

# CAREGIVER RESOURCES DIRECTORY

For Buncombe, Henderson, Madison & Transylvania Counties





# CAREGIVER RESOURCES DIRECTORY - Updated September 2016

The Area Code for these numbers is 828

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## AGING AGENCIES:

Provide a variety of services to help older adults and their caregivers maintain their independence and quality of life.

<b>Family Caregiver Support Program - Land of Sky Regional Council</b> .....	<a href="http://www.landofsky.org">www.landofsky.org</a> .....	251-6622
Region B – Buncombe, Henderson, Madison and Transylvania Counties. Provides information about and/or funds for in-home/ respite care options.		
<b>Council on Aging of Buncombe County</b> .....	<a href="http://www.coabc.org">www.coabc.org</a> .....	277-8288
<b>Henderson County Council on Aging</b> .....	<a href="http://www.coahc.org">www.coahc.org</a> .....	692-4203
<b>Madison County Department of Community Services</b> .....	<a href="http://www.madisoncountync.org">www.madisoncountync.org</a> .....	649-2722
<b>Transylvania County Department of Social Services</b> .....	<a href="http://www.transylvaniacounty.org">www.transylvaniacounty.org</a> .....	884-3174
<b>Western Carolina Community Action</b> .....	<a href="http://www.wcca.net">www.wcca.net</a> .....	884-3166

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## ADULT DAY PROGRAMS:

Adult day care centers are available to provide respite to caregivers and also to give loved ones, who need constant supervision, a safe and stimulating environment during the daytime. Programs in our area:

<b>CarePartners Adult Day Services - Buncombe County</b> .....	<a href="http://www.carepartners.org">www.carepartners.org</a> .....	277-3399
68 Sweeten Creek Road, Asheville, NC 28803 Mon-Fri 7:30am - 6:00pm and Sat 9:00am - 5:00pm		
<b>CarePartners Adult Day Services - Henderson County</b> .....		697-7070
114 College Drive, Flat Rock, NC 28731 Mon-Fri 7:30am - 5:30pm		
<b>CarePartners Adult Day Services - Transylvania County</b> .....	<a href="http://www.trhospital.org">www.trhospital.org</a> .....	884-2980
23 Medical Park Circle, Brevard, NC 28712 Mon-Fri 7:30am – 5:30pm		
<b>CarePartners PACE</b> (Program of All-Inclusive Care for the Elderly) .....		779-7223
PACE is a Medicare and Medicaid option that provides community-based care and services to people age 55 or older who otherwise might need to move to a skilled nursing facility. PACE was created as a way to provide frail elders the ability to remain living in their homes for as long as possible. ....		
286 Overlook Road, Asheville, NC, 28803		
<b>DayStay</b> .....	<a href="http://www.daystayasheville.com">www.daystayasheville.com</a> .....	665-1575
35 Candler School Road, Candler, NC 28715 Mon-Fri 7:30am - 5:30pm		
<b>Jewish Family Services Elder Day Club</b> .....	<a href="http://www.jcc-asheville.org">www.jcc-asheville.org</a> .....	253-2900 x12
Two Doctors Park, Suite E, Asheville, NC 28801 Tuesday, Thursday 11:00am - 2:00pm		

## AGING LIFE CARE PROFESSIONALS:

An Aging Life Care Professional, also known as a geriatric care manager, is a health and human services specialist who acts as a guide and advocate for families who are caring for older relatives or disabled adults. The Aging Life Care Professional is educated and experienced in any of the several fields related to aging life care / care management, including, but not limited to nursing, gerontology, social work, or psychology, with a specialized focus on issues related to aging and elder care.

<b>Aging Advocates</b> .....	<a href="http://www.agingadvocates.com">www.agingadvocates.com</a> .....	225-0790
Barbara McCampbell - <a href="mailto:Barbara@agingadvocates.com">Barbara@agingadvocates.com</a>		
<b>Beth Lamb</b> .....	<a href="mailto:beth.lamb@msj.org">beth.lamb@msj.org</a> .....	883-5254
<b>Council on Aging for Henderson County</b> .....	<a href="http://www.coahc.org">www.coahc.org</a> .....	692-4203
Suzanne Sherrill - <a href="mailto:ssherrill@coahc.org">ssherrill@coahc.org</a>		
<b>Holistic Elder Services</b> .....	<a href="http://www.holisticelderservices.com">www.holisticelderservices.com</a> .....	595-9271
Karen Wolfrom - <a href="mailto:Karen@holisticelderservices.com">Karen@holisticelderservices.com</a>		
<b>Lisa Kauffman</b> .....	<a href="mailto:lisak561@bellsouth.net">lisak561@bellsouth.net</a> .....	696-9799
<b>Premier Care Navigation</b> .....	<a href="http://www.premiercarenavigation.com">www.premiercarenavigation.com</a> .....	772-0002
Lisa Laney - <a href="mailto:lisa@premiercarenavigation.com">lisa@premiercarenavigation.com</a>		
<b>Senior Care Consulting</b> .....	<a href="http://www.seniorcarewnc.com">www.seniorcarewnc.com</a> .....	337-1776
Spike Gram - <a href="mailto:seniorcarewnc@gmail.com">seniorcarewnc@gmail.com</a>		
<b>Senior Care Management of Western North Carolina</b> .....	<a href="http://www.seniorcaremanagementwnc.com">www.seniorcaremanagementwnc.com</a> .....	350-0579
Donna Nawrocki - <a href="mailto:seniorcaremanagementwnc@gmail.com">seniorcaremanagementwnc@gmail.com</a>		
<b>WNC Geriatric Care Management</b> .....	<a href="http://www.wncgcm.com">www.wncgcm.com</a> .....	776-4269
Amy Fowler - <a href="mailto:amy@wncgcm.com">amy@wncgcm.com</a>		

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## ALZHEIMER'S, DEMENTIA AND MEMORY IMPAIRMENT:

<b>Alzheimer's Association Western Carolina Chapter</b> .....	<a href="http://www.alz.org/northcarolina">www.alz.org/northcarolina</a> .....	(800) 272-3900
Support groups, education, caregiver hotline		
<b>Black Mountain Neuro-Medical Treatment Center</b> .....	<a href="http://www.bmcnc.org">www.bmcnc.org</a> .....	259-6700
Second-Stage Alzheimer's Program, overnight respite services for dementia patients		
<b>MemoryCare</b> .....	<a href="http://www.memorycare.org">www.memorycare.org</a> .....	771-2219
Clinical Services, Memory assessment, treatment, and support for memory-impaired individuals and their families. Caregiver Education Program - Lecture series designed to improve caregiver understanding of dementia care; no cost to enrolled MemoryCare caregivers. Educational materials on aging issues, dementia, and caregiving		
<b>Project C.A.R.E. (Caregiver Alternatives to Running on Empty)</b> .....	<a href="http://www.landofsky.org">www.landofsky.org</a> .....	251-6622
Respite and case assistance for caregivers of persons with Alzheimer's disease or other dementias, counseling		

## **BLIND/LOW VISION SERVICES:**

Assessment and assistance related to impairment of sight that may interfere with one's ability to function independently at home. Adaptive equipment and adaptation-related classes are available to eligible individuals. Must have a physician verify vision impairment. No cost.

<b>In Henderson County, contact Department of Social Services</b> .....	697-5500
<b>In Buncombe County, contact Department of Social Services</b> .....	250-5500
<b>NC Services for the Blind - Buncombe</b> .....	251-6732
<b>NC Services for the Blind - Transylvania</b> .....	884-3174

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## **DRIVING ISSUES:**

<b>CarePartners Health Services</b> .....	<a href="http://www.carepartners.org">www.carepartners.org</a> .....	277-4800
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Driver Evaluation Program; evaluates driving skills; by doctor referral only

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## **DURABLE MEDICAL EQUIPMENT LOAN PROGRAMS:**

Provide durable medical equipment such as walkers, canes, etc. on a loan basis to support independence.

<b>Asheville Buncombe Community Christian Ministries (ABCCM)</b> .....	259-5335
<b>CarePartners Hospice Thrift Store</b> .....	274-8206
<b>Hendersonville</b> .....	692-9005
<b>Piney Mountain United Methodist Church</b> .....	667-3031
<b>Nativity Lutheran Church</b> .....	684-0352 x116

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## **HEALTH INSURANCE INFORMATION:**

SHIIP - The Seniors' Health Insurance Information Program (SHIIP) counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance.

<b>Council on Aging of Buncombe County</b> .....	<a href="http://www.coabc.org">www.coabc.org</a> .....	277-8288
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For Buncombe, Henderson, and Transylvania Counties

<b>Madison County Department of Community Services</b> .....	855-408-1212
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## **HEARING SERVICES:**

Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families.

<b>North Carolina Services for the Deaf and Hard of Hearing</b> .....	Voice 665-8733.....	TTY 665-8737
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## IN-HOME ASSISTANCE AGENCIES:

In-Home Assistance Agencies can generally be divided into three types, **Home Health Agencies, Home Care Agencies and Companion Agencies**. It's important to ask any agency to describe all of their services and programs to determine what might be appropriate for you.

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## HOME HEALTH AGENCIES:

Provide comprehensive home health services such as skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work and certified nursing assistants (CNA). They are generally Medicare-certified and usually also accept Medicaid as well as other insurances. Private pay arrangements are possible.

<b>CarePartners - Buncombe County</b> .....	<a href="http://www.carepartners.org">www.carepartners.org</a> .....	277-4777
<b>CarePartners - Henderson County</b> .....	<a href="http://www.carepartners.org">www.carepartners.org</a> .....	233-4777
<b>Gentiva</b> .....	<a href="http://www.gentiva.com">www.gentiva.com</a> .....	298-1370
<b>Pardee Home Care</b> .....	<a href="http://www.pardeehospital.org">www.pardeehospital.org</a> .....	692-1846
<b>Park Ridge Home Health</b> .....	<a href="http://www.parkridgehealth.org">www.parkridgehealth.org</a> .....	687-5261
<b>Madison Home Care</b> .....	<a href="http://www.hotspringshealth-nc.org">www.hotspringshealth-nc.org</a> .....	649-2705
<b>Transylvania Regional Hospital Home Health</b> .....	<a href="http://www.trhospital.org">www.trhospital.org</a> .....	883-5254

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## HOME CARE AGENCIES:

May provide skilled nursing services, but at least provide certified nursing assistants (CNA) to assist with personal care needs, such as bathing and dressing and the monitoring of vital signs. May also provide companion aides to assist with other needs, such as meal preparation and errands. May be Medicaid-certified and accept some private insurances as well as private pay.

<b>Advantage Home Care</b> .....	<a href="http://www.advantagecares.com">www.advantagecares.com</a> .....	225-0810
<b>Always Best Care Senior Services</b> .....	<a href="http://www.alwaysbestcare.com">www.alwaysbestcare.com</a> .....	989-7263
<b>A New Hope Home Care</b> .....	<a href="http://www.anewhopehomecare.com">www.anewhopehomecare.com</a> .....	255-4446
<b>Banaltrum Private Duty Caregivers</b> .....		251-0034
<b>Bayada Nurses - Buncombe County</b> .....	<a href="http://www.bayada.com">www.bayada.com</a> .....	681-5100
<b>Bayada Nurses - Henderson County</b> .....	<a href="http://www.bayada.com">www.bayada.com</a> .....	696-1900
<b>BrightStar Lifecare</b> .....	<a href="http://www.brightstar.com">www.brightstar.com</a> .....	255-1733
<b>Caring Hearts and Hands</b> .....	<a href="http://www.caringheartsandhands.com">www.caringheartsandhands.com</a> .....	333-5051
<b>Comfort Keepers</b> .....	<a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a> .....	687-1199
<b>Compassionate Home Care</b> .....	<a href="http://www.compassionatehc.com">www.compassionatehc.com</a> .....	696-0946
<b>Griswold Home Care</b> .....	<a href="http://www.griswoldhomecare.com">www.griswoldhomecare.com</a> .....	348-1888
<b>Home Carefree</b> .....	<a href="http://www.homecarefree.org">www.homecarefree.org</a> .....	277-1580
<b>Home Helpers</b> .....	<a href="http://www.hendersonvillehomecare.com">www.hendersonvillehomecare.com</a> .....	694-0000
<b>Home Instead Senior Care</b> .....	<a href="http://www.homeinstead.com">www.homeinstead.com</a> .....	274-4406
<b>Homewatch Caregivers</b> .....	<a href="http://www.homewatchcaregivers.com">www.homewatchcaregivers.com</a> .....	676-1585
<b>Interim HealthCare</b> .....	<a href="http://www.interimhealthcare.com/ashville">www.interimhealthcare.com/ashville</a> .....	274-2082
<b>Madison County Department of Community Services</b> .....	<a href="http://www.madisoncountync.org">www.madisoncountync.org</a> .....	649-2722
<b>Madison Home Health &amp; Hospice</b> .....	<a href="http://www.hotspringshealth-nc.org">www.hotspringshealth-nc.org</a> .....	649-2705
<b>Maxim Healthcare</b> .....	<a href="http://www.maximhomecare.com">www.maximhomecare.com</a> .....	299-4388
<b>Mountain Home Care</b> .....	<a href="http://www.mountainhomecare.com">www.mountainhomecare.com</a> .....	684-6444
<b>Premier Home Health Care</b> .....	<a href="http://www.premierhomecareinc.com">www.premierhomecareinc.com</a> .....	277-5950
<b>ResCare</b> .....	<a href="http://www.rescare.com">www.rescare.com</a> .....	252-0891

<b>Senior Matters Extended Services</b> .....		771-0802
<b>Tore's Home Care Services</b> .....	www.toreshome.com .....	884-5007
<b>T.L.C. For You, Inc.</b> .....	www.tlcforyouinc.com .....	670-1379
<b>Turning Point Services</b> .....	www.turningpointservicesinc.com.....	296-0510
<b>TRH Home Health Services</b> .....	www.trhospital.org .....	883-5254
<b>Visiting Angels</b> .....	www.visitingangels.com.....	665-3944

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## COMPANION AGENCIES:

Provide companion aides only to assist with non-medical needs such as meal preparation, errands, companionship, organizational tasks, etc. Private pay or private insurance. Many home care agencies have personal companions.

<b>Seniors Helping Seniors</b> .....	www.seniorcareasheville.com .....	236-0662
<b>Serendipity Elder Services, Inc.</b> .....		335-9688

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## HOSPICE AND PALLIATIVE CARE:

Contact these agencies for information about grief support groups also.

<b>CarePartners Hospice and Palliative Care Services</b> .....	www.carepartners.org.....	251-0126
<b>Four Seasons Compassion for Life</b> .....	www.fourseasonsfcfl.org .....	692-6178
<b>Madison Home Care &amp; Hospice</b> .....	Hotspringshealth-nc.org .....	649-2705
<b>Transylvania Regional Hospital Home Care &amp; Hospice</b> .....	Trhospital.org.....	883-5254
<b>U.S. Department of Veteran's Affairs</b> .....	www.asheville.va.gov .....	298-7911
Hospice services for veterans		

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## LEGAL ISSUES:

### Adult Protective Services

Guardianships. Also investigates abuse, neglect and exploitation of disabled and/or older adults; call 24/7 to make a report.

<b>Buncombe County Department of Social Services</b> .....		250-5800
<b>Henderson County Department of Social Services</b> .....		697-5500
<b>Madison County Department of Social Services</b> .....		649-2721
<b>Transylvania County Department of Social Services</b> .....		884-3174

### Elder Law Attorneys

These Attorneys are certified by the National Association of Elder Law Attorneys. You may also find more attorneys who handle elder law in the yellow pages of your phone book or on the internet.

<b>Nicole Applefield</b> .....		255-7641
<b>Andrew Atherton</b> .....		254-8800
<b>William Biggers</b> .....		348-0068
<b>Wendy Craig</b> .....		669-0799
<b>Erica Erickson</b> .....		696-1811
<b>James Goldsmith</b> .....		696-0535
<b>Larry Hartley</b> .....		258-0994

<b>Caroline Knox</b> .....	697-6196
<b>Kathleen Rodberg</b> .....	254-8800
<b>Carole Spainhour</b> .....	255-1966

**Legal Aid of NC** ..... [www.legalaidnc.org](http://www.legalaidnc.org) ..... 236-1080  
 Disability, SSI, Medicare appeals for low-income individuals

**Pisgah Legal Services**..... [www.pisgahlegal.org](http://www.pisgahlegal.org) ..... 253-0406  
 Help with basic needs of housing, disability, SSI, Medicare, and elder law

### **MEDICAL ALERTS/ALARMS:**

Systems to provide quick and easy access to emergency assistance at the push of a button (necklace, bracelet, etc.) Charges average \$35/month with one-time setup fee. Usually private pay; some programs offer payment plans or provide discounts for low-income clients. Available through AARP, hospitals, home care agencies. Check yellow pages under "Medical Alert", also the Internet for additional systems.

<b>Direct Link - Home Helpers</b> (payment plans available).....	694-0000
<b>Lifeline - Mission Hospital</b> (subsidies available in some cases).....	213-4881
<b>Lifeline - Pardee Hospital</b> .....	692-9061
<b>Lifeline - Park Ridge Hospital</b> .....	681-2153
<b>Lifeline - Madison County Home Care &amp; Hospice</b> .....	649-2705
<b>Lifeline - Transylvania Regional Hospital Home Care &amp; Hospice</b> .....	883-5254
<b>Link to Life - Home Medical Alert Systems, Inc.</b> .....	645-6676
<b>Simply Home</b> .....	684-8441

### **MEALS ON WHEELS:**

Home delivered meals.

<b>Council on Aging of Henderson County</b> .....	692-6693
<b>Buncombe County, Meals on Wheels</b> .....	253-5286
<b>Madison County- Madison County Department of Community Services</b> .....	649-2722
<b>Transylvania County Meals on Wheels</b> .....	883-3743

### **MEDICAID:**

Medicaid pays for Personal Care Services (PCS), a program that provides CNAs to assist with daily bathing, dressing and other tasks, and for the Community Alternatives Program (CAP), a more comprehensive in-home assistance service for persons at risk of placement in a nursing facility. One may apply for Medicaid at your local Department of Social Services (DSS). Subsidized In-Home Aide/Homemaker Services: CNAs or companion aides provide housekeeping, errands, companionship, and possibly bathing and other hands-on assistance through public funds for those who qualify. Waiting lists often exist.

<b>Henderson County Department of Social Services</b> .....	697-5500
<b>Buncombe County Department of Social Services</b> .....	250-5500
<b>Madison County Department of Social Services</b> .....	649-2711
<b>Transylvania County Department of Social Services</b> .....	884-3174



## MEMORY CAFES:

A Social Gathering for Those with Memory Loss and their Friends & Families

<b>First Baptist Church, Asheville</b> .....	252-4781
5 Oak Street, Asheville	
Third Thursdays 1-3pm	
<b>Calvary Episcopal Church, Fletcher</b> .....	684-6266
2940 Hendersonville Road, Fletcher	
Third Saturdays 2-4pm	
<b>Hendersonville First Baptist Church</b> .....	388-1421
Crosswalk Building, 577 Buncombe St, Hendersonville	
Second Mondays, 1-3pm	

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## SPECIAL NEEDS REGISTRY:

The Special Needs Registry provides vital information to emergency responders in the event of a 911 call and/or during a widespread disaster. This program is voluntary and individuals on the registry have the option to accept or deny assistance. If there is a disaster or emergency, those on the Special Needs Registry may be contacted, asked how they are doing, given information about shelters, or how to prepare or respond to the disaster.

<b>Buncombe County Emergency Services</b> .....	250-6650
164 Erwin Hills Road, Asheville	
<b>Henderson County Emergency Management</b> .....	697-4728
211 First Avenue East, Hendersonville	
<b>Madison County Emergency Operations Center - Attn. Special Needs</b> .....	649-3611
158 Health Care Lane, Marshall	
<b>Transylvania County Emergency Services - Attn. Special Needs</b> .....	884-3108
155 Public Safety Way, Brevard	

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## SUPPORT GROUPS - BUNCOMBE COUNTY:

### Asheville

#### **Alzheimer's Association, Western Carolina Chapter**

Help and support for family caregivers dealing with Alzheimer's or related dementia. All are welcome.

<b>Emerald Ridge Nursing Center</b> .....	645-6619
25 Reynolds Mountain Blvd, Asheville	
Second Tuesday, 6pm. For information, please call ahead Connie Bradbury.	

<b>Aston Park Health Care Center</b> .....	253-4437
380 Brevard Road, Asheville	
Second Tuesday, 6pm	

<b>CarePartners PACE</b> .....	213-8442
286 Overlook Road, Asheville	
First Wednesday	
<b>ALS (Lou Gehrig's disease) Caregiver Support Group</b> .....	775-1270
UCC Church, 20 Oak Street, Asheville	
Fourth Wednesday, 6-7:30pm. For information, contact Pamela Brown	
<b>Aphasia Support Group</b> .....	684-9619
For information, contact Edna Tipton	
<b>Cancer Support Group for Caregivers</b> .....	776-4918
Jubilee, 46 Wall Street, Asheville	
Mondays, 11am-12noon. For information, contact Steve Royster	
<b>Caring for Aging Parents Education and Support</b> .....	277-8288 or 213-4542
1 Hospital Drive, Room 4402 (formerly 445 Biltmore Bldg.). Enter building from level 4 of the parking deck. Walk past elevators and Room 4402 is on left before bridge to St. Joseph campus.	
Third Monday, 5-6:30pm	
<b>CarePartners - Caregivers Support Group</b> .....	277-3399
CarePartners Adult Day Services , 68-A Sweeten Creek Road, Asheville	
Third Wednesday, 3:30-5:30pm. For information, contact Sandy Norbo.	
<b>CarePartners Asheville Stroke Support Group</b> .....	274-9567, ext 4314
CarePartners Seymour Auditorium, 68 Sweeten Creek Road, Asheville	
Second Thursday, 12:15-1pm. For information, contact Robin Smith.	
<b>CarePartners - Parkinson's Support Group</b> .....	277-4886
105 Fairview Rd, beside CarePartners Hospice Treasures.	
First Tuesday, 10:30am-12pm. For information, contact Lisa Laney.	
<b>CarePartners Bereavement Support Groups</b> .....	251-0126
<b>CarePartners Spinal Cord Injury Group</b> .....	274-2400 ext 6240
Rehab Building on CarePartners Main Campus (for patients and caregivers)	
Third Thursday, 11am. For information, contact Pamela Griffin.	
<b>Kinship Caregiver Support Group</b> .....	350-5197
For grandparents and other older relatives who are raising children. For information, contact the Kinship Family Coordinator at The Blair Foundation.	
<b>LGBT Caregivers Support Group</b> .....	277-5950
1550 Hendersonville Road, Suite 210, Asheville	
Third Wednesday, 6pm	
<b>MemoryCaregivers Network</b> .....	230-4143 or 301-0740
New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville	
Third Tuesday, 1-3pm	

**MS Support Group**..... 684-2453  
Basement of Grove Arcade  
First Thursday, 6-8pm

**NAMI Western Carolina**..... 505-7353  
Offers support, education, advocacy for families and persons with schizophrenia, bipolar disorder, depression or an anxiety disorder.  
356 Biltmore Avenue, Suites 207/315, Asheville  
First Saturday, 10am and Second Tuesday, 6pm

**Black Mountain**

**Memory Loss Caregivers of East Buncombe** ..... 230-4142 or 301-0740  
Highland Farms Retirement Community, Lounge Rm. 3, lower level, in the J-K entrance to the Brookside Building.  
Second Tuesday, 9:30-11:30am

**Weaverville**

**MemoryCaregivers Network Weaverville Caregivers Support Group** ..... 301-0740 or 230-4143  
First Baptist Church of Weaverville, 63 North Main  
Fourth Tuesday, 1-3pm

**SUPPORT GROUPS - HENDERSON COUNTY:**

**Fletcher**

**MemoryCaregivers Network Fletcher Group** ..... 230-4143 or 301-0740  
Fletcher Seventh Day Adventist Church, 1141 Howard Gap Road  
First Tuesday, 1-3pm

**Hendersonville**

**Alzheimer's /Dementia Caregiver Support Group** ..... 696-9799  
First United Methodist Church, 204 6th Avenue West, Hendersonville  
Third Tuesday, 3:30-5pm

**CarePartners Adult Day Services at Pardee Support Group**..... 697-7070  
114 College Drive, Flat Rock  
Last Tuesday, 3-4:30pm

**Four Seasons Compassion for Life** ..... [www.fourseasonsfcfl.org](http://www.fourseasonsfcfl.org) ..... 692-6178  
Call for information.

**SUPPORT GROUPS - TRANSYLVANIA COUNTY:**

**Brevard**

**Alzheimer's /Dementia Caregiver Support Group** ..... 862-6970  
CarePartners Adult Day Services, 23 Medical Park Drive, Brevard  
Fourth Thursday, 5:30-7:30pm. For information, contact Kathe Harris.

<b>Brevard-Hendersonville Parkinson's Support Group</b> .....	862-8820
Brevard-Davidson River Presbyterian Church, South Main Street, Brevard	
Second Tuesday (except June and August) 10am	
<b>Brevard Caregiver Support Group</b> .....	884-3305
Cornerstone Presbyterian Church, 645 Bert Lane Road, Brevard	
First and Third Mondays, 10am-12noon	

## TELEPHONE REASSURANCE:

Calls made to homebound persons, or persons at home call central location to check in, with the goal of ensuring health and safety. No cost.

<b>Buncombe County Sheriff's Department</b> .....	250-4492
<b>Henderson County Sheriff's Department</b> .....	697-4915
<b>Madison County Sheriff's Department</b> .....	649-2721
<b>Mars Hill Police Department</b> .....	689-2301
<b>Brevard Police Department</b> .....	883-2212
<b>Transylvania County Sheriff's Department</b> .....	884-3168

## TRANSPORTATION:

Check the yellow pages for taxi services in your area. (Usually need advance notice)

<b>Apple Country Transportation (Henderson County)</b> .....	698-8571
<b>Asheville Transportation System</b> .....	iride@ashevillenc.gov ..... 253-5691
<b>Buncombe County Department of Social Services</b> .....	www.buncombecounty.org..... 250-5863

### Medical transportation (Medicaid only)

<b>Council on Aging of Buncombe County, Inc.</b> .....	www.coabc.org ..... 277-8288
Call-A-Ride program: medically necessary, volunteer transportation on donation basis with prior appointment (one week notice requested)	

<b>David's Transportation</b> .....	www.cesarfamilyservices.com..... 505-1394
Transportation to medical appointments, airport, church, and casino; medication and grocery delivery	

<b>Madison County Department of Community Services (Transportation)</b> .....	649-2219
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<b>Medical Emergency Ambulance</b> .....	www.medicstation28.com ..... 684-0287
Bed-confined patients	

<b>Mountain Mobility</b> .....	www.buncombecounty.org..... 250-6750
Transportation in handicap accessible vehicle to medical appointments, grocery, and retail, as well as multipurpose trips within Buncombe County; free city bus passes available for qualified individuals age 65 and over	

<b>RIDE program – Mountain Mobility</b> .....	www.buncombecountyride.com....250-6750 ext 5
A curb-to-curb subsidized transportation program that allows disabled residents to purchase private transportation provider services at a significant discount	

<b>Out n' About</b> .....	712-7259
Local, long distance, and overnight travel; assistance with transfers and personal care, wheelchair transport	
<b>Round a Bout Transportation</b> .....	roundaboutwnc.com ..... 253-0057
7 days a week with advance notice, wheelchair transport	
<b>Transylvania Medicaid Transportation</b> .....	884-3283
Medicaid Medical only	
<b>Transylvania County Transportation</b> .....	884-3203

## VETERANS SERVICES:

The Veterans' Administration (VA): May have funds available to assist veterans in obtaining home care or respite care. Eligibility may be based on factors such as military service history and income.

**Charles George Department of Veterans Affairs Medical Center**.....298-7911  
1100 Tunnel Road, Asheville, NC 28805-2087

**Buncombe County Veterans Service Officer, Rick Jones, Walton Ward**..... Richard.jones@buncombecounty.org... 250-5726  
199 College St., Asheville, NC 28801-3016  
Walton Ward, Walton.ward@buncombecounty.org  
Fax 250-5955

**Henderson County Veterans Service Officer, Michael A. Murdock**..... mmurdock@hendersoncountync.org... 697-4817  
1200 Spartanburg Hwy., Ste 200, Hendersonville, NC 28792-5840  
Fax 698-6158

**Transylvania County Veterans Service Officer, Frank A. Pearsall**.....veterans.service@transylvaniacounty.org..... 884-3276  
203 E. Morgan St., Suite 237, Brevard, NC 28712-3752

**Madison County is served from the District 12 Office, Edward G. Padgett**..... epncdva12@bellsouth.net ..... 646-6937  
120 Main St., Canton, NC 28716-4439  
Fax 646-3486

**The National Caregiver Support Line Toll-Free number for veterans** ..... 1-855-260-3274

## VOLUNTEER SERVICE PROGRAMS

**North Carolina Baptist Aging Ministry**..... www.ncbam.org ..... 1-877-506-2226  
**Sistercare** ..... www.sistercarewnc.weebly.com ..... 808-9082

## WEBSITES FOR CAREGIVERS:

[www.aarp.org/home-family/caregiving](http://www.aarp.org/home-family/caregiving) - Caregiving resource center. Information, tools and tips for caregivers  
[www.agingcare.com](http://www.agingcare.com) - Articles and discussion groups about caregiving  
[www.alzheimers.gov](http://www.alzheimers.gov) - Information and resources about Alzheimer's disease and related dementias  
[www.alzheimersnavigator.org](http://www.alzheimersnavigator.org) - Information for caregivers of persons with dementia  
[www.benefitscheckup.org/](http://www.benefitscheckup.org/) - Check on benefits your loved one may be entitled to  
[www.caregiver.com](http://www.caregiver.com) - Articles on caregiving and weekly e-newsletter on caregiving issues  
[www.caregiver.org](http://www.caregiver.org) - Family Caregiver Alliance/National Center on Aging. Reports and online support groups  
[www.caregiveraction.org](http://www.caregiveraction.org) - Caregiving information and resources  
[www.caregiverstress.com](http://www.caregiverstress.com) - Caregiver articles and videos from Home Instead Senior Care  
[www.caregiver.va.gov](http://www.caregiver.va.gov) - Caregiver support for veterans  
[www.caring.com](http://www.caring.com) - Senior care reviews and resources  
[www.eldercare.gov](http://www.eldercare.gov) - From the U.S. Administration on Aging. Connects older adults to services in their community  
[www.lgbtagingcenter.org](http://www.lgbtagingcenter.org) - Caregiver support for LGBT aging  
[www.nextstepincare.org](http://www.nextstepincare.org) - Information about hospitalization and after discharge  
[www.wellspouse.org](http://www.wellspouse.org) - Support for spousal caregivers, providing peer support and education

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**If you need information about available senior or community services, call 2-1-1. For additional information about services outside Region B, call the Elder Locator at 1-800-677-1116.**

This list is not inclusive and does not constitute an endorsement, referral or statement of qualification. Users of this list should determine for themselves the qualifications of any service prior to utilizing the service.

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The Caregiver Resources Directory is provided to you by the Land of Sky Regional Council's Family Caregiver Support Program.

The National Family Caregiver Support Program (NFSCP) was established to help family and informal caregivers care for their loved ones at home for as long as possible. At Land of Sky, we help caregivers residing in Buncombe, Henderson, Madison, and Transylvania counties by providing them with:

- Information to connect them with the right resources
- Referrals for counseling, support groups, and educational programs
- Financial assistance for respite (short-term relief)
- Short term and one time only services

Land of Sky Regional Council is a multi-county, local government, planning and development organization. We reach across county and municipal borders providing technical assistance to local governments and administer projects and programs which benefit our region's citizens.

Land of Sky's mission is to provide creative regional solutions to relevant and emerging issues in Buncombe, Henderson, Madison, and Transylvania counties while providing a standard of excellence in the delivery of federal, state, and regional services for our member communities.





**Land of Sky Regional Council's  
Area Agency on Aging**

339 New Leicester Hwy., Suite 140  
Asheville, NC 28806  
p: 828.251.6622  
f: 828.251.6353  
[www.landofsky.org](http://www.landofsky.org)

**Family Caregiver Support Program**

Provides information, education, respite and other support to people caring for a frail older adult.