

CAREGIVER RESOURCES DIRECTORY

For Buncombe, Henderson, Madison & Transylvania Counties

May 2026



Taking Care of the Caregiver

Self-Care Tips

This may be the most important page of this directory. Being a caregiver can have significant health consequences if you don't take care of yourself. One reason for poor health outcomes for caregivers is lack of Self-Care and/or finding Respite so the caregiver can get a break. Here are some thoughts to get you started.

1. Ask for Help

For many of us this is not easy. We come from hardy stock and we believe asking for help is a weakness. No one person has all the skills and energy to care for someone else. Caregiver survival depends on reaching out. We are a community and caring for each other is our greatest strength. Tap into that and ask.

2. Allow Yourself to Feel

Caregiving evokes a multitude of feelings, from resentment to anger to love to grace. Letting these feelings out through talking to a good friend, going to a support group, writing or whatever works, will increase your well-being and improve your coping skills. And the less guilt you will experience. *Being kind to yourself will help you be kinder to your loved one.*

3. Take a Deep Breath

A simple thing, but one that has great power. When your loved one asks you the same question for the 10th time, experience your irritation and then let it out with a deep breath before you speak.

4. Make a Self-Care List

Create a list of all the things and people you love. Start writing down one thing you can do this week, just for yourself. List one person you can call and talk with this week. Do one thing you love. Keep making these lists.

5. Wellness Programs

Check out this Directory's Listing of Wellness Programs and consider signing up.

Who is Eligible for Family Caregiver Support Program (FCSP) Respite Grants? --
Client is the Caregiver --

ELIGIBILITY

Individuals eligible for FCSP services fall into the following categories:

- **Family caregivers of older adults** or a person of any age providing unpaid care for an older adult age 60 or older or providing care to an individual with Alzheimer's Disease or related dementia.

Note there are special eligibility requirements for some services as in the care recipient must meet the definition of frail:

1) Unable to perform at least two activities of daily living without substantial human assistance, including verbal reminding, physical cueing, or supervision. Activities of daily living are: eating, dressing, bathing, toileting, transferring into/out of bed/chair, and ambulation (walking or moving in the home without assistance).

OR

2) Due to a cognitive impairment or other behaves in a manner that poses a serious health or safety hazard to the individual or to another individual.

- **Older adults as caregivers** (also referred to as: Kinship or Grandparents Raising Grandchildren)
 - A relative caregiver (not a parent), age 55 or older, living with and raising a relative child age 18 or under
 - A relative or parent, 55 or older, living with and raising an adult child (age 19-59) with a disability

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INTRODUCTION

The Caregiver Resource Directory was created by the Area Agency on Aging (AAA) at Land of Sky to connect caregivers of older adults with resources that can support them in their caregiving role. This directory includes local, state, and national private, nonprofit, and government organizations serving North Carolina Region B, which includes Buncombe, Henderson, Madison, and Transylvania Counties.

Hours of operation, locations and meeting dates are often omitted because they may change frequently. When this information is included, we recommend contacting the organization directly to confirm current details. This directory is not intended to be a comprehensive list of all available resources in the area and does not constitute endorsement, recommendation, or favoritism of any organization or entity by the AAA.

Area Agency on Aging at Land of Sky is one of over 600 AAAs nationwide authorized by the federal Older Americans Act (OAA) to address the needs of older adults. The AAA is a regional leader and catalyst in supporting older adults to lead more independent, vibrant lives.

AAA at Land of Sky offers:

- **Family Caregiver Support Services** - Provides services for family members or friends who care for a frail older person and to older relatives who are the primary caregivers of someone age 18 or younger.
- **Foster Grandparent Program** - Connects volunteers 55+ with at-risk children in schools, childcare centers, and Head Start programs.
- **Health Promotion and Disease Prevention** - Offers programs designed to keep community members healthy and active, with a focus on managing chronic health issues and preventing falls
- **Long Term Care Ombudsman** - Uses advocacy, conciliation, and mediation to assure the rights of people living in long term care settings are honored.
- **Monitoring and Quality Assurance** - Ensures quality aging services are being provided as intended by the Older Americans Act in Region B by providing day-to-day support and guidance to aging service providers and by performing periodic in-depth reviews of the aging service programs they offer.
- **Project C.A.R.E. (Caregiver Alternatives to Running on Empty)** - Assists caregivers of people with dementia by providing a Family Consultant to help resolve caregiving issues.
- **Regional and County Aging Planning** - Coordinates long-range planning for older adult and caregiver needs in our region.
- **Senior Companion Program** - Involves volunteers ages 55+ in supportive services to keep older adults living independently at home.
- **Senior Tar Heel Legislature** - Provides information to older adults on the legislative process and matters being considered by the North Carolina General Assembly.

ADULT DAY & ACTIVITY PROGRAMS

DayStay Social Club at Hominy Baptist Church

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 665-1575
- **Email:** daystayashevillenc@gmail.com
- **Address:** Hominy Baptist Church, 135 Candler School Rd., Candler, NC 28715
- **Website:** <https://hominybaptist.com/daystay>
- **Services:** Daytime supervision, meals, and activities for older adults

Irene Wortham Center

- **Service Area:** WNC
- **Phone:** (828) 274-7518
- **Email:** info@iwenc.org
- **Address:** 916 W. Chapel Rd., Asheville, NC 28803
- **Website:** <https://www.ireneworthamcenter.org/adult-day-activity>
- **Services:** Support for adults with intellectual and developmental disabilities

Elderflower Community

- **Service Area:** WNC, located in Henderson
- **Phone:** (828) 222-2082, (708) 691-3253
- **Email:** connect@elderflowercommunity.org
- **Address:** 1611 Charlotte Hwy., Fairview, NC 28730
- **Website:** <https://www.elderflowercommunity.org/>
- **Services:** Socialization and peer support for older adults

Marshall Senior Center

- **Service Area:** Madison
- **Address:** 462 Long Branch Rd., Marshall, NC
- **Phone:** (828) 649-0722
- **Website:** <https://www.madisoncountync.gov/community-services.html>
- **Services:** Socialization center for adults 60+ (4 days/week)

Faye's Place (Jewish Family Services)

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 253-2900
- **Email:** info@jfswno.org
- **Address:** 20 Fall Phippen Lane, Suite 202, Asheville, NC 28803
- **Website:** <https://jfswno.org/services-and-programs/fayes-place/>
- **Services:** Socialization and peer support for older adults

Mountain Aging Partners

- **Service Area:** Henderson & Buncombe
- **Phone:** (828) 697-7070 (Henderson), (828) 277-3399 (Buncombe)
- **Email:** connect@mapnc.org
- **Address:** 105 King Creek Blvd., Hendersonville, NC 28792, 5 Oak St., Asheville, NC 28801
- **Website:** <https://www.mountainagingpartners.org/>
- **Services:** Adult day care program

ADULT DAY & ACTIVITY PROGRAMS

Silvermont Senior Center

- **Service Area:** Transylvania
- **Phone:** (828) 884-3166
- **Email:**
brenda.skeffington@transylvaniacounty.org
- **Address:** 1078 Ecusta Rd., Brevard, NC 28712
- **Website:**
<https://tcpr.recdesk.com/Community/Page?pageId=19058>
- **Services:** Senior center offering social and recreational activities

ALZHEIMER'S DESEASE & RELATED DEMENTIA

Alzheimer's Association – WNC Chapter

- **Service Area:** WNC
- **Phone:** (828) 254-0143, (980) 498-7760
- **Email:** Deborah McMillan-Key, dmkey@alz.org, Denise Young, dyoung@alz.org
- **Address:** 4600 Park Rd., Suite 250, Charlotte, NC 28209
- **Website:** <https://www.alz.org/northcarolina>
- **Services:** Support groups, education, caregiver hotline

Dementia Friendly WNC

- **Service Area:** WNC
- **Phone:** (828) 820-2080
- **Email:** dementiafriendlywnc@gmail.com
- **Website:** <https://dementiafriendlywnc.org/>
- **Services:** Community education and social engagement for individuals with dementia and their families

Black Mountain Neuro-Medical Treatment Center

- **Service Area:** WNC
- **Phone:** (828) 259-6945, (828) 259-6704
- **Email:** bmntc.info@dhhs.nc.gov
- **Address:** 932 Old U.S. 70 Hwy, Black Mountain, NC 28711
- **Website:** <https://www.ncdhhs.gov/divisions/state-operated-healthcare-facilities/facilities/neuro-medical-treatment-centers#BlackMountainNeuro-MedicalTreatmentCenter-5037>
- **Services:** State-operated skilled nursing facility (CMS-certified)

MemoryCare

- **Service Area:** WNC
- **Phone:** (828) 771-2219
- **Email:** office@memorycare.org
- **Address:** SECU Center for MemoryCare, 100 Far Horizons Lane, Asheville, NC 28803
- **Website:** <https://memorycare.org/about-us/>
- **Services:** Support for caregivers of individuals with cognitive impairment

Dementia Alliance of North Carolina

- **Service Area:** North Carolina
- **Phone:** (919) 832-3732
- **Email:** info@DementiaNC.org
- **Address:** 9131 Anson Way, Suite 206, Raleigh, NC 27615
- **Website:** <https://dementianc.org/>
- **Services:** Education and support for individuals and caregivers

Project C.A.R.E. (Caregiver Alternatives to Running on Empty) Land of Sky Regional Council

- **Service Area:** WNC
- **Phone:** (828) 251-7432
- **Email:** Nancy Hogan, nancy@landofsky.org
- **Address:** 339 New Leicester Hwy., Suite 140, Asheville, NC 28806
- **Website:** <https://www.landofsky.org/projectcare.html>
- **Services:** Support for caregivers of individuals with Alzheimer's disease or related dementia

CAREGIVER & HOME HEALTH SERVICES

A Blessed Life Elder Care

- **Service Area:** WNC
- **Phone:** (828) 276-2449
- **Location:** Canton
- **Website:**
<https://ablessedlifeeldercare.com/about-us>
- **Services:** Care management, planning, and caregiving

Aging Life Care

- **Service Area:** WNC
- **Phone:** (520) 881-8008
- **Email:** info@aginglifecare.org
- **Address:** 3275 W. Ina Road, Suite 130, Tucson, AZ 85741
- **Website:** <https://www.aginglifecare.org/>
- **Services:** Professional membership organization of aging life care professionals

A New Hope Home Care

- **Service Area:** WNC
- **Phone:** (828) 255-4446
- **Email:** info@anewhopehomecare.com
- **Address:** 701 Merrimon Ave., Asheville, NC 28804
- **Website:** <https://www.anewhopehomecare.com/>
- **Services:** Skilled nursing, therapy, social work, and home health aide support

All Ways Caring Home Care

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 536-0628
- **Address:** 1328 Patton Avenue, Unit C, Asheville, NC 28806
- **Website:**
<https://www.allwayscaring.com/location/all-ways-caring-homecare-asheville-north-carolina/>
- **Services:** Skilled nursing, therapy, social work, respite and home health aide support

AdventHealth

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 687-5261
- **Address:** 895 Howard Gap Road, Fletcher, NC 28732
- **Website:** <https://www.adventhealth.com/our-services/home-health>
- **Services:** Skilled nursing, therapies and home health aide

Always Best Care

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 676-2939
- **Email:** abcwncinfo@abc-seniors.com
- **Address:** 3 Underwood Rd., Suite J, Fletcher, NC 28732
- **Website:** <https://alwaysbestcare.com/asheville/>
- **Services:** Respite and companion care

CAREGIVER & HOME HEALTH SERVICES

Asheville Home Health

- **Service Area:** Buncombe Henderson & Madison
- **Phone:** (828) 676-6176
- **Email:** info@ashevillehomehealth.com
- **Address:** 417 Biltmore Avenue, Suite 5D, Asheville, NC
- **Website:** <https://www.ashevillehomehealth.com>
- **Services:** Nursing and companion care

BrightStar Care

- **Service Area:** WNC
- **Phone:** (828) 367-6573
- **Address:** 1340F Patton Ave., Asheville, NC 28806
- **Website:** <https://www.brightstarcare.com/locations/asheville/>
- **Services:** Nursing and companion care, and physical therapy

Bayada Home Health Care

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 667-3200
- **Address:** 1200 Ridgefield Blvd., Asheville, NC 28806
- **Website:** <https://www.bayada.com>
- **Services:** Skilled nursing

Buncombe County Social Services

- **Service Area:** Buncombe
- **Phone:** (828) 250-5800
- **Address:** 40 Coxe Ave, Asheville, NC 28802
- **Website:** <https://www.buncombenc.gov/474/Aging-Adult-Services>

Big Hearts Big Smiles

- **Service Area:** Buncombe, Henderson, Transylvania
- **Phone:** (828) 388-6392, (828) 582- 4512
- **Email:** info@bhbsmiles.com
- **Address:** 82 Johnnie Washington Dr, Hendersonville, NC, 28726
- **Website:** <https://www.bhbsmiles.com/about-us>
- **Services:** Respite and companion care

CarePartners (PACE)

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 277-4800, (800) 627-1533, (828) 213-8442
- **Address:** 286 Overlook Rd., Asheville, NC 28803
- **Website:** <https://www.missionhealth.org/locations/carepartners/specialties/home-health>
- **Services:** Skilled nursing, therapy, social work, and aide support, accepts Medicaid, Medicare & private pay

CAREGIVER & HOME HEALTH SERVICES

CenterWell Home Health

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 298-1370, (844) 438-2330
- **Address:** 9 Olde Eastwood Village Blvd., Asheville, NC 28803
- **Website:**
<https://www.centerwellhomehealth.com/about-us/find-care-near-you/h153/centerwell-home-health-asheville>
- **Services:** Skilled nursing, therapy, social work, and aide support

Enhabit Home Health & Hospice

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 659-6901
- **Email:** kendra.gussey@ehab.com
- **Address:** 70 N Main St., Suite 3, Marion, NC 28752
- **Website:**
<https://www.enhabit.com/location/mcd-marion-nc/>
- **Services:** Skilled nursing and therapy

Comfort Keepers

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 687-1199
- **Email:** asheville@comfortkeepers.com
- **Address:** 450 Airport Rd., Fletcher, NC 28732
- **Website:** <https://www.comfortkeepers.com>
- **Services:** Respite and companion care

Four Seasons Home Care

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 692-6178, (866) 466-9734
- **Email:** refer4care@fourseasonscfl.org
- **Address:** 571 South Allen Rd., Flat Rock, NC 28731
- **Website:** <https://fourseasonscare.org/our-services/home-care/>
- **Services:** Hospice, palliative care, and individualized home care

Coram Healthcare (CVS Specialty)

- **Phone:** (800) 423-1411
- **Website:** <https://www.cvsspecialty.com/manage-medications-therapy/coram/contact.html>
- **Services:** Infusion care

Geaux Girl

- **Service Area:** Buncombe
- **Phone:** (828) 335-9816
- **Address:** PO Box 6844, Asheville, NC 28816
- **Website:** <https://geauxgirl.com/retirement-and-elderly>
- **Services:** Assistance with home and tasks

CAREGIVER & HOME HEALTH SERVICES

Griswold Home Care

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 348-0988
- **Email:** kendall.camarena@griswoldcare.co
- **Address:** 755 Cane Creek Rd., Fletcher, NC 28739
- **Website:**
<https://www.griswoldcare.com/asheville/>
- **Services:** Companionship, caregiver respite and home care

Home Helpers

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 373-8609
- **Address:** 550 Fleming St., Hendersonville, NC 28739
- **Website:** <https://homehelpershomecare.com>
- **Services:** Companionship, caregiver respite and home care

Henderson County Social Services

- **Service Area:** Henderson
- **Phone:** (828) 694-6241
- **Address:** 1200 Spartanburg Hwy., Hendersonville, NC 28792
- **Website:**
<https://www.hendersoncountync.gov/socialservices/page/home-services>
- **Services:** Assistance with in-home services resources

Home Instead Senior Care

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 528-8199
- **Address:** 1550 Hendersonville Rd., #206 Asheville, NC 28803
- **Website:** <https://www.homeinstead.com/home-care/usa/nc/>
- **Services:** Companionship, caregiver respite and home care, end-of-life care

Holistic Elder Services

- **Service Area:** Henderson
- **Phone:** (484)459-3118
- **Email:** karen@holisticelderservices.com
- **Address:** 20 Tall Pines Rd., Hendersonville, NC 28739
- **Website:**
<https://www.holisticelderservices.com/site/about-karen-wolfrom/>
- **Services:** Advocacy, medication management, resource locator

Madison Home Health and Hospice

- **Service Area:** Madison
- **Phone:** (828) 649-2705
- **Address:** 590 Medical Park Dr., Marshall, NC 28753
- **Website:** <https://www.hotspringshealth-nc.org/our-services/home-care-and-hospice>
- **Services:** Nonprofit, skilled nursing, therapy, social work, and aide support

CAREGIVER & HOME HEALTH SERVICES

Maxim Healthcare

- **Service Area:** Buncombe
- **Phone:** (828) 299-4388
- **Email:** Ashevillehomecare-163@maxhealth.com
- **Address:** 300 Ridgefield Ct., Suite 312, Asheville, NC 28806
- **Website:** <https://www.maximhealthcare.com/maxim-healthcare-locations/asheville-nc-regional-office/>
- **Services:** Nonprofit, skilled nursing, therapy, social work, and aide support

Pardee Home Care

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 692-1846
- **Address:** 800 N. Justice St., Hendersonville, NC 28791
- **Website:** <https://www.pardeehospital.org/care-treatment/home-health/>
- **Services:** Skilled nursing, therapy, social work, and aide support

Mountain Area Premier Care Navigation (Lisa Laney & Associates)

- **Service Area:** WNC
- **Phone:** (828) 772-0002
- **Email:** info@premiercarenavigation.com
- **Address:** 659 Kimberly Ave., Asheville, NC 28804
- **Website:** <https://premiercarenavigation.com>
- **Services:** Advocacy

Senior Companion Program (Land of Sky Regional Council)

- **Service Area:** Buncombe, Henderson & Madison
- **Phone:** (828) 251-7443 ext. 1107
- **Email:** deeh@landofsky.org
- **Address:** 339 New Leicester Hwy., Suite 140, Asheville, NC 28806
- **Website:** <https://www.landofsky.org/scp.html>
- **Services:** Companionship and support through AmeriCorps volunteers

NC Healthcare Management System

- **Service Area:** WNC
- **Phone:** (828) 500-9205
- **Email:** paula@ncgcm.net
- **Address:** 1238 Hendersonville Rd., Suite 101, Asheville, NC 28803
- **Website:** <https://ncgcm.net/>
- **Services:** Advocacy

Seniors Helping Seniors

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 236-0662
- **Address:** 82 Patton Ave., Suite 203, Asheville, NC 28801
- **Website:** <https://locations.seniorshelpingseniors.com/nc/asheville/care-services-190.html>
- **Services:** Companion care, caregiver respite and home care

CAREGIVER & HOME HEALTH SERVICES

Visiting Angels

- **Service Area:** WNC
- **Phone:** (828) 665-3944, (828) 537-8428
- **Address:** 24 Sardis Rd., #H-1, Asheville, NC 28806
- **Website:**
<https://www.visitingangels.com/asheville/home>

WNC Senior Sitting, LLC

- **Service Area:**
- **Phone:** (828) 775-2202
- **Email:** wncseniorsitting@gmail.com
- **Address:** 28 Heritage Park Dr., Fletcher, NC 28792
- **Website:** <https://www.wncseniorsitting.com/>
- **Services:** Companion care, caregiver respite and home care

DENTAL SERVICES

A-B Tech Allied Dental Clinic

- **Service Area:** WNC
- **Phone:** (828) 398-7255
- **Address:** 10 Genevieve Cir., Asheville, NC 28801
- **Website:** <https://abtech.edu/dentalclinic>
- **Services:** Reduced-cost cleaning, periodontal cleaning, and digital dental radiographs. Screening required to qualify

Blue Ridge Health – Stokes Dental

- **Service Area:** WNC
- **Phone:** (828) 692-4289
- **Email:** info@BRCHS.com
- **Address:** 2595 Chimney Rock Rd., Hendersonville, NC 28792
- **Website:**
 - <https://www.brchs.com/services/dentistry/>
 - <https://www.brchs.com/locations/blue-ridge-health-stokes-dental-center/>
- **Services:** General dental services

ABCCM Dental Clinic (Asheville Buncombe Community Christian Ministry)

- **Service Area:** Buncombe
- **Phone:** (828) 259-5339
- **Email:** medical@abccm.org
- **Address:** 155 Livingston St., Asheville, NC 28801
- **Website:** <https://www.abccm.org/ministry-services/medical-ministry/>
- **Services:** Nonprofit dental services; call Monday after 9 AM to schedule

Dental Lifeline Network

- **Service Area:** North Carolina
- **Phone:** (919) 677-9001
- **Email:** chebert@dentallifeline.org
- **Address:** PO Box 1654, Cary, NC 27512
- **Website:** <https://dentallifeline.org/north-carolina/>
- **Services:** One-time dental care for individuals 65+ or permanently disabled (application required; no emergency services)

Blue Ridge Health – Brevard Health Center

- **Service Area:** Transylvania
- **Phone:** (828) 883-5550
- **Address:** 29 W. French Broad St., Suite 203, Brevard, NC 28712
- **Website:** <https://www.brchs.com/services/dentistry/>
- **Services:** General dental services

MAHEC Dental Health Center (Mountain Area Health Education Center)

- **Service Area:** WNC
- **Phone:** (828) 252-4290
- **Address:** 123 Hendersonville Rd., Asheville, NC 28803
- **Website:** <https://mahec.net/dental/asheville>
Services: Sliding-scale dental care; residency training clinic (new patients call first Friday of the month)

DENTAL SERVICES

S.O.S. Senior Oral Health Services

- **Service Area:** Buncombe, Henderson, Madison, Transylvania
- **Phone:** (828) 775-2180
- **Email:** info@sosavl.com
- **Address:** PO Box 901, Fairview, NC 28730
- **Website:** <https://www.sosavl.com/>
- **Services:** On-site preventive oral care for dependent adults, including those with cognitive or physical impairments

Zoe Dental – Servants of Smiles

- **Service Area:** Buncombe
- **Phone:** (828) 274-1616
- **Email:** info@servantsofsmiles.com
- **Address:** 10-A Yorkshire St., Asheville, NC 28803
- **Website:** <https://zoedental.com/>
- **Services:** Periodic free dental care to those in need

Western North Carolina Community Health Services (WNCCHS)

- **Service Area:** WNC
- **Phone:** (828) 285-0622
- **Email:** info@wncchs.org
- **Address:** Minnie Jones Health Center, 257 Biltmore Ave., Asheville, NC 28801
- **Website:** <https://www.wncchs.org/dental>
- **Services:** Comprehensive dental services on a sliding-scale basis. Urgent dental care services

DRIVING EVALUATIONS

UNC Health Blue Ridge – Driver Evaluation Program

- **Phone:** (828) 580-6816
- **Location:** Morganton, NC
- **Website:** <https://www.unchealthblueridge.org>
- **Services:** Driver safety evaluations and training

FOOD & NUTRITION RESOURCES

Asheville Buncombe Community Christian Ministry (ABCCM)

- **Service Area:** Buncombe County
- **Phone:** (828) 259-5300
- **Address:** 1845 Brevard Rd., Arden, NC 28704
- **Website:** <https://www.abccm.org/>
- **Services:** Food pantries in multiple locations (Weaverville, Candler, Arden, Asheville)

Caja Solidaria

- **Service Area:** Henderson
- **Phone:** (828) 290-9717
- **Addresses:**
 - 75 Bryson Rd., Mills River, NC
 - 284 Railroad Ave., Brevard, NC
- **Website:** <https://www.cajasolidaria.org/order-your-food>
- **Services:** Subsidized food market (confirm details)

Big Ivy Community Center

- **Service Area:** Buncombe
- **Phone:** (828) 626-3438
- **Address:** 540 Dillingham Rd., Barnardsville, NC 28709
- **Website:** <https://www.bigivy.net/events-1>
- **Services:** Food pantry (call for hours)

Calvary Chapel of Asheville

- **Service Area:** Buncombe
- **Phone:** (828) 891-4137
- **Address:** 5516 Boylston Hwy., Mills River, NC 28759
- **Website:** <https://www.calvarychapelasheville.org>
- **Services:** Food distribution (Wednesdays 10 AM–2 PM)

Bounty & Soul

- **Service Area:** Buncombe
- **Phone:** (828) 419-0533, (828) 585-7835
- **Email:** info@bountyandsoul.org
- **Address:** 999 Old US Hwy 70 W, Black Mountain, NC 28711
- **Website:** <https://bountyandsoul.org/>
- **Services:** Produce markets for individuals experiencing food insecurity

Calvary Food Pantry

- **Service Area:** Henderson
- **Phone:** (828) 684-6266
- **Email:** foodpantry@calvaryfletcher.org
- **Address:** 2840 Hendersonville Rd., Fletcher, NC 28732
- **Website:** <https://www.calvaryfletcher.org/about-our-pantry>
- **Services:** Food pantry (Saturdays 8–11 AM)

FOOD & NUTRITION RESOURCES

Catholic Charities

- **Service Area:** Buncombe
- **Phone:** (828) 255-0146
- **Address:** 50 Orange St., Asheville, NC 28801
- **Website:** <https://ccdnc.org>
- **Services:** Food pantry (Wednesdays 11–1; appointment required)

Etowah United Methodist Church – Fishes & Loaves Pantry

- **Service Area:** Henderson
- **Phone:** (828) 891-4360
- **Address:** 110 Brickyard Rd., Etowah, NC 28729
- **Website:** <https://etowahumc.org/fishes-and-loaves-food-pantry>
- **Services:** Food pantry (Saturdays, except last of month)

Community Food Pantry

- **Service Area:** Henderson
- **Phone:** (828) 642-4749
- **Address:** 3685 Chimney Rock Rd., Hendersonville, NC 28792
- **Website:** <https://www.communityfoodpantrync.com/>
- **Services:** Food pantry (Mon & Thurs 2–9:30 PM)

Food for Fairview

- **Service Area:** Buncombe
- **Phone:** (828) 628-4322
- **Address:** Fairview Elementary School, 1357 Charlotte Hwy., Fairview, NC
- **Website:** <https://www.foodforfairview.org>
- **Services:** Food pantry (Mondays 3:30–6 PM)

Council on Aging – Homebound Food Delivery

- **Service Area:** Buncombe
- **Phone:** (828) 277-8288
- **Email:** info@coabc.org
- **Website:** <https://www.coabc.org/programs/homebound-food-delivery/>
- **Services:** Meal delivery for homebound adults 60+ (assessment required)

Foster Memorial Seventh-day Adventist Church

- **Service Area:** Buncombe
- **Phone:** (828) 274-2014
- **Email:** info@fosterchurch.com
- **Address:** 375 Hendersonville Rd., Asheville, NC 28803
- **Website:** <https://www.fosterchurch.com>
- **Services:** Breakfast (Tuesdays) and monthly food distribution

FOOD & NUTRITION RESOURCES

Givens Communities – Welcome Table

- **Service Area:** WNC (multiple locations)
- **Phone:** (828) 274-4800
- **Email:** info@givenscommunities.org
- **Website:** https://givenscommunities.org/wp-content/uploads/2022/05/GC-Welcome_Tables.pdf
- **Services:** Community meals and programs (see schedule online)

Interfaith Assistance Ministry

- **Service Area:** Henderson
- **Phone:** (828) 697-7029
- **Email:** interfaith@iam-hc.org
- **Address:** 310 Freeman St., Hendersonville, NC 28792
- **Website:** <https://www.iam-hc.org/mobile-pantry>
- **Services:** Weekly food distribution for families

Henderson County Department of Public Health WIC (Women Infants and Children)

- **Service Area:** Henderson
- **Phone:** (828) 692-4223 ext. 5
- **Address:** 1200 Spartanburg Hwy., Suite 100, Hendersonville, NC
- **Website:** <https://www.hendersoncountync.gov/health/page/nutrition-wic>
- **Services:** WIC program and nutrition counseling

Land of Sky – Congregate Nutrition Sites

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 251-6622
- **Email:** info@landofsky.org
- **Address:** 339 New Leicester Hwy., Asheville, NC 28806
- **Website:** <https://www.landofsky.org/nutritionsites.html>
- **Services:** List of congregate meal sites

Henderson County Rescue Mission

- **Service Area:** Henderson
- **Phone:** (828) 697-1354
- **Address:** 639 Maple St., Hendersonville, NC 28793
- **Website:** <https://www.hendersonvillerescuemission.org/>
- **Services:** Meals and shelter

Love's Kitchen – First Baptist Church

- **Service Area:** Henderson
- **Phone:** (828) 693-3493
- **Address:** 312 5th Ave. W., Hendersonville, NC 28739
- **Website:** <https://fbchnc.org/ministries>
- **Services:** Free meal (Thursday evenings)

FOOD & NUTRITION RESOURCES

Loving Food Resources

- **Service Area:** WNC
- **Phone:** (828) 255-9282
- **Address:** P.O. Box 25142, Asheville, NC 28813
- **Website:** <https://www.lovingfood.org/>
- **Services:** Food delivery for individuals with HIV/AIDS, hospice, and others in need

Meals on Wheels – Buncombe County

- **Service Area:** Buncombe
- **Phone:** (828) 253-5286
- **Address:** 146 Victoria Rd., Asheville, NC 28801
- **Website:** <https://www.mowabc.org/>
- **Services:** Meal delivery for homebound adults, congregate meals

MANNA Food Bank

- **Service Area:** WNC
- **Phone:** (800) 820-1109 | (828) 299-3663 | Helpline (828) 290-9749
- **Address:** 99 Broadpointe Dr., Mills River, NC 28759
- **Website:** <https://mannafoodbank.org/>
- **Services:** Food distribution, SNAP assistance, resource navigation

Mountain Aging Partners (MAP), Meals on Wheels & Community Dining

- **Service Area:** Henderson
- **Phone:** (828) 692-4203
- **Email:** connect@mapnc.org
- **Address:** 105 King Creek Blvd., Hendersonville, NC 28792
- **Website:** <https://www.mountainagingpartners.org/henderson-on-county-services>
- **Services:** Home-delivered meals and socialization for registered participants

Meals on Wheels – Brevard

- **Service Area:** Transylvania
- **Phone:** (828) 883-3743
- **Address:** PO Box 485, Brevard, NC 28712
- **Website:** <https://www.mealsonwheelsbrevard.org/>
- **Services:** Home delivered meals and wellness checks

Providing Elders with Additional Sustenance (PEAS)

- **Service Area:** NC
- **Phone:** 828) 251-6622
- **Email:** zack@landofsky.org
- **Address:** 339 New Leicester Hwy., Asheville, NC 28806
- **Website:** <https://www.landofsky.org/aaa.html>
- **Services:** Monthly food box delivery

FOOD & NUTRITION RESOURCES

Salvation Army

- **Service Area:** Henderson & Buncombe
- **Phone:** Henderson (828) 693-4181, Buncombe 828-253-4723
- **Email:** HendersonvilleNC@uss.salvationarmy.org, AshevilleNC@uss.salvationarmy.org
- **Address:** 239 3rd Ave. E., Hendersonville, NC 28792, 744 Haywood Road Asheville, NC 28806
- **Website:** <https://southernusa.salvationarmy.org>
- **Services:** Food pantry (check schedule)

SNAP (Supplemental Nutrition Assistance Program)

- **Service Area:** United States
- **Phone:** (866) 719-0141, MANNA (828) 290-9749
- **Website:** <https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps>
- **Services:** Food assistance program (apply online or through DSS) or MANNA Food Bank will assist with application

Sandy Mush Community Food Pantry

- **Service Area:** Buncombe
- **Phone:** (828) 515-4474
- **Email:** sandymushfoodpantry@gmail.com
- **Address:** 19 School Rd., Leicester, NC 28748
- **Website:** <https://sandymushcommunitycenter.org>
- **Services:** TEFAP food boxes for eligible households

Swannanoa Valley Christian Ministry

- **Service Area:** Buncombe
- **Phone:** (828) 669-9404
- **Address:** 101 N. Ridgeway Ave., Black Mountain, NC 28711
- **Website:** <https://www.svcblackmountain.org>
- **Services:** Food pantry

Senior Center & Nutrition Sites-Madison

- **Service Area:** Madison
- **Phone:** (828) 649-0722
- **Email:** charris@madisoncountync.gov
- **Address:** 462 Long Branch Rd., Marshall, NC
- **Website:** <https://www.madisoncountync.gov/nutrition-sites.html>
- **Services:** Hot meals and home-delivered meals, seven nutrition sites for hot meals and socialization. Call for reservation.

The Storehouse

- **Service Area:** Henderson
- **Phone:** (828) 692-8300
- **Email:** LindaD@StorehouseOnline.org
- **Address:** 2313 Spartanburg Hwy., East Flat Rock, NC 28726
- **Website:** <https://www.storehouseonline.org/>
- **Services:** Appointment-based food pantry

FOOD & NUTRITION RESOURCES

United Way of Asheville & Buncombe County

- **Service Area:** Buncombe
- **Phone:** 211 or text “211Food” to 51555
- **Address:** 50 S. French Broad Ave., Asheville, NC 28801
- **Website:** <https://www.unitedwayabc.org/food-resources>
- **Services:** Connection to food resources

WNCSource Community Service

- **Service Area:** Transylvania
- **Phone:** (828) 693-1711
- **Address:** 220 King Creek Blvd., Hendersonville, NC 28792
- **Website:** <https://wncsource.org/program-services/older-adult-services/>
- **Services:** Ensure nutrition supplement program, congregate meals

Western Carolina Rescue Ministries

- **Service Area:** Asheville
- **Phone:** (828) 254-0471
- **Email:** faithlyn@westerncarolinarescue.org
- **Address:** 225 Patton Ave., Asheville, NC 28801
- **Website:** <https://westerncarolinarescue.org>
- **Services:** Daily meals for the public

YMCA Food Programs

- **Service Area:** Buncombe, Henderson & Madison
- **Phone:** (828) 775-7081
- **Website:** <https://www.ymcawnc.org/programs/community/food-programs>
- **Services:** Mobile food markets (open to all)

HEARING

AdventHealth (Audiology Services)

- **Service Area:** WNC
- **Phone:** (828) 650-8048
- **Address:** 80 Doctors Dr., Hendersonville, NC 28792
- **Website:**
<https://www.adventhealth.com/hospital/adventhealth-hendersonville/our-services/audiology>
- **Services:** Diagnosis, treatment, and testing for hearing impairment (multiple locations; see website for details)

ClearCaptions

- **Service Area:** Nationwide
- **Phone:** (866) 996-1498
- **Website:** <https://clearcaptions.com/how-it-works/>
- **Services:** Real-time captioned phone calls for individuals with hearing impairment (free for eligible users)

CaptionCall

- **Service Area:** Nationwide
- **Phone:** (888) 309-0632
- **Website:** <https://sorenson.com/captioncall/>
- **Services:** Real-time captioned phone calls for individuals with hearing impairment (free for eligible users)

NC Division of Independent Living for People with Disabilities

- **Service Area:** North Carolina
- **Phone:** (919) 855-3500
- **Video Phone:** (919) 324-1500
- **TTY:** (919) 855-3579
- **Website:**
<https://www.ncdhhs.gov/divisions/employment-and-independence-people-disabilities/independent-living-people-disabilities>
- **Services:** Independent living support and disability services

CarePartners (PACE)

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 277-4800, (800) 627-1533, (828) 213-8442
- **Address:** 58 Sweeten Creek Rd., Asheville, NC 28803
- **Website:**
<https://www.missionhealth.org/locations/carepartners-pace>

NC Relay Center (7-1-1)

- **Service Area:** North Carolina
- **Phone:** (833) 250-2784
- **Voice:** (800) 735-0533, (800) 735-0341
- **Email:** captioning@t-mobile.com
- **Website:** <https://relaync.com/>
- **Services:** Relay services to assist communication for individuals with hearing impairment

North Carolina Services for the Deaf and Hard of Hearing

- **Service Area:** WNC
- **Phone:** (828) 365-7800
- **Video Phone:** (828) 333-5830
- **TTY:** (828) 365-7818
- **Address:** 12 Barbetta Dr., Asheville, NC 28806
- **Website:**
<https://www.ncdhhs.gov/divisions/services-deaf-and-hard-hearing-dsdhh/regional-centers-deaf-and-hard-hearing>
- **Services:** Support and resources for individuals who are deaf or hard of hearing

HOME REPAIRS & RAMPS

American Red Cross

- **Service Area:** NC
- **Website:** <https://www.redcross.org/get-help/disaster-relief-and-recovery-services.html>
- **Services:** Provides disaster relief and recovery services, including some home repair assistance

First Baptist Hendersonville

- **Service Area:** Henderson
- **Phone:** (828) 693-3493
- **Email:** woodk@fbchnc.org
- **Address:** 312 5th Ave West, Hendersonville, NC 28739
- **Website:** <https://fbchnc.org/>

Asheville Area Habitat for Humanity

- **Service Area:** Buncombe & Madison
- **Phone:** (828) 251-5702
- **Address:** 33 Meadow Rd., Asheville, NC 28803
- **Website:** <https://www.ashevillehabitat.org/housing-programs/home-repair/>

Habitat for Humanity – Henderson County

- **Service Area:** Henderson
- **Phone:** (828) 694-0340
- **Address:** 1111 Keith St, Hendersonville, NC 28792
- **Website:** <https://www.habitat-hvl.org/programs/home-repair/>

Asheville Regional Coalition for Home Repair (ARCHR)

- **Service Area:** Buncombe & Madison
- **Phone:** (828)-407-4380
- **Website:** <https://www.archr.live/>

Habitat for Humanity – Transylvania County

- **Service Area:** Transylvania
- **Phone:** (828) 884-3464 ext. 3
- **Email:** info@transylvaniahabitat.org
- **Address:** 692 Ecusta Road, Brevard, NC 28712
- **Website:** <https://transylvaniahabitat.org/critical-home-repair/>

HOME REPAIRS & RAMPS

Housing Assistance Corporation

- **Service Area:** Henderson & Transylvania
- **Phone:** (828) 692-4744
- **Email:** info@housing-assistance.com
- **Address:** 214 N King St., Hendersonville, NC 28792
- **Website:** <https://www.housing-assistance.com/home-repair>

NC Division of Independent Living – Dept. of Health and Human Services

- **Service Area:** NC
- **Address:** 2001 Mail Service Center, Raleigh, NC 27699-2000
- **Website:** <https://www.ncdhhs.gov/divisions/aging/housing-and-home-improvement-assistance>

Mountain Housing Opportunities

- **Service Area:** Buncombe
- **Phone:** (828) 254-4030
- **Email:** info@mtnhousing.org
- **Address:** 53 South French Broad Avenue, Suite 100, Asheville, NC 28801
- **Website:** <https://mtnhousing.org/services/essential-home-repair/>

North Carolina Baptist Aging Ministry

- **Service Area:** NC
- **Phone:** (877) 506-2226
- **Address:** 201-A Idol Street, Thomasville, N 27360
- **Website:** <https://ncbam.org>
- **Services:** Ramps

Mud Creek Baptist Church

- **Service Area:** Henderson
- **Phone:** (828) 692-1262
- **Email:** info@mudcreekchurch.org
- **Address:** 403 Rutledge Drive, Hendersonville, NC 28739
- **Website:** <https://www.mudcreekchurch.org>

Swannanoa Valley Christian Ministry – Hammer & Heart

- **Service Area:** Buncombe
- **Phone:** (828) 669-9404
- **Address:** 101 N. Ridgeway Ave., Black Mountain, NC 28711
- **Website:** <https://www.svcmbblackmountain.org>

HOMEBOUND LIBRARY SERVICES

Buncombe County Library

- **Service Area:** Buncombe
- **Address:** visit website for locations
- **Website:**
<https://www.buncombenc.gov/236/Find-a-Branch>
- **Services:** Provides free home delivery service to residents unable to come to the library due to health, mobility, or disability barriers.

Madison County Library

- **Service Area:** Madison
- **Phone:** (828) 649-3741 (Marshall branch), (828) 689-5183 (Mars Hill branch)
- **Website:** <https://www.madisoncountylibrary.net>
- **Services:** Contact library to determine home delivery service possibilities.

Henderson County Library

- **Service Area:** Henderson
- **Phone:** (828) 697-4725 ext. 2331
- **Email:**
crowe@hendersoncountync.gov; skowalak@hendersoncountync.gov
- **Website:**
<https://www.hendersoncountync.gov/library/page/homebound-services>
- **Services:** Provides free home delivery service to residents unable to come to the library due to health, mobility, or disability barriers. On-line application available

Transylvania County Library

- **Service Area:** Transylvania
- **Phone:** (828) 884-3151 ext. 6
- **Address:** 212 S Gaston St, Brevard, NC 28712
- **Website:**
<https://library.transylvaniacounty.org/contact/>
- **Services:** Provides free home delivery service to residents unable to come to the library due to health, mobility, or disability barriers.

HOSPICE AND PALLIATIVE CARE

CarePartners (PACE)

- **Service Area:** WNC
- **Phone:** (828) 210-3150, (828) 255-0231
- **Address:** 21 Belvedere Rd, Asheville, NC 28803
- **Website:**
<https://www.missionhealth.org/locations/carepartners/search?query=hospice>

Four Seasons

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 692-6178, (866) 466-9734
- **Address:** 571 South Allen Road, Flat Rock, NC 28731
- **Website:** <https://fourseasonscare.org/our-services/home-care/>

Charles George Department of Veterans Affairs Medical Center

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 298-7911
- **Address:** 1100 Tunnel Rd., Asheville, NC 28805
- **Website:**
https://www.va.gov/geriatrics/pages/Hospice_Care.asp

Home Instead Senior Care

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 528-8199
- **Address:** 1550 Hendersonville Road, Asheville, NC, 28803
- **Website:** <https://www.homeinstead.com/home-care/usa/nc/>

Compassionate Care WNC

- **Service Area:** Buncombe, Henderson and Madison
- **Phone:** (828) 682-9675
- **Email:** info@compassionatecarewnc.org
- **Address:** 856 Georges Fork Road, Burnsville, NC 28714
- **Website:** <https://compassionatecarewnc.org>

Madison Home Care and Hospice / Hot Springs Health Program

- **Service Area:** Madison & parts of Buncombe
- **Phone:** (828) 250-5800, (828) 649-2705, On-call: (828) 649-2112
- **Email:** info@hotspringshealth-nc.org
- **Address:** 590 Medical Park Dr., Marshall, NC 28753
- **Website:** <https://www.hotspringshealth-nc.org/our-services/home-care-and-hospice>
Services: Contact library to determine home delivery service possibilities.

HOSPICE AND PALLIATIVE CARE

Visiting Angels

- **Service Area:** WNC
- **Phone:** (828) 665-3944, (828) 537-8428
- **Address:** 24 Sardis Rd., #H-1, Asheville, NC 28806
- **Website:**
<https://www.visitingangels.com/asheville/home>

WNC Senior Sitting

- **Service Area:** WNC
- **Phone:** (828) 775-2202
- **Email:** wncseniorsitting@gmail.com
- **Address:** 28 Heritage Park Dr., Fletcher, NC 28792
- **Website:** <https://www.wncseniorsitting.com/>

LATINO ADVOCACY

Catholic Charities

- **Service Area:** WNC
- **Phone:** (828) 255-0146
- **Address:** 50 Orange St., Asheville, NC 28801
- **Website:** <https://ccdoc.org/>
- **Services:** Community support services

El Centro Comunitario Hispano Americano (Transylvania County)

- **Service Area:** Transylvania County
- **Phone:** (828) 585-7018
- **Email:** info@elcentrobrevard.com
- **Address:** 249 E. Main St., Brevard, NC 28712
- **Website:** <https://elcentrobrevard.com/about-us/>
- **Services:** Advocacy and support services for the Latino community

El Centro of Henderson County

- **Service Area:** Henderson & surrounding areas
- **Phone:** (828) 290-7134
- **Email:** info@elcentrohvl.org
- **Address:** 508 N. Grove St., Hendersonville, NC 28792
- **Website:** <https://elcentrohvl.org/>
- **Services:** Advocacy and support services for the Latino community

True Ridge

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 205-1170
- **Email:** info@trueridge.org
- **Address:** 204 6th Avenue W., Hendersonville, NC 28739
- **Website:** <https://trueridge.org/>
- **Service:** Provides bilingual services, advocacy, and support for Latino and other vulnerable community members
- **Address:** 204 6th Avenue W., Hendersonville, NC 28739
- **Website:** <https://trueridge.org/>
- **Service:** Provides bilingual services, advocacy, and support for Latino and other vulnerable community members

LAW ENFORCEMENT & REASSURANCE CALLS

Brevard Police Department

- **Service Area:** Brevard
- **Phone:** (828) 883-2212
- **Services:** Wellness daily reassurance calls

Mars Hill Police Department

- **Service Area:** Madison
- **Phone:** (828) 689-2301
- **Services:** Wellness Checks

Buncombe County Sheriff's Office

- **Service Area:** Buncombe
- **Phone:** (828) 250-4475
- **Services:** Provides calls to homebound persons

Project Lifesaver

- **Service Area:** Transylvania
- **Phone:** (828) 884-3168, Jerry Mann
- **Website:** <https://projectlifesaver.org/>
- **Services:** Emergency response and tracking for individuals at risk of wandering

Henderson County Sheriff's Office

- **Service Area:** Henderson
- **Phone:** (828) 250-4475
- **Services:** Senior reassurance calls (daily)

Transylvania County Sheriff's Office

- **Service Area:** Transylvania
- **Phone:** (828) 884-3168
- **Services:** Wellness checks

Madison County Sheriff's Office

- **Service Area:** Madison
- **Phone:** (828) 649- 2721
- **Services:** Wellness checks

LEGAL SERVICES

Buncombe County Department of Social Services – Adult Protective Services

- **Service Area:** Buncombe
- **Phone:** (828) 250-5800
- **Address:** 40 Coxe Avenue, Asheville, NC 28801
- **Website:**
<https://www.buncombenc.gov/489/Adult-Protective-Services>

Henderson County Department of Social Services – Adult Protective Services

- **Service Area:** Henderson
- **Phone:** (828) 694-6241, After hours emergencies: (828) 697-4911
- **Address:** 1200 Spartanburg Hwy, Suite 300, Hendersonville, NC 28792
- **Website:**
<https://www.hendersoncountync.gov/socialservices/page/adult-protective-services-aps>

Creating a Family

- **Service Area:** NC
- **Website:** <https://creatingafamily.org/kinship-legal-options/legal-clinics-for-kin/>
- **Services:** assists grandparents raising grandchildren (and other relatives raising kin) of their legal rights and responsibilities

Hope for the Future, Inc.

- **Service Area:** NC
- **Phone:** (828) 505-4335
- **Email:** athenak@hopenc.net
- **Address:** P.O. Box 18089, Asheville, NC 28814
- **Website:** <https://www.hopeforthefuturenc.com/>
- **Service:** Guardianship assistance

El Centro of Henderson County

- **Service Area:** Henderson
- **Phone:** (828) 290-7134
- **Email:** info@elcentrohvl.org
- **Address:** 508 N. Grove Street, Hendersonville, NC 28792
- **Website:** <https://elcentrohvl.org/>
- **Services:** Advocacy and support services for the Latino community

Legal Aid of North Carolina

- **Service Area:** NC
- **Phone:** (877) 579-7562
- **Address:** 20 Artful Way, Suite 210, Asheville, NC 28801
P.O. Box 7606, Asheville, NC
- **Website:** <https://legalaiddnc.org/>

LEGAL SERVICES

Madison County Department of Social Services – Adult Protective Services

- **Service Area:** Madison
- **Phone:** (828) 649-2711, (828) 649-9498
- **Email:** morgan.fox@madisoncountync.gov
charris@madisoncountync.gov
- **Address:** 5707 US 25-70 Hwy, Suite 1, Marshall, NC 28753
- **Website:**
<https://www.madisoncountync.gov/department-of-social-services.html>

Pisgah Legal Services

- **Service Area:** WNC
- **Phone:** (828) 253-0406
- **Address:** P.O. Box 2276, Asheville, NC 28802
- **Website:** <https://www.pisgahlegal.org/free-legal-assistance/senior-legal-services/>

National Academy of Elder Law Attorneys (NAELA)

- **Service Area:** NC
- **Email:** naela@naela.org
- **Website:** <https://www.naela.org/>
- **Services:** Professional association for attorneys specializing in legal issues affecting older adults and individuals with disabilities

The Mediation Center

- **Service Area:** Buncombe, Henderson and Transylvania
- **Phone:** (828) 251-6089
- **Email:** laurahj@mediatewnc.org
- **Address:** 50 S. French Broad Avenue, Suite 258, Asheville, NC 28801
- **Website:** <https://mediatewnc.org/about/>

NC Lawyer Referral Service

- **Service Area:** NC
- **Phone:** (919) 677-0561
- **Address:** 8000 Weston Parkway, Cary, NC 27513
- **Website:** <https://www.ncbar.org/public/find-an-nc-lawyer/>
- **Service:** Lawyer referral service

Transylvania County Department of Social Services – Adult Protective Services

- **Service Area:** Transylvania
- **Phone:** (828) 884-3174
- **Address:** 106 E. Morgan St., Brevard, NC 28712
- **Website:**
<https://www.ncdhhs.gov/divisions/social-services/transylvania-county-department-social-services>

True Ridge

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 205-1170
- **Email:** info@trueridge.org
- **Address:** 204 6th Avenue W., Hendersonville, NC 28739
- **Website:** <https://trueridge.org/>
- **Service:** Provides bilingual services, advocacy, and support for Latino and other vulnerable community members
- **Address:** 204 6th Avenue W., Hendersonville, NC 28739
- **Website:** <https://trueridge.org/>
- **Service:** Provides bilingual services, advocacy, and support for Latino and other vulnerable community members

MEDICAL ALERTS / ALARMS / MONITORING

ADT Health

- **Service Area:** NC
- **Phone:** (828) 333-5807, (800) 568-1216
- **Address:** 44 Buck Shoals Rd, Suite B-1, Arden, NC 28704
- **Website:** <https://www.adt.com/health>
- **Services:** Health and senior safety

LifeStation

- **Service Area:** US
- **Phone:** (866) 503-5906, (855) 440-9660
- **Website:** <https://buy.lifestation.com/google-search-ads/>
- **Services:** medical alert system

Critical Signal Technologies / Lively Products

- **Service area:** US
- **Phone:** (800) 733-6632
- **Address:** 9390 Gateway Drive, Suite 100, Reno, NV 89521
- **Website:** <https://www.bestbuyhealth.com/>
- **Services:** Technology for the home
-

Project Lifesaver

- **Service Area:** Transylvania
- **Phone:** Jerry Mann (828) 884-3168
- **Website:** <https://projectlifesaver.org/>
- **Services:** Emergency response and tracking for individuals at risk of wandering

Lifeline

- **Service Area:** US
- **Phone:** 855-360-1143, (866) 605-3976, (855) 681-5351
- **Address:** 200 Donald Lynch Blvd., #300, Marlborough, MA 01752
- **Website:** <https://www.lifeline.com/medical-alert-systems/fall-detection/>
- **Services:** Fall detection medical alert system

Simply Home

- **Service Area:** NC
- **Phone:** (877) 684-3581
- **Address:** 48 Fisk Drive, Arden, NC 28704
- **Website:** <https://simply-home.com/>
- **Service:** health and senior safety

MEDICARE, MEDICAID & INSURANCE ASSISTANCE

Buncombe County Health and Human Services

- **Service Area:** Buncombe
- **Phone:** (828) 250-5500
- **Website:**
<https://www.buncombenc.gov/423/Medicare-Aid-M-QB>
- **Services:** Assistance with Medicare payments for qualified low-income individuals

Henderson County Health and Human Services

- **Service Area:** Henderson
- **Phone:** (828) 697-5500
- **Address:** 1200 Spartanburg Hwy, Suite 300, Hendersonville, NC 28792
- **Website:**
<https://www.hendersoncountync.gov/socialservices/page/medical-assistance-health-insurance>
- **Services:** HHS support, incl. Medicare-related assistance. Accepts Medicaid applications.

Buncombe County Department of Social Services

- **Service Area:** Buncombe
- **Phone:** (828) 250-5796, (828) 250-4195
- **Address:** 40 Coxe Avenue, Asheville, NC 28801
- **Website:**
<https://www.buncombenc.gov/421/Medicaid-for-Age-65-Older-Blind-or-Disab>
- **Services:** Accepts Medicaid applications

Madison County Department of Social Services

- **Service Area:** Madison
- **Phone:** 828-649-2711
- **Email:** DMucino@madisoncountync.gov
- **Address:** 5707 U.S. Hwy 25-70, Suite 1, Marshall, NC
- **Website:** <https://www.madisoncountync.gov/department-of-social-services.html>
- **Services:** Accepts Medicaid application

Council on Aging

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 277-8288 ext. 1310
- **Email:** info@coabc.org
- **Address:** 46 Sheffield Circle, Asheville, NC 28803
- **Website:**
<https://www.coabc.org/programs/medicare-health-insurance/>
- **Services:** Individual Medicare counseling sessions (appointment required)

NC Medicaid Contact Center – Community Alternatives Program (CAP)

- **Service Area:** NC
- **Phone:** 888-245-0179
- **Address:** 2501 Mail Service Center, Raleigh, NC 27699-2501
- **Website:**
<https://medicaid.ncdhhs.gov/beneficiaries/long-term-services-and-supports/community-alternatives-program-disabled-adults>
- **Services:** In-home assistance services (often has waitlists)

MEDICARE, MEDICAID & INSURANCE ASSISTANCE

Personal Care Services & CAP (NC Medicaid)

- **Service Area:** NC
- **Phone:** (833) 522-5429
- **Address:** 2000 Center Green Dr., Suite 220, Cary, NC 27519
- **Website:** <https://ncliftss.acentra.com/>
- **Services:** Assistance with Linking Individuals and Families for Long Term Services and Support

Transylvania County Department of Social Services

- **Service Area:** Transylvania
- **Phone:** 828-884-3174
- **Address:** 106 E. Morgan St., Brevard, NC 28712
- **Website:** <https://www.ncdhhs.gov/divisions/social-services/transylvania-county-department-social-services>
- **Services:** Accepts Medicaid application

Senior Health Insurance Information Program (SHIIP) – North Carolina

- **Service Area:** NC
- **Phone:** (855) 408-1212
- **Website:** <https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip>
- **Services:** Free, unbiased Medicare counseling and assistance

Transylvania County SHIIP (NC Extension Service)

- **Service Area:** Transylvania County
- **Phone:** Maryann Mickewicz, (828) 884-3109
- **Website:** <https://transylvania.ces.ncsu.edu/shiip-the-seniors-health-insurance-information-program/>
- **Services:** Individual Medicare counseling sessions (appointment required)

MENTAL HEALTH CARE

AdventHealth Behavioral Health

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 650-8232, (800) 540-8088
- **Address:** 100 Hospital Drive, Hendersonville, NC 28792
- **Website:**
<https://www.adventhealth.com/hospital/adventhealth-hendersonville/our-services/behavioral-health-care>

CarePartners Health Services – Bereavement Department

- **Service Area:** Buncombe & Transylvania
- **Phone:** (828) 251-0126
- **Address:** 21 Belvedere Rd, Asheville, NC 28803
- **Website:** www.missionhealth.org/locations/care-partners/specialties/hospice-care
- **Services:** Bereavement counseling

All Souls Counseling Center

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 259-3369
- **Address:** 35 Arlington St, Asheville, NC 28801
- **Website:** <https://allsouls counseling.org/>
- **Services:** Sliding-scale counseling (does not accept Medicare or Medicaid)

Catholic Charities of Western North Carolina – Counseling

- **Service Area:** Buncombe
- **Phone:** 828-820-5148
- **Address:** 50 Orange Street, Asheville, NC 28801
- **Website:** <https://ccdcc.org/counseling>

Blue Ridge Behavioral Health

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:**
 - Henderson: (828) 233-2298
 - Buncombe: (828) 698-2979
 - Transylvania: (828) 883-2708
- **Address:**
Buncombe: 303 Airport Rd., Arden, NC
Henderson: 2579 Chimney Rock Rd., Hendersonville, NC
Transylvania: 69 N. Broad St., Brevard, NC
- **Website:**
<https://www.brchs.com/services/behavioral-health-counseling/>
- **Services:** Behavioral health care including inpatient and outreach programs

Four Seasons – Grief Services

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 692-6178
- **Email:** GriefServices@FourSeasonsCFL.org
- **Address:** 571 South Allen Road, Flat Rock, NC 28731
- **Website:** <https://fourseasonscare.org/our-services/grief-services/>
- **Services:** Grief counseling

MENTAL HEALTH CARE

Jewish Family Services of WNC – Counseling / Healing Solutions Counseling

- **Service Area:** WNC
- **Phone:** (828) 253-2900 ext. 113
- **Email:** mwolfe@jfswnnc.org
- **Address:** 20 Fall Pippin Lane, Suite 200, Asheville, NC 28803
- **Website:** <https://jfswnnc.org/services-and-programs/counseling/>

Pardee Hospital – UNC Health Behavioral Health

- **Service Area:** Buncombe, Henderson & Transylvania
- **Phone:** (828) 696-1000
- **Email:** pardee.info@unchealth.unc.edu
- **Address:** 800 N. Justice Street, Hendersonville, NC 28791
- **Website:** <https://www.pardeehospital.org/care-treatment/behavioral-health/>

NAMI – Western North Carolina (National Alliance on Mental Illness)

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 505-7353
- **Email:** info@namiwnc.org
- **Address:** 356 Biltmore Ave, Suite 207, Asheville, NC 28801
- **Website:** <https://namiwnc.org/>
- **Services:** Education, support groups, and mental health resources

RHA Health Services

- **Service Area:** WNC
- **Phone:** 1-888-573-1006
- **Address:** 356 Biltmore Ave., Asheville, NC 28801
- **Website:** <https://rhahealthservices.org/services/crisis-services-nc/mobile-crisis-services/>
- **Services:** Mobile crisis response

Open Path Collective

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (800) 268-2833
- **Address:** 27 Church Rd., Asheville, NC 28804
- **Website:** <https://openpathcollective.org/>
- **Services:** Non-profit sliding-scale virtual or in-person therapy

Sweeten Creek Mental Health and Wellness Center – Mission Health

- **Service Area:** Buncombe
- **Phone:** (828) 213-4055
- **Address:** 32 Apex Circle, Asheville, NC 28803
- **Website:** <https://www.missionhealth.org/locations/sweeten-creek-mental-health-and-wellness-center>
- **Services:** Inpatient and outpatient behavioral health services

MENTAL HEALTH CARE

The Free Clinics

- **Service Area:** Henderson & Transylvania
- **Phone:** (828) 697-8422
- **Address:** 841 Case St., Hendersonville, NC 28792
- **Website:** Under construction
- **Services:** Behavioral health care for uninsured/underinsured residents

Vaya Health

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (800) 849-6127, (800) 962-9003
- **Address:** 200 Ridgefield Court, Suite 218, Asheville, NC 28806
- **Website:** <https://www.vayahealth.com>
- **Services:** Behavioral health system coordination and crisis services

Transylvania Regional Hospital – Mission Health Mental Health & Wellness

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 862-6394
- **Address:** 260 Hospital Dr., Brevard, NC 28712
- **Website:** <https://www.missionhealth.org/locations/transylvania-regional-hospital/specialties/mental-health-and-wellness>
- **Services:** Outpatient behavioral health services, group and individual therapy, accepts Medicare and Medicaid, transportation within 25-mile radius

WNC Community Health Services – Minnie Jones Health Clinic (Behavioral Health)

- **Service Area:** Buncombe
- **Phone:** (828) 285-0622
- **Address:** 257 Biltmore Ave., Asheville, NC 28801
- **Website:** <https://www.wncchs.org/behavioral-health>

RESPITE GRANTS

Dementia Alliance of North Carolina

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (919) 832-3732
- **Address:** 9131 Anson Way, Suite 206, Raleigh, NC 27615
- **Website:**
<https://dementianc.org/helpsupport/caregiverassistancefund/>
- **Services:** Nonprofit providing dementia navigation and caregiver support

Lifespan Respite North Carolina

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (800) 662-7030
- **Address:** Address: 2001 Mail Service Center, Raleigh, NC 27699
- **Website:**
<https://www.ncdhhs.gov/divisions/aging/nc-lifespan-respite-program>
- **Services:** Reimburses eligible family caregivers up to \$750 annually for respite care (funding limited; application often submitted through referring agency)

Family Caregiver Support Program – Land of Sky Regional Council

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 251-7441
- **Email:** edward@landofsky.org
- **Address:** 339 New Leicester Hwy, Suite 140, Asheville, NC 28806
- **Website:** <https://www.landofsky.org/fcsp.html>
- **Services:** Provides resources for caregivers & respite vouchers for unpaid caregivers of older adults

Project C.A.R.E. (Caregiver Alternatives to Running on Empty) – Land of Sky Regional Council

- **Service Area:** WNC
- **Phone:** (828) 251-7441 ext. 1111
- **Email:** nancy@landofsky.org
- **Address:** 339 New Leicester Hwy, Suite 140, Asheville, NC 28806
- **Website:** <https://www.landofsky.org/projectcare.html>
- **Services:** Connects caregivers with community resources and provides respite vouchers for caregivers of older adults with dementia.

Kinship Care Program – Land of Sky Regional Council

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 251-7441
- **Email:** stacy@landofsky.org
- **Address:** 339 New Leicester Hwy, Suite 140, Asheville, NC 28806
- **Website:** <https://www.landofsky.org/fgp.html>

SUPPORT GROUPS

Alzheimer's Association – Western Carolina Chapter

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (800) 272-3900
- **Address:** 225 N Michigan Ave., Floor 17, Chicago, IL 60601
- **Website:** <https://www.alz.org/northcarolina/support>
- **Services:** In-person and virtual support groups for individuals and caregivers

Blue Ridge Pride Center

- **Service Area:**
- **Phone:** (828) 820-3993
- **Email:** hello@blueridgepride.org
- **Address:** PO Box 2044, Asheville, NC 28802
- **Website:** <https://www.blueridgepride.org/>

Alzheimer's/Dementia Caregiver Support Group – MemoryCare

- **Service Area:** Henderson
- **Phone:** Lisa Kauffman (561) 371-9410
- **Address:** First Baptist Church, First United Methodist Church, Grace Lutheran Church
- **Website:** <https://memorycare.org/caregiver-resources/support-group/#henderson>
- **Services:** Support group for spouses and caregivers of those with memory loss. Check website or contact for time/registration/location

Brain Injury Association of North Carolina – Western NC Support Network

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 337-0208
- **Email:** kkeating828@gmail.com
- **Address:** 3733 National Drive, Suite 115, Raleigh, NC 27612
- **Website:** <https://www.bianc.net/event/buncomb-e-county-western-bi-support-network/>
- **Services:** In-person and virtual brain injury support groups, contact for time/location

Asheville Parkinson's Support Group

- **Service Area:** WNC
- **Phone:** (828) 579-7897
- **Email:** parkinsonsavl@gmail.com
- **Address:** 825 C Merrimon Ave #3, Asheville, NC 28804
- **Website:** <https://parkinsonsavl.org/>
- **Services:** Educational speakers, resources, and small group meetings

Brevard Dementia Support Group

- **Service Area:** Transylvania
- **Phone:** (828) 862-6970
- **Address:** Brevard-Davidson River Presbyterian Church, 249 E. Main St., Brevard, NC
- **Services:** Caregiver support group meets 1st Thursday at 1:00 pm

SUPPORT GROUPS

Brevard–Hendersonville Parkinson’s Support Group

- **Service Area:** Transylvania, Henderson
- **Phone:** (828) 693-8715, (828) 685-7673
- **Address:** Brevard-Davidson River Presbyterian Church, 249 E. Main St., Brevard, NC
- **Services:** Support group for individuals with Parkinson’s and caregivers; meets 2nd Tuesday at 10:00 am

Caregiver Support Group – Brookstone Church

- **Service Area:** Buncombe
- **Phone:** (828) 380-0793
- **Email:** ourcabinfeverfarm@gmail.com
- **Address:** Brookstone Church, 90 Griffie Rd., Weaverville, NC 28787
- **Services:** Monthly in-person caregiver support group

CAPES (Caring for Aging People Education & Support)

- **Service Area:** Buncombe, Madison
- **Phone:** (828) 277-8288 ext. 1303
- **Email:** cynthiam@coabc.org
- **Address:** West Asheville Public Library, 942 Haywood Rd., Asheville, NC 28806
- **Website:** <https://www.coabc.org>
- **Services:** Caregiver support group, contact for time/location

Charles George VA Medical Center – Support Groups

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 298-7911
- **Address:** 1100 Tunnel Rd., Asheville, NC 28805
- **Website:** <https://www.va.gov/asheville-health-care/locations/charles-george-department-of-veterans-affairs-medical-center/>

CarePartners Support Groups

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 277-4800
- **Address:** 68 Sweeten Creek Rd., Asheville, NC 28803
- **Website:** <https://www.missionhealth.org/locations/carepartners/calendar>
- **Service:** Support groups including grief, Alzheimer’s, and brain injury
- **Services:** Educational speakers, resources, and small group meetings

Dementia Partners AVL

- **Service Area:** Buncombe
- **Phone:** (828) 367-7388
- **Email:** DementiaPartnersAVL@gmail.com
- **Address:** PO Box 17452, Asheville, NC 28816
- **Website:** <https://dementiapartnersavl.org/>
- **Services:** Offers caregiver support groups at various locations

SUPPORT GROUPS

Four Seasons Caregiver Support Groups

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 692-6178
- **Address:** 571 South Allen Rd., Flat Rock, NC 28731
- **Website:** <https://fourseasonscare.org/our-services/support-services/>
- **Service:** Support groups for caregivers coping with serious illness and end-of-life care

Jewish Family Services of Western NC – Support Services

- **Service Area:** WNC
- **Phone:** (828) 253-2900
- **Address:** 20 Fall Pippin Lane, Suite 200, Asheville, NC 28803
- **Website:** <https://jfswnnc.org/services-and-programs/counseling/>

Grace Covenant Presbyterian Church – Memory Support Group

- **Service Area:** WNC
- **Phone:** (828) 254-3274
- **Email:** annalouise@gcpcusa.org
- **Address:** 789 Merrimon Ave., Asheville, NC 28804
- **Service:** Group for individuals with mild cognitive impairment

MemoryCare

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 230-4143, (820) 771-2219
- **Address:** Givens Highland Farms Retirement Community, 200 Tabernacle Rd., Black Mountain, NC, 100 Far Horizons Lane, Asheville, NC 28803
- **Website:** <https://memorycare.org/caregiver-resources/support-group/>
- **Service:** contact or view website for many support group meetings in counties

Growing Through Grief Support Group

- **Service Area:** Transylvania
- **Phone:** (828) 884-3305
- **Address:** Brevard-Davidson River Presbyterian Church, 249 E. Main St., Brevard, NC
- **Services:** Educational speakers, resources, and small group meetings

Mountain Aging Partners (MAP)

- **Service Area:** Buncombe & Henderson
- **Phone:** Buncombe (828) 277-3399, Hendersonville (828) 697-7070
- **Email:** connect@mapnc.org
- **Address:** 5 Oak St., Asheville, NC 28801, 55 N. Hillside Rd., Hendersonville, NC 28791
- **Website:** <https://www.mountainagingpartners.org/>
- **Services:** Caregiver support groups, contact for information

SUPPORT GROUPS

NAMI Western North Carolina Support Groups

- **Service Area:** WNC
- **Phone:** (828) 505-7353
- **Address:** 356 Biltmore Ave., Asheville, NC 28801
- **Website:** <https://naminc.org/support-and-education/support-groups/>
- **Services:** Peer-led support groups for individuals experiencing mental health conditions and caregivers

The Family Place – Grandparent Kinship Support Group

- **Service Area:** Transylvania
- **Phone:** (828) 883-4857
- **Address:** 970 Old Hendersonville Hwy., Brevard, NC 28712
- **Website:** <https://www.thefamilyplacenc.com>
- **Services:** Support for grandparents or non-parent relatives raising children

Stronger Together Wellness

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** Matt McCoy (828) 623-0169, (828) 713-0633
- **Email:** info@strongertogetherwellness.com
- **Address:** P.O. Box 674, Black Mountain, NC 28711
- **Website:** <https://www.strongertogetherwellness.org/>
- **Services:** Peer mentoring, stroke survivor support group (online and in-person), caregiver support group, resource navigation & guidance.
- These services are listed on Matt's website.

WCU Neuro Clinic – Stroke Survivor & Caregiver Support

- **Service Area:** WNC
- **Phone:** Kate Roellgen (828) 227-7251
Kate Kelleher (828) 227-2826
- **Email:** kroellgen@wcu.edu
- **Address:** Biltmore Park Town Square, 28 Schenck Pkwy, Asheville, NC 28803
- **Services:** Support groups and clinic for stroke survivors and caregivers

TRANSPORTATION

Apple Country Transportation

- **Service Area:** Henderson
- **Phone:** (828) 698-8571
- **Email:** bwilson@wncsource.org
- **Address:** 526 7th Ave. E., Hendersonville, NC 28792
- **Website:**
<https://www.hendersoncountync.gov/planning/page/apple-country-public-transit>
- **Services:** Provides free transit and paratransit services, contact for paratransit eligibility and reservations

David's Transportation

- **Service Area:**
- **Phone:** (828) 505-1394
- **Address:** 43 Evelake Dr., Asheville, NC 28806
- **Services:** Provides safe, secure transportation for elderly and physically disabled individuals with a strong emphasis on safety and comfort

Asheville Rides Transit (ART)

- **Service Area:** Buncombe
- **Phone:** (828) 259-5405, (828) 259-5943, (828) 253-5691
- **Email:** ahaire@ashevillenc.gov
- **Website:**
<https://www.ashevillenc.gov/department/transportation/>
- **Services:** Bus service throughout the City of Asheville and to the Town of Black Mountain.
- Standard one-way trip is \$1. Fare for individuals age 65+, individuals with disabilities, and Medicare Recipients is half price.

GoGoGrandparent

- **Service Area:** US
- **Phone:** (855) GoGoUSA (855-464-6872 ext. 16)
- **Website:** <https://www.gogograndparent.com/ext16>
- **Services:** Seniors can request rides, receive ride monitoring for safety, and access 24/7 operator support without needing a smartphone

Council on Aging– Call-A-Ride:

- **Service Area:** Buncombe
- **Phone:** (828) 277-8288
- **Address:** 46 Sheffield Circle, Asheville, NC 28803
- **Website:** <https://www.coabc.org/programs/call-a-ride/>
- **Services:** Volunteer transportation for seniors who can no longer drive and cannot access public transportation

Henderson County Rescue Squad

- **Service Area:** Henderson
- **Phone:** (828) 692-3487, (828) 808-1309
- **Address:** 2529 Asheville Hwy., Hendersonville, NC 28791
- **Website:** <https://hendersoncountyrescue.org>
- **Services:** Provides ambulance and non-emergency stretcher transport

TRANSPORTATION

Loyal Lifts

- **Service Area:** Buncombe, Henderson, Madison &
- **Phone:** (828) 674-6471
- **Website:** <https://loyallifts.com/about>
- **Services:** Provides transportation for specific medical practices and wheelchair-accessible transportation

Magnet

- **Service Area:** WNC
- **Phone:** (828) 782-0503
- **Address:** 128 Bingham Rd., Suite 1250, Asheville, NC 28806
- **Website:** <https://magnetwnc.com>
- **Services:** Provides wheelchair and ambulatory transportation services

Lyft Silver

- **Service Area:** US
- **Website:** <https://www.lyft.com/rider/silver>
- **Services:** Simplified app interface, live phone support, and easier-access vehicles designed for older adults

Medicaid Transportation (NEMT)

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:**
 - Buncombe: (828) 250-5500, (828) 250-5863
 - Henderson: (828) 697-5500, (828) 694-6161
 - Transylvania: (828) 884-3174
 - Madison: (828) 649-9498
- **Website:** <https://medicaid.ncdhhs.gov/NEMT-policy>
- **Services:** Non-Emergency Medical Transportation (NEMT) provides Medicaid beneficiaries with transportation to medical appointments

Madison County Transportation Authority

- **Service Area:** Madison
- **Phone:** (828) 649-0729
- **Email:** <mailto:phagerman@madisoncountync.gov>
- **Address:** 387 Long Branch Rd., Marshall, NC 28753
- **Website:** <https://www.madisoncountync.gov/transportation-authority.html>
- **Services:** Provides free transportation services to residents age 60+ in Madison County. Registration required

MEDIC – Medical Emergency Ambulance

- **Service Area:** Buncombe & Henderson
- **Phone:** (828) 684-0287
- **Email:** ktolley@medic-ems.org
- **Address:** 5 Westhaven Dr., Arden, NC 28704
- **Website:** <https://medic-ems.org/>
- **Services:** Provides non-emergency stretcher transportation; accepts Medicare, Medicaid, and insurance

TRANSPORTATION

Mountain Mobility

- **Service Area:** Buncombe
- **Phone:** (828) 250-6750
- **Email:** samantha@landofsky.org
- **Address:** 339 New Leicester Hwy, Suite 140, Asheville, NC 28806
- **Website:**
<https://www.buncombenc.gov/605/Transportation>,
<https://www.landofsky.org/mm.html>
- **Services:** Provides ADA complementary paratransit and deviated fixed-route public transit services

Transylvania County Transportation

- **Service Area:** Transylvania
- **Phone:** (828) 884-3203
- **Address:** 106 East Morgan St., Suite 205, Brevard, NC 28712
- **Website:**
<https://www.transylvaniacounty.org/departments/transportation>
- **Services:** Free of charge if qualified. Fixed route and for demand response scheduling contact on the prior business day before 10am

Out 'n' About

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** 828) 712-7259
- **Email:** tcoutnabout@gmail.com
- **Address:** 1291 Patton Ave., Asheville, NC 28806
- **Services:** Offers wheelchair and ambulatory transportation services

Uber Senior

- **Service Area:** US
- **Website:** <https://www.uber.com/us/en/ride/seniors/>
- **Services:** Offers larger text and simplified navigation for older adults to request rides easily

RIDE Program (via Mountain Mobility)

- **Service Area:** Buncombe
- **Phone:** (828) 250-6750
- **Email:** samantha@landofsky.org
- **Address:** 339 New Leicester Hwy, Suite 140, Asheville, NC 28806
- **Website:**
https://www.landofsky.org/pdf/MM/New_Revised_Riders_Guide_2015.pdf
- **Services:** Provides curb-to-curb transportation. Eligible participants can purchase ride vouchers at significant discount

Veterans Transportation Services (Charles George VA Medical Center)

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** travel reimbursement (828) 298-7911, ext. 15613, free van transport (828) 257-3733, special mode transportation (828) 257-2340
- **Address:** 1100 Tunnel Rd., Asheville, NC 28805
- **Website:** <https://www.va.gov/asheville-health-care/locations/charles-george-department-of-veterans-affairs-medical-center/>
- **Services:** Transportation and/or reimbursement to qualified veterans

TRANSPORTATION

WNC Shuttle

- **Service Area:** WNC
- **Phone:** (828) 400-3987
- **Email:** justin@wncshuttle.com
- **Address:** 523 S. Haywood St., #88, Waynesville, NC 28786
- **Website:** <https://wncshuttle.com/>
- **Services:** Private company that provides transportation across WNC

VETERAN SERVICES

Buncombe County Veterans Service Officer

- **Service Area:** Buncombe
- **Phone:** (828) 250-5726
- **Email:** Walton Ward
(walton.ward@buncombenc.gov); Mary Ratka
(mary.ratka@buncombenc.gov); Heath Smith
(heath.smith@buncombenc.gov)
- **Address:** 40 Coxe Ave., Asheville, NC 28801
- **Website:**
<https://www.buncombenc.gov/617/Veterans-Services>

Madison County Veterans Service Officer

- **Service Area:** Madison
- **Phone:** (828) 649-0767
- **Email:** Daniel Jackson
(djackson@madisoncountync.gov)
- **Address:** 462 Long Branch Rd., Marshall, NC 28753
- **Website:**
<https://www.madisoncountync.gov/veterans-services-office.html>

Charles George VA Medical Center

- **Service Area:** WNC
- **Phone:** (828) 298-7911
- **Address:** 1100 Tunnel Rd., Asheville, NC 28805
- **Website:** <https://www.va.gov/asheville-health-care/locations/charles-george-department-of-veterans-affairs-medical-center/>
- **Services:** services for veterans and caregivers of eligible veterans

NC SERVES

- **Service Area:** NC
- **Phone:** (855) 962-8387
- **Address:** 1845 Brevard Rd., Arden, NC 28704
- **Website:** <https://www.ncserves.org/>
- **Services:** Coordinated network of public, private, and nonprofit organizations connecting veterans, service members, and families to care and support

Henderson County Veterans Service Officer

- **Service Area:** Henderson
- **Phone:** (828) 697-4817, (828) 694-6500
- **Email:** Brent Embry
(bembry@hendersoncountync.gov), Whitney Gray
(wgray@hendersoncountync.gov)
- **Address:** 1200 Spartanburg Hwy., Suite 200, Hendersonville, NC 28792
- **Website:**
<https://www.hendersoncountync.gov/county/page/veterans-services>

Transylvania County Veterans Service Officer

- **Service Area:** Transylvania
- **Phone:** (828) 884-3276
- **Email:** Frank Pearsall
(veterans.service@transylvaniacounty.org)
- **Address:** 106 E. Morgan St., Suite 237, Brevard, NC 28712
- **Website:**
<https://www.transylvaniacounty.org/departments/veterans-services>

VETERAN SERVICES

Veterans Caregiver Support

- **Service Area:** WNC
- **Phone:** (828) 298-7911
- **Email:** Patricia Kitlasz
(Patricia.Kitlasz@va.gov); Emily Pitts
(Emily.Pitts@va.gov)
- **Address:** 1100 Tunnel Rd., Asheville, NC
28805
- **Website:** <https://www.va.gov/asheville-health-care/health-services/caregiver-support/>
- **Services:** Support for caregivers of veterans

Veterans Crisis Line

- **Service Area:** US
- **Phone:** Dial 988, then press 1; or call (855) 962-8387; or text 838255
- **Website:** <https://www.veteranscrisisline.net/>
- **Service:** 24/7 confidential crisis support for veterans and their families

VISION/BLIND SERVICES

Lion's Club – District 31L

- **Location:** Henderson
- **Phone:** Debby Bell, (828) 384-6633
- **Email:** info@nclions31l.org
- **Website:** <https://www.nclions31l.org/>
- **Services:** Eyeglasses for individuals who meet financial eligibility requirements

Transylvania DHHS – Division of Services for the Blind

- **Service Area:** Henderson, Madison & Transylvania
- **Phone:** Tom E. Ensley, (828) 694-6247
- **Email:** Tom.Ensley@dhhs.nc.gov
- **Address:** Henderson County DSS, 1200 Spartanburg Hwy., Suite 300, Hendersonville, NC 28792
- **Website:** <https://www.ncdhhs.gov/divisions/services-blind>
- **Services:** Support for individuals who are visually impaired, blind, or deaf-blind

NCDHHS Services for the Blind

- **Service Area:** WNC
- **Phone:** (828) 251-6732, Gordon DeMarco (828) 641-7890
- **Email:** Gordon.DeMarco@dhhs.nc.gov
- **Address:** 2500 Heart Dr., Suite 002, Asheville, NC 28806
- **Website:** <https://www.ncdhhs.gov/divisions/services-blind/services-blind-district-offices>
- **Services:** Support for individuals who are visually impaired, blind, or deaf-blind

WELLNESS PROGRAMS

Health Promotion and Disease Prevention - Land of Sky Regional Council

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 251-6622 ext. 1117
- **Email:** brea@landofsky.org
- **Address:** Land of Sky, 339 New Leicester Hwy., Suite 140, Asheville, NC 28806
- **Website:**
<https://www.landofsky.org/healthpromotion.html>
- **Services:** Offers programs to promote health and disease prevention initiatives for older adults throughout WNC, contact for information

YMCA of Western North Carolina

- **Service Area:** WNC
- **Phone:** (828) 772-8080
- **Email:** ssimpson@ymcawnc.org
- **Address:** 7 locations throughout Western North Carolina
- **Website:**
<https://www.ymcawnc.org/locations?type=fitness-centers,camps,facilities&amenities>
- **Services:** Healthy Aging Programs, fitness, support groups, health intervention programs, contact for more information

Healthy Aging NC

- **Service Area:** Buncombe, Henderson, Madison & Transylvania
- **Phone:** (828) 258-7712
- **Email:** healthyagingncinfo@gmail.com
- **Address:** NC Center for Health and Wellness, 441 Sherrill Center, One University Heights, Asheville, NC 28804
- **Website:** <https://healthyagingnc.com/>
- **Services:** connects people to programs and agencies to improve health



Provides information, education respite and other support to people caring for frail older adults and grandparents raising grandchildren.

339 New Leicester Hwy., Suite 140
Asheville, NC 28806
p: 828.251.7441
f: 828.251.6353

<http://www.landofsky.org/fcsp.html>