

Land of Sky Regional Council
October 26, 2016
Regular Meeting



Please mute all electronic devices, including cell phones, laptops, tablets, and recorders. Also, Delegates are requested to state their names when moving on orders of business. Thank you!

AGENDA

- I. Call to Order
- II. Invocation
- III. Pledge of Allegiance
- IV. Roll Call
- V. Modification and Approval of Agenda
- VI. Public Comment
- VII. Recognition of Special Guests
- VIII. Chairman's Comments and Roundtable
- IX. Approval of Minutes from the September Regular Meeting
- X. Consideration and Approval of Consent Agenda Items
 - A. September FY2016 Treasurer's Report
 - B. Transportation Demand Management Program Resolution
 - C. National Family Caregiver Month Proclamation
 - D. LOSRC 2017 Meeting Schedule & Holiday Closings
- XI. Presentations/Recognition
 - A. Dementia Friendly WNC – Cathy Hebert, Co-facilitator
 - B. Transportation Demand Management Program – Ritchie Rozzelle, TDM Coordinator
- XII. Old Business
- XIII. New Business
- XIV. Executive Director's Report
- XIV. Important Dates
- XV. Adjournment



BOARD OF DELEGATES AGENDA ITEM

- Subject:** September Board of Delegates Meeting Minutes
- Item Number:** IX. Approval of Minutes from the September Regular Meeting
- Responsible Party:** Zia Rifkin, Administrative Services
- Attachment(s):** Minutes from the meeting of September 2016
- Background:** Attached is the September 2016 Board of Delegates meeting minutes
- Staff Recommendation:** Recommend acceptance of the September meeting minutes.
- Suggested Motion(s):** Move to approve the September meeting minutes as submitted

**Meeting of
Land of Sky Regional Council Board of Delegates
September 28, 2016**

Minutes

- I. Call to Order - Chairwoman Mennella called the meeting to order at 1:00pm.
 - II. Invocation - The invocation was given by Charles Dickens.
 - III. Pledge of Allegiance - All stood as the Chairwoman led the Delegates in the Pledge of Allegiance.
 - IV. Roll Call - The roll was called by Justin Hembree. The following members were present: Tim Moffitt, George Goosmann, Jonathan Kanipe, Larry Harris, Bob Davy, Steve Caraker, Dona Mennella, Bill Gilliland, John Mitchell, Charles Dickens, and Kathe Harris. The following guests were present: Robin Ramsey, Carolyn Ward (Blue Ridge Parkway Foundation), Superintendent Mark Woods, Superintendent Cassius Cash, and Superintendent Tyrone Brandyburg, Lisa Brandon. It was announced that a quorum was present.
 - V. Modification and Approval of Agenda - The agenda was presented for consideration with no modifications requested. John Mitchell moved to approved the agenda as presented. Tim Moffitt seconded the motion which carried without further discussion.
 - VI. Public Comment – The public comment period was opened. No comments were heard.
- I. Recognition of Special Guests - Justin Hembree recognized Robin Ramsey, Senator Burr's representative and Superintendent Mark Woods, of the Blue Ridge Parkway, Superintendent Cassius Cash, of the Great Smoky Mountains National Park, and Superintendent Tyrone Brandyburg, of the Carl Sandburg National Historic Site and Lisa Brandon and others.
 - II. Chairman's Comments and Roundtable - Larry Harris - Shared the big news in the Town of Black Mountain regarding Avadim Technologies that will create 550 new jobs and \$25 million in capital investments. He expressed appreciation to Erica Anderson for her work with the Golden Leaf Foundation and others for the economic development activities that led to the announcement. Bob Davy - Shared that the Town of Fletcher held its Family Heritage Day last Saturday at the park- there were fireworks, bands and a great time was had by all. He also shared about the opening of Fern Leaf Charter School, the school began with 162 students for the first year of operations. On October 4th beginning at 4:00pm the Fletcher-Area Business Association will hold an expo at the park. Charles Dickens - the next meeting of the Regional Aging Advisory Council will be October 13th. It will be a retreat to make sure activities/performance are in line with regulations. Kathe Harris - Shared that the sumac is beautiful on the Blue Ridge Parkway this year. Bill Gilliland - Shared that everything is good in the Town of Montreat. Tim Moffitt - Shared that the last Commissioner's meeting was good and the resolution regarding the designation of Big Ivy as a wilderness area was approved. Regarding property re-evaluations, the county has published the notice and the public hearing will be next week with adoption set for the October 18th meeting. Anne Coletta - Shared that in the Village of Flat Rock the grand opening was held for new park pavilion and other than that, the Village will be continuing on with what has been planned for the park in the budget this year. Jonathan Kanipe - Shared that in the Town of Biltmore Forest, Jack Thomson, Director of the Preservation Society of Asheville and Buncombe County will present a lecture and discussion of the historic homes in Biltmore Forest from the 1920's. John Mitchell - Shared that in Henderson County, BRCC has moved into the new Health Sciences Center. He also shared that the GF-Linamar expansion has started next to the airport and that the Commissioners broke ground on the new high school (on the campus of BRCC) this morning. Finally, happening this weekend will be Arts On Main Street in Hendersonville. Steve Caraker - Shared that the City of Hendersonville had a very successful Apple Festival. The City will soon be announcing a viable re-use of the old hosiery mill to the public.

III. Approval of Minutes from the August Regular Meeting – George Goosmann moved to approve the minutes of the August meeting as submitted. Steve Caraker seconded and the motion carried without further discussion.

IV. Consideration and Approval of Consent Agenda Items – Steve Caraker moved to approve the Consent Agenda consisting of: Item A. August FY 2016 Treasurer’s Report. Bob Davy seconded and the motion carried without further discussion.

V. Presentations/Recognition -

The National Park Service Centennial - Celebrating Our Parks in WNC –

Bill Eaker introduced Mark Woods, Superintendent of the Blue Ridge Parkway (BRP), Cassius Cash, Superintendent of the Great Smokey Mountains National Park (GSMNP), and Tyrone Brandyburg, Superintendent of Carl Sandburg Home National Historic Site. The Superintendents gave a presentation on the National Park Service (NPS) properties that they oversee. Superintendent Woods shared that one of the unique things about the staff of the NPS properties is that they work together on various projects. The National Park Service today comprises about 113 National Park units and represents some of the best and darkest moments of America’s history. The centennial of the NPS is being celebrated this year. Congress established the agency on August 25, 1916 with the passage of the Organic Act. With the centennial, the focus has been on creating the next generation of park stewards and users. NPS constantly tries to convey to visitors and the public at large the need to conserve these special places for the enjoyment of future generations. Superintendent Woods shared the unique shape and size of the NPS units in the greater LOSRC region including the Blue Ridge Parkway (BRP), The Great Smoky Mountains National Park (GSMNP) and Shenandoah National Park. The BRP receives over 15 million visitors annually and communities surrounding the Parkway realize economic value from the visitors. The Parkway also faces 21st Century management issues including invasive non-native species, plant poaching, view-shed protection, encroaching development, air/water quality, budget constraints and the challenges of deferring maintenance due to such a large number of assets that must be maintained in the BRP unit.

Superintendent Cash reviewed the numbers for the GSMNP. He shared that the economic value to surrounding communities is \$874 million and provides over 13000 jobs annually. Superintendent Cash shared about the Smokey’s Challenge Hike 100- over 600 people have now completed this 100-mile hike. The hike has been transformational for the youth that have participated.

Superintendent Brandyburg– shared about the establishment of the Carl Sandburg Home National Historic Site. He shared about the 246 acres that comprise the site and the activities that are provided there. The Centennial will allow the Carl Sandburg House to move forward with the undertaking of a four-year restoration project for the home which will necessitate the removal of the collections that are housed there. He shared about the conservation and preservation methods used at the site including electric vehicles to get folks up the hill to the house.

Bill Eaker thanked the Superintendents for being at today’s meeting. He shared that LOSRC, through the Clean Vehicles Coalition/Clean Cities Program assists the NPS with their clean transportation projects; provides technical and financial assistance through the NCDOT CMAQ (Congestion Mitigation Air Quality) Funds (GSMNP) and DOE Clean Cities National Parks Initiative (all 3 NPS units). Bill Eaker shared the history of how LOSRC got involved beginning with the Clean Air Campaign in the late 1990’s with the goal to reduce emissions from mobile sources. He also provided a brief history of the Clean Vehicles/Clean Cities Programs at LOSRC which began in 2004 and of which he is the coordinator. The Clean Vehicles Coalition works a lot with public and private sector fleets; and has implemented a lot of projects over the years; etc. The programs are very interested in working with the NPS units to help determine what would work best for their needs.

Discussion occurred regarding the clean transportation projects available through NPS units in the region. Superintendent Cash shared that GSMNP has an electric vehicle charging station. The cost to charge a vehicle averages about \$5 for a 30-minute charge.

Discussion occurred regarding the work that volunteers do in the NPS units. Superintendent Woods shared that volunteers work in every segment of park operations except for law enforcement. Security in the NPS

units was discussed and Superintendent Woods shared that security is being upgraded at GSMNP. As visitation to the properties grow, there has been a very significant increase in incidences (not always involving criminal activity) which have to be checked out.

VI. Old Business

XIII. New Business

XIV. Executive Director's Report

A. Annual Banquet - Justin Hembree shared that the annual event will be Wednesday, October 12, 2016, starting at 6:00pm. There will be a special recognition of LOSRC's 50th Anniversary at the annual awards dinner.

B. Doll Auction – Justin Hembree shared that the Foster Grandparent Program in the Aging Department received a large donation dolls. Those will be auctioned off in the near future.

XIV. Adjournment – Jonathan Kanipe moved to adjourn the meeting and Larry Harris seconded and the meeting stood adjourned.



BOARD OF DELEGATES AGENDA ITEM

- Subject:** September FY2016 Treasurer's Report
- Item Number:** X. Consent Agenda, Item A
- Responsible Party:** Vickie Thomas, Finance Director
- Attachment(s):** September FY2016 Treasurer's Report
- Background:** Attached is the September FY2016 Treasurer's Report. The report outlines year-to-date revenues and expenditures. Also included is cash balance informaton, fund balance reporting, and member dues information.
- Staff Recommendation:** Recommend acceptance of September's FY2016 Treasurer's Report.
- Suggested Motion(s):** The Treasurer's Report, if not pulled, will be accepted as part of the motion to approve the consent agenda.

**Land of Sky Regional Council
Treasurer's Report
September, 2016**

	<u>Amount</u>	<u>% of Budget</u>
<u>YTD Report of Receipts & Expenditures</u>		
Total Annual Budget	\$ 13,961,668	
Year-to-Date Revenues	\$ 1,868,771	13.39%
Year-to-Date Expenditures	(2,197,689)	15.74%
Grant/Contract Cash Balance	<u>\$ (328,918)</u>	
Year-to-Date Target Percent		25.00%

Cash Balance Report

Total Cash Balance at 9/1	\$ 2,054,936
Cash Received during month	495,664
Cash Expenditures for month	<u>(1,054,966)</u>
Total Cash Balance at 9/30	<u>\$ 1,495,634</u>

Fund Balance Report at 6/30/15 (Audited)

Unassigned	\$ 421,440
Restricted-Stabilized by State Statute	683,850
Total Fund Balance	<u>\$ 1,105,290</u>

Assessments (Dues) Report

YTD Billed to Member Governments, 1st quarter	\$ 54,573
Collected to Date	<u>(54,573)</u>
Balance Due	<u>\$ -</u>



BOARD OF DELEGATES AGENDA ITEM

- Subject:** Transportation Demand Management Program Grant
- Item Number:** X. Consent Agenda; Item B.
- Responsible Party:** Erica Anderson Director of Economic and Community Development
- Attachment(s):** Transportation Demand Management Program Resolution
- Background:** In January 2015, Council approved the initial TDM Program funding which utilized \$37,500 in NCDOT funding with a local match of \$37,500 provided with STP-DA set aside funds through the French Broad River MPO. The project continues today and we have reached the 7-month anniversary of GO Mountain Commuting.
- At this time, Council is being requested to authorize LOSRC to make the annual TDM grant application to NCDOT. NCDOT has \$45,000 available for State TDM funding for the FBRMPO region (Buncombe, Haywood, Henderson, Madison and Transylvania Counties). The local match will be provided with STP-DA funding at a level of \$50,000 per year for three years (making local funding for the program available through FY2019).
- Staff Recommendation:** Approval
- Suggested Motion(s):** If not pulled, the NC Dept. of Transportation Resolution for the TDM Program will be accepted as part of the motion to approve the consent agenda.

339 New Leicester Hwy., Suite 140
Asheville, NC 28806

p: 828.251.6622 | 800.727.0557
f: 828.251.6353 | w: landofsky.org



TRANSPORTATION DEMAND MANAGEMENT PROGRAM RESOLUTION

FY2018 – FY2021 RESOLUTION

Applicant seeking permission to apply for Transportation Demand Management Program (TDM) funding, enter into agreement with the North Carolina Department of Transportation, provide the necessary assurances, and the required local match.

A motion was made by _____ and seconded by _____ for the adoption of the following resolution, and upon being put to a vote was duly adopted.

WHEREAS, Article 2B of Chapter 136 of the North Carolina General Statutes and the Governor of North Carolina have designated the North Carolina Department of Transportation (NCDOT) as the agency responsible for administering federal and state public transportation funds; and

WHEREAS, the North Carolina Department of Transportation receives funds from the North Carolina General Assembly to provide assistance for TDM programs; and

WHEREAS, the purpose of these transportation funds is to provide grant monies to local agencies for the provision of TDM program services and activities;

WHEREAS, Land of Sky Regional Council hereby assures and certifies that it will comply with the state Statutes, regulations, executive orders, and all administrative requirements related to the applications made to and grants received from the North Carolina Department of Transportation;

NOW, THEREFORE, be it resolved that the Executive Director of Land of Sky Regional Council is hereby authorized to submit a grant application for state funding, provide the required local match, make the necessary assurances and certifications and be empowered to enter into an agreement with the NCDOT to provide TDM management services and activities.

I, Justin Hembree, Executive Director do hereby certify that the above is a true and correct copy of an excerpt from the minutes of a meeting of the Land of Sky Regional Council’s Board of Delegates duly held on the 26th day of October, 2016.

Signature of Certifying Official

***Note that the authorized official, certifying official, and notary public should be three separate individuals.**

Seal Subscribed and sworn to me (date) _____

*Notary Public **

Seal

Printed name and address
My commission expires (date) _____



BOARD OF DELEGATES AGENDA ITEM

Subject: National Family Caregivers Month

Item Number: X. Consent Agenda; Item C.

Responsible Party: Carol McLimans

Attachment(s): National Family Caregivers Month Proclamation

Background: November is designated as National Family Caregiver Month. This year's theme is *Take Care to Give Care*. Family caregivers provide 85% of the long term care in this country. Recognition of families as valued caregivers is growing every year in our country. It's important to encourage them to take care of themselves so they can continue to give the heartfelt care on which their loved ones depend.

Since 2002 Land of Sky Regional Council has signed a proclamation declaring November as National Family Caregivers Month

Staff Recommendation: Chair will sign proclamation

Suggested Motion(s): Unless pulled, this item will be accepted as part of the consent agenda.

National Family Caregivers Month

Take Care to Give Care

November 2016

Proclamation

WHEREAS, the first rule of taking care of others is “Take care of yourself first.” Caregiving can be a rewarding experience, but it is also physically and emotionally demanding. The stress of dealing with caregiving responsibilities leads to a higher risk of health issues among the Nation’s 90 million family caregivers; and

WHEREAS, the stress of caregiving influences physical health. One out of five caregivers surveyed agreed they have sacrificed their own physical health while caring for a loved one. This incidence is even higher in “high burden of care” roles; and

WHEREAS, the recognition of families as valued caregivers is growing every year in our country, it is even more important to encourage them to take care of themselves so they can continue to give the heartfelt care on which their loved ones depend; and

WHEREAS, family caregivers have the best interests of their loved ones at heart. Family caregivers must remember to pay attention to their own physical and mental wellness. Only by taking care of themselves can they be strong enough to take care of their loved ones. They really do need to “*take care to give care!*”

NOW THEREFORE, be it resolved, that Land of Sky Regional Council does hereby recognize November 2016 as National Family Caregivers Month with the theme “Take Care to Give Care” in Buncombe, Henderson, Madison and Transylvania Counties of North Carolina.

Donna Mennella, Chair, Land of Sky Regional Council

October 26, 2016



BOARD OF DELEGATES AGENDA ITEM

- Subject:** 2017 Council Meeting Schedule & Holiday Closings
- Item Number:** X. Consent Agenda; Item D.
- Responsible Party:** Zia Rifkin, Administrative Services
- Attachment(s):** 2017 Schedule of Council Meetings & 2017 Holiday Closings
- Background:**
- Staff Recommendation:** Acceptance of 2017 Council Meeting Schedule and Holiday Closings.
- Suggested Motion(s):** Unless pulled, the 2017 Council Meeting Schedule and Holiday Closings will be accepted as part of the consent agenda.

339 New Leicester Hwy., Suite 140
Asheville, NC 28806
p: 828.251.6622 | 800.727.0557
f: 828.251.6353 | w: landofsky.org



Land of Sky Regional Council will hold its regular business meetings beginning at 1:00pm on the following dates:

January 25th, 2017

February 22nd, 2017

March 22nd, 2017

April 26th, 2017

May 24th, 2017

June 28th, 2017

No Meeting in July

August 23rd, 2017

September 27th, 2017

October 25th, 2017

No Meeting in November

December 6th, 2017

Unless otherwise specified, all meetings are to be held at Land of Sky Regional Council's office

LAND OF SKY REGIONAL COUNCIL

PROPOSED HOLIDAY/OFFICE CLOSINGS FOR 2017

New Year's Day	Monday, January 2, 2017
Dr. Martin Luther King Jr.'s Birthday	Monday, January 16, 2017
Easter - Good Friday	Friday, April 14, 2017
Memorial Day	Monday, May 29, 2017
Independence Day	Tuesday, July 4, 2017
Labor Day	Monday, September 4, 2017
Veteran's Day	Friday, November 10, 2017
Thanksgiving	Thursday/Friday, November 23 & 24, 2017
Christmas	Monday-Wednesday, December 25-27, 2017



COUNCIL AGENDA ITEM FORM

Subject: Dementia Friendly WNC

Item Number: XI. Presentations/Recognition; Item A.

Responsible Party: Carol McLimans

Attachment(s): Dementia friendly WNC Brochure

Background: The Area Agency on Aging at Land of Sky Regional Council provides support for Dementia Friendly WNC, a grass roots organization dedicated to creating a community where all members are respected and valued. The organization is committed to the well-being of people living with dementia and their families through a welcoming and knowledgeable community.

Staff Recommendation: Presentation by Cathy Hebert, Co-facilitator

Suggested Motion(s): No motion necessary

COMMUNITIES

People living with dementia can work and volunteer for years into their diagnosis. The entire community benefits when all members are allowed to contribute.

We provide interactive community education programs to raise awareness and dispel myths about dementia. Contact us to schedule a 60 – 90 minute training session.

THE MANY FACES OF DEMENTIA

“As a caregiver, I have a much deeper appreciation for the time we have together as a family and I have learned to focus on all that we can do together. It just takes a lot more planning and patience”.

Michelle Goyeau



JOIN US AS WE CREATE A SUPPORTIVE COMMUNITY

[www.LandofSky.org/
DementiaFriendly](http://www.LandofSky.org/DementiaFriendly)

CONTACT INFORMATION:

Cathy Hebert:

828-712-4811

cathyhebert87@gmail.com

Nancy Smith Hunnicutt:

828-828-778-0063

nva8@aol.com

OR EMAIL:

[WNCdementiafriendly
Communities@gmail.com](mailto:WNCdementiafriendlycommunities@gmail.com)



A Member of the
Dementia Friendly
America Network

Supported
by the Area
Agency on
Aging at

**LAND
of SKY**
REGIONAL COUNCIL



Committed to
the well-being of
people living with
dementia and their
families through a
welcoming and
knowledgeable
community

ABOUT US

Dementia Friendly WNC is a grass roots organization dedicated to creating a community where all members are respected and valued.



WNC DEMENTIA STATISTICS

- In the 4 county area of Buncombe, Henderson, Madison and Transylvania counties, we have 10,000 older adults living with dementia and 300 people under age 65 with younger onset dementia.
- Families are greatly affected with limited resources to help with increasing care needs.
- Many people with dementia live alone and need assistance.



THE MANY FACES OF DEMENTIA

“Riding my bike is the only time I feel like I don’t have Alzheimer’s. I am going to ride for as long as I can.”
Larry Stanley



“Every day brings a new adventure. What will I see in a new light? What kindness will a friend or stranger gift me? What can I do to help someone else? The possibilities are endless.”
Denise Baker



“After my diagnosis of Alzheimer’s, I have had to re-create myself. Living out of my heart and less out of my head allows me to live in the now. Living in the now and placing friends and family in my heart takes away some of the burden of Alzheimer’s. Bike riding, walking, hiking and learning pottery create a safe and full life.”
James Hyde



OUR STRATEGY

Our strategy stems from the NC State Plan for Alzheimer’s Disease and Related Dementias. We strive to:

- Listen to the voices of persons living with dementia
- Raise community awareness and change attitudes about dementia
- Involve government, healthcare, faith communities, and local businesses in becoming dementia friendly
- Strengthen family and community support systems
- Promote meaningful engagement in community life by reducing the stigma of dementia
- Unite community efforts to work together on new models of care



BOARD OF DELEGATES AGENDA ITEM

Subject: Transportation Demand Management Program in the French Broad River MPO Region

Item Number: XI. Presentations/Recognition; Item B.

Responsible Party: Ritchie Rozzelle, TDM Coordinator

Attachment(s): N/A

Background: The TDM program provides resources for companies and individuals to plan commutes that get people to work in ways beyond one person, one car. The program uses an online platform- GO Mountain Commuting to solve transportation challenges through the use of carpools, vanpools, transit and active commutes.

Staff Recommendation: N/A

Suggested Motion(s): N/A