video access, and more to Henderson County residents. They also offer rooms to study and small meeting rooms for individuals in the community. Branches also offer a variety of scheduled activities and groups for people to connect and learn activities.

**Main Library,** 301 N Washington St., Hendersonville, NC 28739

**Phone:** (828) 697-4725

**Fletcher Library,** 120 Library Road, Fletcher, NC 28732

**Phone:** (828) 687-1218

**Etowah Library,** 101 Brickyard Rd, Etowah, NC 28729

**Phone:** (828) 891-6577

**Green River Library,** 50 Green River Rd, Zirconia, NC 28790

**Phone:** (828) 697-4969

**Mills River Library,** 124 Town Center Dr., Suite 1, Mills River, NC 28759

**Phone:** (828) 890-1850

**Edneyville Library,** 2 Firehouse Rd Hendersonville, NC 28792

**Phone:** (828) 685-0110

[www.hendersoncountync.gov/library](http://www.hendersoncountync.gov/library)

# Socialization

## **Henderson County Parks and Recs**

Senior Games, tai chi, kickboxing and other programs for aging adults.

**Phone:** (828) 697-4884

**Address:** 708 South Grove Street,  
Hendersonville, NC 28792

**Hours:** Mon - Fri 8:30AM to 5PM

[www.hendersoncountync.gov/  
recreation/page/senior-programs-  
athletics](http://www.hendersoncountync.gov/recreation/page/senior-programs-athletics)

## **Mills River Life Enrichment Center (MRLEC)**

MRLEC is a non-denominational outreach ministry for senior adults who are aging at home. MRLEC offers a unique place for fellowship and enjoyment. Weekly programs consist of chair exercises, blood pressure checks, magazine, book and jigsaw puzzle swap, a devotion, fellowship with others, along with a program to educate and entertain. Lunch is served after each program.

**Phone:** (828) 808-5581

**Address:**

MRLEC meets every Thursday @ 10 am in the Fellowship Hall of the Mills River United Methodist Church 137 Old Turnpike Road Mills River, NC. Lunch reservations are required.  
[millsriverumc.org/mrlec](http://millsriverumc.org/mrlec)

## **Mountain Care Adult Day**

Provides a safe and enjoyable place for aging adults where they can stay active and engaged while receiving expert care. Henderson Co. location: Add Address; Buncombe Co location: add address.

**Phone:** (828) 697-7070

**Address:** 55 North Hillside Road,  
Hendersonville, NC 28791

**Hours:** Monday – Friday

8:00AM to 5:30PM

[mountaincareservices.org/adult-care](http://mountaincareservices.org/adult-care)

## **Welcome Club of Henderson County**

The Welcome Club of Henderson County is an adult social organization whose objectives are to welcome new and current Western North Carolina residents, provide the opportunity to establish friendships through activities and events, and to support Henderson County charities.

**Hours:** See schedule online and fill out contact form for more information.  
[hcwelcomeclub.org](http://hcwelcomeclub.org)

## ■ **RECREATIONAL**

### **Henderson County Parks and Recs**

Senior Games, tai chi, kickboxing and other programs for aging adults.

**Phone:** (828) 697-4884

**Address:** 708 S Grove St,  
Hendersonville, NC 28792

**Hours:** Monday- Friday 8:30AM - 5PM

[www.hendersoncountync.gov/  
recreation/page/senior-programs-  
athletics](http://www.hendersoncountync.gov/recreation/page/senior-programs-athletics)



## YMCA

Silver Sneakers and Renew Active are health and fitness programs designed for adults 65+ that are included with many Medicare Plans. With your insurance reimbursement membership, you can enjoy membership access at participating locations. To sign up, stop by any participating location and let our team know that you're signing up for a Silver Sneakers or Renew Active. Please bring your healthcare provider ID card when you come in.

**Phone:** (828) 697-697-9622

**Address:** 810 6th Ave W,  
Hendersonville, NC 28793

**Hours:** Monday – Thursday 5:30AM – 9:00PM, Friday 5:30AM – 8:00PM, Saturday 7:00AM – 5:00PM Sunday 11:00AM – 5:00PM

[www.hendersonymca.org](http://www.hendersonymca.org)

## Salvation Army-Ageless Wonders

Meets every Thursday from 12:30pm to 2pm

**Phone:** (828) 693-4181

**Address:** 239 3rd Ave E,  
Hendersonville, NC 28792

**Hours:** Monday- Friday 9AM - 5PM  
[southernusa.salvationarmy.org/henderson-polk-transylvania](http://southernusa.salvationarmy.org/henderson-polk-transylvania)

## WARM LINES

### Social Bridging Project

Do you know or want someone to talk to? The Social Bridging Project pairs older adults who feel isolated with trained student or community volunteers who can provide one or more of the following depending on your needs including A conversation or friend check in.

**Phone:** (828) 250-2399

**Address:** 1 University Heights,  
Asheville, NC 28804

**Hours:** Mon- Fri 8am to 5pm  
[ncchw.unca.edu/what-we-do/social-bridging-nc](http://ncchw.unca.edu/what-we-do/social-bridging-nc)

### Hope Line - NC Baptist Aging Ministry

If you are 65 or older and feel isolated or lonely, North Carolina Baptist Aging Ministry wants to help. Trained staff and volunteers are ready to encourage callers with a friendly voice, a compassionate ear, and to pray with callers if desired.

**Phone:** (866) 578-4673

**Address:** 201-A Idol St,  
Thomasville, NC 27360

**Hours:** Mon- Fri 9AM to 5PM  
[onehopencbam.org](http://onehopencbam.org)

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** recreational activities, socialization, older adult clubs and activities, things to do near me, clubs to join, staying active

# Transportation

## WNC Source

Transportation for the public, elderly, and disabled, to and from medical appointments, shopping and meal sites.

**Phone:** (828) 698-8571

**Address:** 220 King Creek Blvd  
Hendersonville, NC 28792

**Hours:** Mon-Fri 8AM - 5PM  
[wncsource.org/program-services/apple-country-transportation/](http://wncsource.org/program-services/apple-country-transportation/)

## Apple Country- Bus Route

Apple Country Public Transit operates three public transit routes every Monday through Friday from 6:30AM to 7:30PM. The Red and White routes run hourly, while the Blue route runs every 90-minutes.

**Phone:** (828) 698-8571

**Address:** 526 7th Ave E.,  
Hendersonville, NC 28792

**Hours:** Mon-Fri 8AM - 4:30PM  
[www.hendersoncountync.gov/planning/page/apple-country-public-transit](http://www.hendersoncountync.gov/planning/page/apple-country-public-transit)

## Medicaid Transport

Medicaid is required to assure transportation to medical appointments for all eligible individuals who need and request assistance with transportation. Transportation will be available if the recipient receives a Medicaid covered service provided by a qualified Medicaid provider (enrolled as a NC Medicaid provider).

**Phone:** (828) 694-6161 *For scheduling of Henderson County appointments, 3 days' notice is required. For out-of-county appointments, 5 days' notice is required.*

**Address:** 1200 Spartanburg Hwy,  
Suite 300, Hendersonville, NC 28792

**Hours:** Mon-Fri 8AM - 4:30PM  
[www.hendersoncountync.gov/socialservices/page/medicaid-transportation](http://www.hendersoncountync.gov/socialservices/page/medicaid-transportation)

## HOP-Impact Health, Healthy Opportunities Pilot

For Medicaid Recipients in a Managed or Tailored Plan.

**Phone:** (828) 278-9900

**Address:** P.O. Box 5378,  
Asheville, NC 28813

**Hours:** Mon-Fri 8AM - 5PM  
[impactthehealth.org](http://impactthehealth.org)

## Uber and Lyft

Download app on smartphone and follow prompts.

## Magnet LLC

Provides wheelchair or ambulatory transportation services.

**Phone:** (828) 782-0503

**Address:** 128 Bingham Road Ste 1250,  
Asheville, NC 28806

**Hours:** Mon-Fri 7:30AM - 5PM

<https://magnetwnc.com/non-emergency-medical-transportation-services>

## Out N About

Provides wheelchair or ambulatory transportation services.

**Phone:** (828) 712-7259

**Address:** 1291 Patton Ave Asheville NC  
28806

**Hours:** Mon-Fri 9AM - 5PM

## Givens Quality Transport

Provides wheelchair or ambulatory transportation services.

**Phone:** (828) 513-3870

**Address:** 329 Signal Hill Rd  
Hendersonville, NC 28792

**Hours:** Available 24 hours

## ■ AMBULANCE & NON-EMERGENT STRETCHER TRANSPORT

### Henderson County Rescue

**Phone:** (828) 692-3487/808-1309

**Address:** 2529 Asheville Hwy.  
Hendersonville, NC 28791

**Hours:** Available 24 hours

[www.hendersoncountyrescue.org](http://www.hendersoncountyrescue.org)

## ■ TAXI SERVICES

### Henderson County Rescue

**Phone:** (828) 693-8099

**Address:** 502 S Whitted St Ste.  
Hendersonville, NC 28739

### Checker Cab

**Phone:** (828) 692-2424

**Address:** 525 S Grove St,  
Hendersonville, NC 28792

**Hours:** Mon-Sat 6AM - 6PM

**Disclaimer:** *This may not be a comprehensive list of available options in Henderson County, as they can change frequently.*

**Web Search Suggestions:** transportation  
Henderson County NC, Medicaid  
transportation, paratransit, wheelchair  
transport, transport

## Veterans

[illegible]



105 King Creek Blvd, Hendersonville NC 28792  
(828) 692-4203 | [www.mountainagingpartners.org](http://www.mountainagingpartners.org)