

# CAREGIVER SUPPORT GROUPS

## REGION B

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### BUNCOMBE COUNTY

*Alzheimer's Association, Western Carolina Chapter* – Help and support for family caregivers dealing with Alzheimer's or related dementia. All are welcome.

#### **Asheville**

\* Second Tuesday, 6:00 pm - Emerald Ridge Nursing Center, 25 Reynolds Mtn. Blvd.  
Info: 645-6619, Connie Bradbury. Please call ahead.

\* Second Tuesday, 6:00 pm - Aston Park Health Care Center, 380 Brevard Rd.  
253-4437

*Caring for Aging Parents Education and Support.* Third Monday, 5:00 to 6:30 pm at 1 Hospital Drive, Room 4402 (formerly 445 Biltmore Bldg.). Enter building from level 4 of the parking deck. Walk past elevators and Room 4402 is on left before bridge to St. Joseph campus. *CAPES*, a COA/Mission Hospital collaboration, is an education and support group for anyone caring for or concerned about an older adult. 277-8288 or 213-4542.

*CarePartners - Caregivers Support Group.* **Third Wednesday of the month, 3:30 -5:30 pm**, CarePartners Adult Day Services, 68-A Sweeten Creek Road, Asheville. Care for ALREADY ENROLLED loved one. Contact Sandy Norbo at 277-3399.

*CarePartners Asheville Stroke Support Group.* Second Thursday of every month, 12:15 to 1:00pm at CarePartners Seymour Auditorium, 68 Sweeten Creek Road. Info: Robin Smith 274-9567, ext. 4314.

*CarePartners - Parkinson's Support Group* - First Tuesday, 10:30-12:00 noon, 105 Fairview Rd, beside CarePartners Hospice Treasures. Lisa Laney 277-4886

*Aphasia Support Group* – Edna Tipton 684-9619

*CarePartners Bereavement Support Groups*– CarePartners Main Campus, Call for more information: 251-0126

*CarePartners Spinal Cord Injury Group* – Third Thursday at 11:00 am, Rehab Building on CarePartners Main Campus. (For patients AND caregivers) Pamela Griffin 274-2400 x6240

*Kinship Caregiver Support Group* for grandparent and other older relatives who are raising children. Meetings are held in Asheville. Contact Laura May, Kinship Family Coordinator at The Bair Foundation (828) 350-5197 for more information.

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*MemoryCaregivers Network* - Third Tuesday, 1:00 – 3:00 pm at New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville. The MemoryCaregivers Network reaches out to the caregivers of those who suffer from Alzheimer's and other dementias. Info: 230-4143 or 645-9189

*MS Support Group* – First Thursdays, 6-8 pm Basement of Grove Arcade. For patients and caregivers. Info: 684-2453

*ALS (Lou Gehrig's disease) Caregiver Support Group* – Fourth Wednesday, 6:00-7:30 pm., UCC Church, 20 Oak St., Asheville.. Pamela Brown 775-1270 Sponsored by ALS Association.

### *Cancer Support Group for Caregivers*

Mondays, 11am-12 noon. Emotional support for family members of people experiencing cancer. Meetings at Jubilee, 46 Wall St., Asheville. Steve Royster (828) 776-4918.

*NAMI Western Carolina* - First Saturdays, 10 am and Second Tuesdays at 6:00 pm. 356 Biltmore Avenue, Suites 207/315. Offers support, educations and advocacy for families and persons with schizophrenia, bipolar disorder, depression or an anxiety disorder. Info: Call 505-7353

### **Black Mountain**

*Memory Loss Caregivers of East Buncombe* – Second Tuesday, 9:30 – 11:30 am Highland Farms Retirement Community, Lounge Rm. 3, lower level, in the J-K entrance to the Brookside Building. 200 Tabernacle Rd. Open to the public. Info: 230-4142 or 645-9189.

### **Weaverville**

*MemoryCaregivers Network Weaverville Caregivers Support Group* - Fourth Tuesday, 1:00 – 3:00 pm First Baptist Church of Weaverville, 63 North Main. For family and friends of people with memory loss. Info: 645-9189 or 230-4143

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### Henderson County

#### **Hendersonville**

*Dementia Caregiver Support Group* Second Tuesday, 10:00 – 11:00 am, Carolina Baptist Association, 601 Hebron, downstairs. Care for persons with dementia is available for those who can function in a social setting without their caregiver for over one hour. Free. Sally Griffin 231-8539 .

*Alzheimer's Association Support Group* - Third Tuesday, 3:30 – 5:00 pm, First United Methodist Church, 204 6<sup>th</sup> Avenue West. Lisa Kauffman 696-9799.

#### *CarePartners Adult Day Services at Pardee Support Group*

Last Tuesday, 3-4:30 pm, Pardee Pavilion Adult Day Center, 114 College Drive, Flat Rock. 697-7070

### **Fletcher**

*MemoryCaregivers Network Fletcher Group*– First Tuesday, 1:00- 3:00 pm, Fletcher Seventh Day Adventist Church, 1141 Howard Gap Rd. (828) 230-4143 or 645-9189

### Madison County

#### *Hospice of Madison County's Grief Support Group*

Community Room, First floor of Mashburn Medical Center, Marshall  
Please call for date and time. 649-2705

### Transylvania County

#### **Brevard**

#### *Alzheimer's Association Caregiver Support Group*

Fourth Thursday, 5:30 – 7:30 pm  
KOALA Adult Day Services, 242 Medical Park Dr.  
Kathe Harris 862-6970

#### *Brevard-Hendersonville Parkinson's Support Group*

Second Tuesday, (except June and August) 10:00 am at the Brevard-Davidson River Presbyterian Church, South Main Street, Brevard. Information: 862-8820

#### *Growing Through Grief Support Group*

Second and Fourth Tuesdays, 3:00 pm, in the Chapel at Transylvania Regional Hospital.  
Info: 883-5251

This list was assembled for the Region B Family Caregiver Advisory Committee. For additions or corrections, please call Pat Hilgendorf, (828) 645-9189