



Transylvania County Senior Services Directory 2018

**LAND
OF SKY**
REGIONAL COUNCIL

This directory is not all-inclusive and inclusion in this directory does not imply endorsement by Land of Sky Regional Council or the Transylvania County Community Resource Connections (CRC) Office.

This directory prepared in collaboration by:

Land of Sky Regional Council

Carol McLimans, Family Caregiver Resource Specialist

&

Transylvania County Community Resource Connections (CRC) Office

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ABUSE

Adult Protective Services (APS) - Transylvania County DSS

Contact Person: Intake Social Worker

Phone: (828) 884-3174

106 East Morgan Street, Brevard NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

**After regular business hours call 884-3188 and ask to speak to an Adult Services On-Call Social Worker

Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment.

SAFE, Inc. of Transylvania County

Phone: (828) 885-7233

Fax: (828) 885-2559

515 North Broad Street, Suite 1, Brevard, NC 28712

Web: www.safebrevard.com

Services Offered: This agency works to prevent domestic violence in the community. There is abuse prevention education, rape prevention program, community outreach and education and The New Leaf Program. There is also a shelter for women and children who have experienced domestic violence. The number listed above has someone available 24 hours a day/ 7 days a week.

Brevard Police Department

911 for an emergency situation

Phone: (828) 883-2212

114 W. Jordan Street, Brevard NC 28712

Transylvania County Sheriff's Office

911 for an emergency situation

Phone: (828) 884-3168

153 Public Safety Way, Brevard NC 28712

ADULT DAY CARE / ADULT DAY HEALTH

CarePartners Adult Day Services - Transylvania

Phone: (828) 884-2980

Fax: (828) 883-2492

23 Medical Park Circle, Brevard NC 28712

Hours of Operation: M-F 7:30 am - 5:30 pm

Services Offered: This program provides a safe environment for older adults to socialize and receive medical care. There are numerous activities for the participants to enjoy on a daily basis. There are registered nurses and CNAs on staff to help care for the participants. The ratio for staff to participants is 1:6. There are grants that assist with the cost of this program. Also, long-term care insurance will often cover the expense.

ADULT DAY CARE / ADULT DAY HEALTH, continued

Life Skills of Brevard - Transylvania Vocational Services, Inc.

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712 - Mailing: PO Box 1115, Brevard, NC 28712

Hours of Operation: M-F 7:30 am - 4:30 pm

Email: carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program serves as adult enrichment and is designed to promote personal independence in a group setting. Life Skills serves a wide range of ages starting at 18 years old. Life Skills specifically serves individuals with intellectual or developmental disabilities.

AGING SERVICES / SENIOR INFORMATION

Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

Toll Free: (800) 727-0557

Fax: (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Hours of Operation: M-F 8 am - 5 pm

Email: info@landofsky.org

Website: www.landofsky.org

Services Offered: This program is the designated regional organization to meet the needs of persons over 60 in Buncombe, Henderson, Madison, and Transylvania counties, by the North Carolina Division of Aging and Adult Services. Programs include health promotion programs, caregiver resources, volunteer opportunities, employment training, and general older adult information.

Community Resource Connections - Silvermont Opportunity Center

Phone: (828) 884-3166

364 E Main Street, Brevard, NC 28712

Services Offered: This program helps link folks in the community to services that are appropriate for their needs. This program also helps the consumer make informed decisions about services offered in the community.

Long Term Care Ombudsman Program - Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

Toll Free: (800) 727-0557

Fax: (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Hours of Operation: M-F 8 am - 5 pm

Email: info@landofsky.org

Website: www.landofsky.org

Services Offered: A Long-Term Care Ombudsman serves as a mediator who seeks to resolve complaints made by or on behalf of people living in long-term care facilities. The Ombudsman provides a way for people to voice their concerns and have their complaints addressed. They works with all parties to resolve a problem. They also provides information and education regarding long-term care to members of the community.

ALZHEIMER'S AND DEMENTIA

Alzheimer's Association - Western Carolina Chapter

Phone: (800) 272-3900 24-hour Help Line or (828) 398-5780

31 College Place, Suite D103, Asheville, NC 28801

Email: infunc@alz.org

Website: www.alz.org/northcarolina

Services Offered: This Chapter serves the 49 most western counties in NC. For assistance and information call the help line 24 hours a day.

MemoryCare

Phone: (828) 771-2219

100 Far Horizons Lane, Asheville, NC 28803

Email: office@memorycare.org

Web: www.memorycare.org

Services Offered: This non-profit agency provides specialized medical care to older adults. They also provide caregivers with education, counseling and access to services. This program accepts Medicare and Medicaid for their patients. Other fees may apply as well.

Project C.A.R.E. (Caregivers Alternative to Running on Empty)

Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Hours of Operation: M-F 8 am - 4:30 pm

Website: www.landofsky.org

Services Offered: This program provides training and resources for family caregivers, care providers and the community. Project C.A.R.E. provides respite care, family consultation and other services.

ASSISTED LIVING FACILITIES

Cedar Mountain House

Phone: (828) 884-9510

11 Sherwood Ridge Road, Brevard NC 28712

Email: ceda@adm@longisl.com

Website: www.cedarmountainhouse.com

Services Offered: This assisted living facility provides a caring atmosphere, an active community and comfortable life for the residents. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

College Walk

Phone: (828) 884-5800 or (800) 280-9600

100 N. College Row, Brevard, NC 28712

Website: www.collegewalkretirement.com

Services Offered: This facility combines elegant amenities with comforts of home. College Walk offers both independent living residences and assisted living homes. Assisted living services include housing, support services and health care as needed.

ASSISTED LIVING FACILITIES, continued

Kingsbridge House

Phone: (828) 884-6137

Fax: (828) 883-4625

10 Sugar Loaf Road, Brevard, NC 28712

Email: king.bom@longlsl.com

Website: www.kingsbridgehouse.com

Services Offered: This facility provides affordable assisted living in an atmosphere where residents can live life to the fullest. It also offers memory-related services. The facility is licensed as a Special Care Facility and provides a supportive environment for individuals with Alzheimer's and memory related dementias. This facility is fully licensed and accredited. They accept private payment, private insurance and Medicaid.

Tore's Homes

Phone: (828) 884-5007

PO Box 362, Brevard, NC 28712

Website: www.toreshome.com

Services Offered: These facilities offer independent living, assisted living and extended care services. Each facility is a residential-like setting with the comforts of home. This is private pay only.

Independent Living: This service helps postpone admission into a facility for the patients. This service offers assisted living in the patient's own home.

Assisted Living Facilities: This service provides care in a true home environment. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

Extended Care Facilities: This service provides virtually total care to the patient. Assistance with personal care, laundry, housekeeping and transportation to medical appointments are all included. Also, meals are included.

Memory Care: Secured home for people with memory loss.

CAREGIVER RESOURCES

Family Caregiver Support Program - Area Agency on Aging - Land of Sky Regional Council

Contact Person: Carol McLimans

Phone: (828) 251-6622 ext. 119

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Email: carol@landofsky.org

Website: www.landofsky.org/aaa

Services Offered: This program provides support for family members who are caring for frail older persons and grandparents or other older relatives who are raising children. The assistance provided includes information on available services, counseling, support groups, respite care and supplemental services.

CLOTHING

Clothing Closet at Sharing House

Phone: (828) 884-2866

Fax: (828) 884-2573

Oakdale Street and Duckworth Avenue, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 3:30 pm; Closed from 12:00 pm - 1:00 pm; Tues 11 am - 3:30 pm

No appointment necessary but must meet eligibility guidelines

Goodwill Retail Store

Phone: (828) 884-7117
1266 Asheville Hwy, Brevard, NC 28712
Hours of Operation: M-Sat 8 am - 8 pm;
Sun 1 pm - 6 pm

Humane Society Thrift Shop

Phone: (828) 884-6577
84 East Main Street, Brevard, NC 28712
Hours of Operation: M-Sat 10:30 am - 4:45 pm
Cash and Check Only

SAFE's Attic

Phone: (828) 884-2615
370 S. Broad Street, Brevard, NC 28712
Hours of Operation: M-F 9 am - 5:30 pm; Sat 9 am - 4 pm

Salvation Army

Phone: (828) 862-6518
126 N. Caldwell Street, Brevard, NC 28712

The Shop of St. Philip's

Phone: (828) 884-9660
44 Four Seasons Plaza, Brevard, NC 28712
Hours of Operation: M-Sat 10 am - 4 pm

Tiger Town Thrift Shop - WCCA

Phone: (828) 884-9222
Hwy 178 South, Rosman, NC 28772
Across from Rosman Middle/High School
Hours of Operation: M-F 10 am - 5 pm; Sat 10 am - 3:30 pm

DENTAL CARE

Asheville Affordable Dentures

Phone: (828) 298-9928
1445 Tunnel Road, Asheville, NC 28805
Hours of Operation: M-F 7 am - 4 pm

Services Offered: This office provides denture related services and tooth extractions. The same day service is usually possible.

Blue Ridge Free Dental Clinic

Phone: (828) 743-3393
130 Hwy 64 East, Cashiers, NC 28717
Email: info@blueridgefreedentalclinic.org
Web: www.blueridgefreedentalclinic.org
Call in advance for appointment.

Services Offered: This service provides dental care for people without insurance and 200% of poverty level.

Dental Care - Disability Services

DENTAL CARE, continued

Brevard Health Center

Phone: (828) 883-5550

89 Hospital Drive, Suite B, Brevard, NC 28712

Stokes Dental Center - Blue Ridge Community Health Services

Phone(s): (828) 696-0512 or (828) 692-4289

Fax: (828) 692-5766

2579 Chimney Rock Road, Hendersonville, NC 28792

Website: www.brchs.com

Hours of Operation: M, W-F 8 am - 5 pm, Tues 8 am - 8 pm, Dental M-F 7:45 am - 5 pm (Closed for lunch 11:45 am - 12:45 pm)

Services Provided: This office provides dental care to people of all ages, whether they have dental insurance or not. Numerous dentists are on staff and same day appointments are often available.

DISABILITY SERVICES

Community Alternative Programs (CAP-DA) - Transylvania Regional Hospital

Phone: (828) 862-6366

260 Hospital Drive, Brevard, NC 28712

Hours of Operation: W,Th-F 9 am - 4:30 pm

Services Offered: This program is designed to help Medicaid patients find home-based services in order to delay or prevent the need for nursing home care. Services provided include in-homes aides, nutritional supplements, home modification assistance and funds for Adult Day Care and Adult Day Health.

Clients must also have a support system in place. This would include a family member, neighbor or friend. This person(s) could provide assistance if the in-home aide was not able to be in the home for a short period of time. This program is for Medicaid clients only.

Community Alternative Programs (CAP-MR/DD) - Transylvania Vocational Services, Inc.

Contact Person: Carla Hill

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard NC 28712

Hours of Operation: M-F 7:30 am - 4:30 pm

Email: carla@tvsinc.org

Web: www.tvs.inc.org

Services Offered: This program is designed to help individuals with intellectual and developmental disabilities. Numerous supports and services are offered for these individuals. These can include day supports, respite, home and community supports, residential supports, personal care, supported employment and long-term vocational supports.

Community Care of Western North Carolina (CCWNC)

Phone: (828) 259-3879

Fax: (828) 259-3875

53 South French Broad Avenue, Suite 300, Asheville NC 28801

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This agency is a non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners. The service provides case management services, transitional care and an uninsured initiative.

Disability Partners

Phone: (828) 298-1977

Fax: (828) 298-0875

108 New Leicester Highway, Asheville NC 28806

Website: www.disabilitypartners.org

Easterseals of NC and VA

Phone: (828) 350-1111

305 Stone Ridge Blvd, Asheville, NC 28804

Website: www.easterseals.com/NCVA/

Services Offered: Easterseals UCP creates opportunities, promotes individual choice, and changes the lives of children and adults with disabilities by maximizing their individual potential to live, learn, work, and play in their communities.

NC Outreach

Phone: (828) 652-2112 (Home Office)

7A Glenn Bridge Road, Arden, NC 28704

Brevard Hours of Operation: M-F 8 am - 4 pm

NC Services for the Blind

Phone: Susan Leschak (828) 694-6247 (Hendersonville)

Hours Of Operation: Wednesdays

Regional Office:

50 S. French Broad Street, Suite 153, Asheville, NC 28801

Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to eligible clients.

DISABILITY SERVICES, continued

NC Services for the Deaf and the Hard of Hearing

Voice Phone: (828) 665-8733

Toll Free: (800) 681-7998

Fax: (828) 670-5054

12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

RHA Health Services

Phone: (828) 252-0190

Fax: (828) 252-0192

10 Ridgelawn Road, Asheville, NC 28806

Services Provided: This agency is a non-profit provider of services and supports for people with developmental and intellectual disabilities. This agency provides a variety of services including Adult Developmental and Vocational Program (ADVP), intake and assessments, day services, developmental therapy, group homes, home and community supports, personal care services, skilled nursing and respite services.

Transylvania Association for Disabled Citizens (TADC)

Phone: (828) 883-2980

830 Probart Street Extension, Brevard, NC 28712

EMERGENCY / CRISIS ASSISTANCE

Salvation Army

Phone(s): (828) 862-6518 or (828) 862-6519

93A North Broad Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 4 pm;

Call for an appointment

Services Offered: This agency offers rental assistance (not deposits) and utility assistance for emergency situations. Eligibility requirements must be met. Also, proper identification, monthly bills and proof of income must be given. This assistance can only be given once per year.

Sharing House

Phone: (828) 884-2866

164 Duckworth Street, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am - 6 pm

Websites: www.sharinghouse.org

This agency aims to help people in crisis. They provide financial assistance for utilities. They also help with food, clothing and other immediate needs.

Transylvania County Department of Social Services - Family Assistance Programs

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

Crisis Intervention Program (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

Helping Each Member Cope (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance MUST be a customer of Haywood Electric Company.

Community Emergency Assistance (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% of Poverty Funds: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

Domestic Violence Funds: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

FINANCIAL SERVICES

OnTrack Financial Education and Counseling

Phone: (828) 255-5166

Toll Free: (800) 737-5485

50 S French Broad Avenue, Suite 227

Asheville, NC 28801

Hours of Operation: M-F 8:30 am - 5 pm

Website: www.ontrackwnc.org

Services Offered: This program offers budget counseling, reverse mortgage counseling, debt management and foreclosure prevention counseling. Educational programs are also available. All services are confidential and offered at little or no cost to the client.

Food (Meals and Food Pantries)

FOOD (MEALS AND FOOD PANTRIES)

Anchor Baptist Ministries International

Church: (828) 884-7610

Warehouse: (828) 877-2978

3232 Hendersonville Hwy., Pisgah Forest, NC 28768

Email: missions@anchorbaptist.org

Hours of Operation: Tues-F 2 - 5:30 pm, Sat 9 am - 1 pm

Services Offered: This organization offers several programs that provide food to the community. The availability of the food varies.

Bread of Life Community Kitchen

Phone: (828) 877-3577

248 South Caldwell Street, Brevard, NC 28712-3604

Hours of Operation: M-F 12 pm - 2 pm

Services Offered: This is a free community kitchen that provides meals for residents of Transylvania County that are in need. Meals can be taken out. Open to anyone, no qualifications. Do not deliver, must pick up meals.

Food and Nutrition Services (formerly Food Stamps) - Transylvania County DSS

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food through a EBT card. A household may be an individual person or families. Eligibility for FNS is based on income and reserve guidelines.

Meals on Wheels

Phone: (828) 883-3743

PO Box 485, Brevard, NC 28712

Services Offered: This program provides the county nutritious hot meals at noon time for home bound people as well as people with disabilities. Meals are delivered 5 days a week. The cost is \$4.25 per meal but financial assistance is available. This program serves Transylvania County residents up to the Harmony Corner area.

Mobile Meals - WCCA

Phone: (828) 884-2255

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Services Offered: This program provides midday meals five days a week for no charge to individuals who are over the age of 60 and are homebound. These individuals must live in the Rosman, Lake Toxaway and Quebec communities. These meals are prepared by Transylvania Regional Hospital and are transported to the Quebec Center for delivery to the participants. Funding is provided by Home and Community Care Block Grant Funds, Tiger Town Thrift Store and local donations. Participants are asked to make a donation for their meals. This program serves Transylvania County residents who live beyond the Harmony Corner area.

Sharing House

Phone: (828) 884-2866

Fax: (828) 884-2573

164 Duckworth Street, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 12 pm and 1 pm - 4 pm; Tues 11 am - 6 pm

Services Offered: This program provides food to the community. There is an eligibility guideline that must be met in order to receive the food. An appointment is necessary. The pantry also offers cleaning supplies and hygiene products.

Silvermont “Lunch Plus” Program - WCCA

Phone: (828) 884-3166

364 East Main Street, Brevard, NC 28712

Hours of Operation: M-F 10 am - 12 pm

Services Offered: This program offers a midday meal and one activity for people 60 years and over. Activities can include BINGO, music and crafts. Transportation may be available through the county.

Quebec Community Center

Phone: (828) 862-4466

Highway 64 West, Lake Toxaway, NC 28747

Website: www.wcca.net

Services Offered: This program offers a midday meal along with social activities and educational programs for people 60 years and over. Transportation may be possible through county transportation. County Transportation also brings the participants into town once per week.

Western Carolina Community Action (WCCA) - Liquid Nutrition Program

Phone: (828) 884-2255

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program offers liquid nutrition such as Ensure Plus or Glucerna to people over the age of 60 and living on limited income. A doctor’s referral is necessary. Cost is based on a sliding fee scale.

MANNA Food Bank Sites

Community Baptist Church

Phone(s): (828) 883-3931 or (828) 862-8187

200 Buena Vista Road, Brevard, NC 28712

2nd and 4th Thurs of each month from 5:30 pm - 6:30 pm

Crossroads Baptist Church

Phone: (828) 862-8138 (Call between 8 am - 8 pm)

320 Whitmire Street, Brevard, NC 28712

2nd Fri of every month from 10 am - 12 pm

God’s Way Fellowship

Phone: (828) 884-7793

525 Tannasee Gap Road, Balsam Grove, NC 28708

Every Sat from 10 am - 12 pm

Food (Meals and Food Pantries) - Health Care

MANNA Food Bank Sites, continued

North Toxaway Baptist Church

Phone: (828) 884-2140

51 Slick Fisher Road, Lake Toxaway, NC 28747

Rosman United Methodist

Phone: (828) 506-0062

95 Church Street, Rosman, NC 28772

Last Sat of every month from 10 am - 12 pm

Transylvania Christian Ministry

Phone: (828) 884-2866

204 Duckworth Avenue, Brevard, NC 28712

FRAUDS AND SCAMS

NC Attorney General's Office

Phone: (877) 5 NO SCAM (1-877-566-7886)

Can assist with consumer protection, frauds, scams & identity theft.

Website: www.ncdoj.com

HEALTH CARE

Blue Ridge Community Health Services

Phone: (828) 692-4289

2579 Chimney Rock Road, Hendersonville, NC 28793

Hours of Operation: M-Thurs 8 am - 8 pm; Fri 8 am - 5 pm

Website: www.brchs.com

Services Offered: This program provides primary health and dental care for adults, adolescents and children. There is also prescription assistance. Spanish translators are available.

Brevard Health Center

89 Hospital Drive, Suite B, Brevard, NC 28712

Phone: (828) 883-5550

Francis Warde Family Health

Phone: (828) 884-7990

22 Trust Lane, Brevard, NC 28712

Hours of Operation: M, W-F 9 am - 4 pm; Closed on Tues

Services Offered: This office provides basic health care for individuals at 200% or below poverty level. Services are offered on a sliding fee scale. Appointment can be made after necessary paperwork is complete. No chronic pain management clients accepted. No worker's compensation accepted.

Rx Assistance

Phone: (828) 883-5002

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Hours of Operation: M,W,F 1 pm - 4 pm

Services Offered: This program is available to residents of Transylvania County. Rx Assistance helps those who qualify get their prescription medication at no cost. Participants must meet guidelines which include income within 200% of federal poverty guidelines and cannot have any type of insurance. The program only helps with maintenance prescriptions for such conditions as diabetes and high blood pressure. No controlled substances are permitted in this program.

Transylvania County Public Health Department

Phone: (828) 884-3135

Fax: (828) 884-3140

Community Services Building

106 East Morgan Street, Suite 105, Brevard NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This agency offers general population services including vaccines, vital records and hypertension screening. The Health Department also offers public health clinics including audiometer testing, diabetic screenings and cancer screening clinics. There is a fee for the testing and screenings.

Transylvania Regional Hospital

Fax: (828) 883-5128

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Diabetes Education Program

Phone: (828) 883-5195

Hours of Operation: M, W 8 am - 3 pm and Th 8 am - 12 pm

Services Offered: This program assists people in learning how to have the best life possible while still living with diabetes. A physician referral is needed in order to be involved in the program. Individual classes and small group classes are offered. Also, referrals can be made for a dietician or for foot care if needed. A sliding fee scale is available for those who qualify. This program is certified by the American Diabetes Association.

Mammogram Department

Phone(s): (828) 883-5132 or (828) 883-5323

Hours of Operation: M-F 8 am - 4:30 pm, appointments encouraged

Services Offered: This program provides mammograms and follow-up diagnostic testing for women in Transylvania County without insurance. Eligibility guidelines must be met for free mammograms. A sliding fee scale is also available for those who do not qualify for a free mammogram.

Fitness Program

Phone: (828) 883-5322

Services Offered: This fitness program offers exercise equipment, blood pressure checks and has staff on duty. A physician's referral is necessary to begin the program. The cost is \$40 per month or \$5 per visit. There is a sliding fee scale available depending on eligibility.

Health Care - Hispanic information

Wound Care/Ostomy & Continence Services

Phone: (828) 883-5353

260 Hospital Drive, Brevard, NC 28712 (In Hospital)

Services Offered: The program's certified wound, ostomy and continence nurses provide individualized in-patient and outpatient treatment plans and education. Services include care for the treatment of chronic and acute wounds, diabetic foot care, incontinence management, ostomy care and education.

HEALTH INSURANCE

SHIIP (Senior's Health Insurance Information Program)

Phone: (800) 443-9354

Website: www.ncdoi.com/shiip

Local Office: Ask for SHIIP assistance

Phone: (828) 884-3109

Fax: (828) 884-3142

106 East Morgan Street, Suite 109, Brevard, NC 28712

Services Offered: This program helps answer questions that surround Medicare, Medicare supplement insurance and long-term care insurance.

Transylvania County Department of Social Services - Adult Medicaid

Contact Person: Medicaid Intake Worker

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

HISPANIC INFORMATION

Centro Comunitario Hispano- Americano

Phone: (828) 883-2900 - Leave message

249 East Main Street, Brevard, NC 28712 (Behind Presbyterian Church)

Hours of Operation: Open late afternoons

Services Offered: This program offers assistance in learning the English language. They also provide a variety of other outreach services to the Hispanic community.

HOME CARE

CarePartners Home Care and Hospice

Contact Person: Linda Fluck, RN Home Care Manager

Phone: (828) 883-5254

Fax: (828) 883-5331

166 Asheville Hwy Suite 5, Brevard, NC 28712

Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Home Health, Nursing Services, Geriatric Care Management, Lifeline, Respite Services

Home Instead Senior Care

Phone: (828) 274-4406

Fax: (828) 274-4106

1293 Hendersonville Road, Suite 4, Asheville, NC 28803

Services Offered: This program offers non-medical assistance to older adults still in the home. Services can include companionship, meal preparation, light housekeeping, personal care, errands and incidental transportation. Home Instead Senior Care offers trained, bonded and insured caregivers to provide these services.

Mountain Home Care

Phone: (828) 684-6444

Fax: (828) 684-6499

Arden Office: 2270 Hendersonville Road (Arden Square Suite #3) Arden, NC 28704

PO Box 5117, Arden, NC 28704

Email: info@mountainhomecare.com

Website: www.mountainhomecare.com

Services Offered: This program provides non-medical companion care in Western North Carolina. Highly trained caregivers offer companionship, meal planning and preparation, incidental transportation, light housekeeping, bath supervision and many more services. This business also offers Geriatric Care Management.

Tore's Home Services

Phone: (828) 884-5007

PO Box 362, Brevard, NC 28712

Email: tore@toreshome.com

Website: www.toreshome.com

HOMELESS

Asheville Buncombe Community Christian Ministries (ABCCM)

Phone: (828) 259-5300

Fax: (828) 259-5323

30 Cumberland Avenue, Asheville, NC 28801 (Business Office, locations of shelters are kept secret)

Email: cwilson@abccm.org

Website: www.abccm.org

Services Offered: This agency provides numerous services to the community. They specifically offer Veteran's Restoration Quarters and Transitional Housing as well as Women's and Children's Shelter.

Homeless - Home Repairs

HOMELESS, continued

Hendersonville Rescue Mission

Phone: (828) 697-1354

Fax: (828) 697-8114

639 Maple Street, Hendersonville, NC 28792

Website: www.hendersonvillerescuemission.net

Services Offered: This program offers shelter to the homeless. They also offer food and medical assistance. This program also helps those with addictions to find the road to recovery.

Homeward Bound of Asheville

Main Office: (828) 258-1695

A HOPE Day Center (828) 252-8883

19 North Ann Street, Asheville, NC 28801

Admission Office: 218 Patton Avenue, Asheville, NC 28801

Email: info@hbofa.org

Website: www.homewardboundwnc.org

Services Offered: This program helps end the cycle of homelessness. There are numerous programs to help deal with all aspects of homelessness.

The Haven Shelter

Phone: (828) 877-2040

240 South Caldwell Street, Brevard, NC 28712

Email: info@thehavenshelter.org

Website: www.thehavenshelter.org

Services Offered: The Haven is a homeless shelter that provides safe, temporary housing in Transylvania County. The Haven is located behind the Bread of Life Community Kitchen on South Caldwell Street. A noon meal will be served at the Bread of Life facility.

Western Carolina Rescue Mission

Shelter: (828) 254-0471

Office: (828) 254-1529

225 Patton Avenue, Asheville, NC 28802

Website: www.westerncarolinarescue.org

Services Offered: This program offers people who are poor, homeless or addicted a road to assistance. The Rescue Mission offers programs that aid in rescue, recovery and restoration.

HOME REPAIRS

TOWEL Ministry of St. Philip's Episcopal Church

Phone: (828) 884-3666

Fax: (828) 862-3849

256 East Main Street, Brevard, NC 28712

Services Offered: This program builds ramps, chair platforms and hand bars for those in need.

Weatherization Program - WCCA

Phone: (828) 884-2255

Phone: (828) 210-0565 (Asheville)

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: The Weatherization Program is designed to help low income families, folks over age 60 and individuals with a disability. This program helps stop air infiltration in a home, making it warmer in the winter and more comfortable in the summer. The major goal of the program is to save energy and money. Some of the methods used to weatherize a home may include the following: glass replacement, caulking, weather stripping, attic and floor insulation, window repair or replacement, door repair or replacement, water heater blankets, and water pipe and heat duct insulation. This service is available to low income homeowners at no cost and qualifying affordable rental landlords for a minimal fee.

HOSPICE

CarePartners Hospice

Phone: (828) 883-5254

1266 Asheville Hwy. Suite 5, Brevard, NC 28712

Hours of Operation: M-F 8 am - 4:30 pm

Services Offered: Hospice provides comprehensive care for the terminally ill with a focus on comfort rather than curative care. A caring team of specially trained professionals (nurses, social workers, chaplains and physicians) and volunteers is dedicated to enabling the patient to live as fully and as comfortably as possible. Caregiver support is also offered.

Bereavement services are available for families. Services are offered at home, nursing homes or assisted living facilities. Hospice Care gives comfort to terminally ill patients and their families. Support groups and counseling services guide them through the dying and bereavement process.

Four Seasons Hospice

Phone: (828) 692-6178

Toll Free: (866) 466-9734

571 South Allen Road, Flat Rock, NC 28731

Website: www.fourseasonsfl.org

Services Offered: This agency provides care for patients at the end of life. Hospice focuses on pain and symptom management. Comfort is the primary goal. Hospice services can be offered in private homes, at nursing facilities or in hospitals.

Also, Palliative Care and Bereavement Services are also offered through Four Seasons Hospice.

HOUSING

Balsam Grove Apartments

Phone: (828) 884-3648

1301 Asheville Highway, Brevard, NC 28712

Hours of Operation: M,W,F 9 am - 4 pm

Services Offered: Section 8 is available for people living on low income, people age 62 and over and people with a disability. Eligibility requirements must be met and proof of income must be provided.

Brevard Housing Authority

Phone: (828) 884-2146

133 West Morgan Street, Brevard, NC 28712

Hours of Operation: M-Th 8 am - 5 pm; Closed Friday

Services Offered: This office offers public housing funding by HUD for people living on low income and/or people with a disability. Rent is based on 30% of income. An application must be filled out and all eligibility requirements must be met.

Broad River Terrace

Phone: (828) 862-6462

Old Hendersonville Hwy., Brevard, NC 28712

Services Offered: This apartment complex offers low income housing in a nice atmosphere. There are some handicap accessible apartments available. These apartments are also available for those living with a disability.

Cedar Hill Apartments

Phone(S): (828) 884-7232 or (828) 884-7668

120 Hospital Drive, Brevard, NC 28712

Services Offered: These apartments are for people living on low income. The apartments are handicap accessible. Eligibility requirements must be met. Residents must be at least 62 years old or have a disability.

Cottages at Brevard

Phone(S): (828) 885-8429

15 Pender Lane, Brevard, NC 28712

English Hills Apartments

Phone: (828) 885-6016

15 Locks Drive, Brevard, NC 28712

Hours of Operation: M-Thurs 7 am - 1 pm

Services Offered: These apartments are available for people living on low income and meet eligibility guidelines. Some apartments are handicap accessible. Application does need to be completed. Credit checks and criminal background checks are completed on all applicants.

Excelsior Apartments

Phone: (828) 884-8881
58 Excelsior Drive, Brevard, NC 28712
Hours of Operation: M,W 8 am - 3 pm; closed 12 - 1 pm

Services Offered: These apartments are for people living on low income. An application must be filled out. Eligibility requirements must be met. Section 8 is not available for these units.

Habitat for Humanity Office

Phone: (828) 884-3464
692 Ecusta Road, Brevard, NC 28712
Email: THFH@transylvaniahabitat.org
Website: www.transylvaniahabitat.org

Services Offered: This program helps to eliminate poverty in the local community. This program also helps to assure that every family has a safe and decent house in which to live. Habitat for Humanity does this by providing housing for the needy through home ownership financed with no interest mortgages.

Laurel Village Apartments

Phone: (828) 883-3015
21 East Laurel Court, Brevard, NC 28712
Hours of Operation: Tues and Thurs 10 am - 2 pm

Services Offered: These units are for people living on low income, age 62 or over and those with a disability. Eligibility requirements must be met.

Mountain Glen Apartments

Phone: (828) 884-2725
Gallimore Road
88 Mountain Glenn Drive, Brevard, NC 28712
Hours of Operation: M-W 10 am - 2 pm

Services Offered: These units are for people living on low income. Eligibility requirements must be met. Rent is based on 30% of income. Section 8 housing is accepted.

Section 8 - WCCA

Phone: (828) 884-2255
181 Hillview Extension, Brevard, NC 28712
Website: www.wcca.net
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program enables very low-income families to obtain standard housing. To be eligible, an applicant individual or family must be very low-income (below 50% of area median). Families/individuals are expected to contribute 30% of adjusted monthly income toward rent and utility expenses; the balance, subject up to established ceilings, is subsidized. Each year the assisted families are re-evaluated to determine whether their incomes still permit them to qualify for assistance under the program and to adjust the family's portion of the rent.

LEGAL SERVICES

Legal Aide of North Carolina

Asheville Office
North Carolina Senior Legal Help Line
Phone: (828) 236-1080
Fax: (828) 236-2008
547 Haywood Road, Asheville, NC 28806
Website: www.legalaidnc.org

Services Offered: This program provides free legal assistance in civil matters to low income individuals. Areas of services include domestic violence, family law, consumer issues and tenant/landlord issues. Eligibility requirements must be met.

Pisgah Legal Services

Hendersonville: (828) 692-7622
Asheville: (828) 253-0406
Toll Free: (800) 489-6144
Fax: (828) 252-8927
PO Box 2276, Asheville, NC 28802
Website: www.pisgahlegalservices.org

Services Offered: This free program works to bring justice to vulnerable people in Western North Carolina. The attorneys in the program serve low income people with urgent civil legal needs such as domestic violence, tenant/landlord issues dealing with wrongful eviction, elder law and disability assistance

MEDICAL SUPPLIES AND EQUIPMENT

ActivStyle

Phone: (828) 280-6542
470 Asheville Hwy, Suite D, Brevard, NC 28712

Blue Ridge Home Care

Phone: (828) 884-8584
89 Medical Park Drive, Building 2, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This business offers home respiratory therapy, infusion therapy, CPAP machines, ventilators and other home medical equipment.

Care Solutions

Phone: (828) 698-9844
Toll Free: (866) 352-CARE
Fax: (828) 698-9845
110-B Edney Street, Hendersonville, NC 28792
Hours of Operation: M-F 9 am - 5 pm; on-call Sat and Sun
Website: www.caresolutions.us
Email: kayetefel@caresolutions.us

Services Offered: This company offers mobility and wound care equipment including vehicle lifts, stair lifts, wheelchairs, scooters, hospital beds and much more. Home Safety Assessments are also available. Diabetic shoes and socks are available. Medicare, Medicaid and Private Insurance are all accepted.

Gordon Family Pharmacy

Contact Person: Jeff Gordon

Phone: (828) 877-6111

Fax: (828) 877-6487

518 S Broad Street, Brevard, NC 28712

Hours of Operation: M-F 9 am - 6 pm; Sat 9 am - 1 pm

Services Offered: This business offers a large selection of medical equipment including wheelchairs, walkers, bath supplies and more. Wheelchair rentals are available also. Delivery of these items is also possible.

JDI Solutions

Phone: (828) 884-6494

11 Owen Street #115, Brevard, NC 28712

Lincare

Phone: (828) 650-0911

111B Fletcher Commercial Drive, Fletcher, NC 28732

Services Offered: This business offers state-of-the-art oxygen systems, oxygen therapy, CPAP machines, ventilators and respiratory services.

Loftis Home Medical

Phone: (828) 884-7690

Fax: (828) 884-7692

181 Rosman Hwy, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

On-call 24 hours a day/ 7 days a week

Services Offered: This business offers oxygen, CPAP and BiPAP machines, nebulizers and more.

Simply Home

Phone: (828) 684-8441

Toll Free: (877) 684-3581

Fax: (828) 684-3590

1985 Hendersonville Road, Suite 110, Asheville NC 28803

Website: www.simply-home.com

Services Offered: This program offers a unique and discreet system of sensors for in-home care. The system is put into place when a family member or caregiver cannot be there for a loved one. This program allows older adults to continue to live independently.

MEDICATION / PRESCRIPTION ASSISTANCE

Medication / Prescription Assistance

Phone: (828) 883-5002

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Hours of Operation: M,W,F 1-4 pm

Services Offered: This program is available to residents of Transylvania County. Helps those who qualify get their prescription medication at no cost. Participants must meet guidelines which include income within 200% of federal poverty guidelines and cannot have any type of insurance. The program only helps with maintenance prescriptions for such conditions as diabetes and high blood pressure. No controlled substances are permitted in this program.

Needy Meds

Website: www.needymeds.com

Partnership for Prescription Meds

Website: www.pparx.org

MENTAL HEALTH CARE

Alliance Crisis CBS, Inc.

24/7 Crisis Line: (828) 885-TALK (8255)

45 North Country Club Road, Brevard, NC 28712

Hours of Operation: M-F 9 am - 5 pm Crisis Walk-in Service

Services Offered: This program offers mental health and substance abuse counseling for all ages. Walk-in clinics are available for emergency situations. Medicare, Medicaid and Private Insurance are accepted. A sliding fee scale is determined by the providers.

Fresh Start Behavioral Health - Transylvania Regional Hospital

Structured Outpatient Program

Phone: (828) 862-6393

260 Hospital Drive, Brevard, NC 28712

Program Provides: Outpatient behavioral health group services as well as psychiatric medication management for individuals 55 years and older. Group sessions are available Monday – Friday and are facilitated by Masters level therapists. Admission is established based on medical necessity, level of care criteria, diagnoses, and the needs of the individual. The length of stay, frequency of treatment, and treatment strategies are individualized and based on the recommendations of the treatment team and ordered by the doctor. Program provides transportation for individuals who may need help accessing program services on a case by case basis. To make a referral contact our office at 828 862 6393 or fax referral to 828 883 5277.

Meridian Behavioral Health Services - Recovery Education Center

Phone: (828) 883-2708

Fax: (828) 883-2709

69 North Broad Street, Brevard, NC 28712

Email: information@meridianbhs.org

Website: www.meridianbhs.org

Services Offered: This program offers wellness classes and workshops. Referrals for medication management, individual treatment, support and a resource library are also available.

NAMI - Brevard

Phone: (828) 577-3576

Transylvania Regional Hospital - 260 Hospital Drive, Brevard, NC 28712 - Behavioral Health, rear of Hospital

Services Offered:

Meetings for family members and friends – Every Tuesday, 5:00 – 6:30 pm

Meetings for people who have mental disorders – Every Tuesday , 6:30-8 pm

VAYA Health LME/MCO

Phone(s): (800) 849-6127

Fax: (828) 252-9584

200 Ridgefield Court, Suite 206, Asheville, NC 28806

Services Offered: This is a local management entity (LME) serving 23 counties in Western North Carolina. This agency serves those people who have a mental illness, a developmental disability or someone dealing with substance abuse issues. The toll-free phone number listed above can be accessed 24 hours a day/7 days a week.

NURSING HOMES

Brian Center

Phone: (828) 884-2031

Fax: (828) 884-2123

115 N Country Club Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 147 beds. Medicaid and Medicare are both accepted. A locked unit is also available for certain patients.

The Oaks of Brevard

Phone: (828) 877-4020

Fax: (828) 877-3858

300 Morris Road, Brevard, NC 28712

Services Offered: This facility provides extended-stay nursing care to seniors and folks with varying levels of disabilities. Numerous services are provided for the resident including physical therapy, occupational therapy, nutritional services and housekeeping services. The facility has capacity for 120 beds. Medicaid and Medicare are both accepted.

REASSURANCE PROGRAMS

Brevard Police Department

Phone: (828) 883-2212

114 W. Jordan Street, Brevard, NC 28712

Hours of Operation: Calls are generally made in the morning hours

Services Offered: Brevard Police Department will contact anyone living inside the city limits to check-in on them daily. The Police Department requires that they have the necessary information on the person that is going to be contacted. This includes a list of health concerns, the primary physician and an emergency contact person. Some one in dispatch will contact the person every morning. Should there be any problems or concerns, then the emergency contact person would be reached at that time. This is a FREE service for all senior citizens and persons with disabilities.

Transylvania County Sheriff's Office

Phone: (828) 884-3168

153 Public Safety Way, Brevard, NC 28712

Hours of Operation: Calls made between 8 am - 10 am

Services Offered: The Sheriff's Office will make daily contact with any senior citizen or disabled person living in Transylvania County to check on them and make sure that they are doing okay for the day. The Sheriff's Department requires that they have certain information in order to check on the citizen. That information can be given upon registering for the program. This FREE program is available to all senior citizens or disabled persons living in Transylvania County.

REHABILITATION SERVICES

Transylvania Regional Hospital

Phone: (828) 884-9111

260 Hospital Drive, Brevard, NC 28712

Website: www.trhospital.org

Services Offered: The hospital offers several programs that assist people with their rehabilitation.

Transitional Care Unit: (828) 883-5156

This program is an in-hospital, skilled nursing facility, that provides interim care and rehabilitation. It offers a relaxed setting so that patients are able to make a healthy transition from hospital to home.

Cardio-Pulmonary Rehabilitation: (828) 883-5322

This program assists people who are recovering from a heart attack, heart surgery or COPD. This program offers medically supervised education, exercise and counseling.

Physical, Occupational and Speech Therapies: (828) 883-4967

This program helps people recover or adjust from injury, disease or other debilitating conditions. Treatment is focused on recovery to the fullest extent.

Respiratory Therapy and Rehabilitation: (828) 883-5270 or (828) 883-5322

This program offers diagnostic tests, treatment and education. It also provides nebulizers and other breathing treatments.

Pulmonary and Sleep Medicine Program: (828) 877-2887

This program works with people who have breathing related sleep disorders. This program is also dedicated to the diagnosis and treatment of all aspects of sleep pathology.

SENIOR CENTERS

Quebec Community Center

Phone: (828) 862-4466

Hwy 64 West, Lake Toxaway, NC 28747

Silvermont Opportunity Center

Phone: (828) 884-3166

364 East Main Street, Brevard, NC 28712

Email: Silvermont@transylvaniacounty.com

Website: www.wcca.net

Services Offered: This program provides people 60 years and over a midday meal and a variety of recreational, social and educational programs. They include computer lab, dance classes, music lessons, book club and much more. Transportation may be available through county transportation. For more information contact Alice Taylor on Mon and Wed from 8 am until 4 pm and Tues, Thurs and Fri from 8 am until 12 pm.

SOCIAL SERVICES

Transylvania County Department of Social Services

Phone: (828) 884-3174

106 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services listed below:

Adult Medicaid

Contact Person: Medicaid Intake Worker

Services Offered: This program assists individuals with the cost of medical care and other related costs. Adult Medicaid provides medical insurance, financial assistance for residential care and in some cases assistance to avoid residential care. Adult Medicaid can be for nursing home residents, assisted living residents, adults with disabilities, elderly individuals and individuals in specialized programs such as Community Alternative Programs (CAP) and Special Assistance In-Home. Eligibility for Adult Medicaid is based on income and resource guidelines.

Adult Protective Services (APS)

Contact Person: Intake Social Worker

**After regular business hours call (828) 884-3188 and ask to speak to the Adult Services On-Call Social Worker.

Services Offered: APS evaluates reports alleging that disabled adults with a physical or mental incapacity or elderly adults are abused, neglected or exploited and are in need of protective services. APS will determine whether the adult is able to perform and/or obtain necessary services. APS also assesses the situation to determine what services are needed to protect the adult from further mistreatment

Facility Licensing and Monitoring Services

Contact Person: Intake Social Worker

Services Offered: This program licenses and monitors family care homes, adult care homes, assisted living facilities, adult day health centers and adult day care centers for compliance with state/federal rules and regulations. Complaints and non-compliance in these facilities are investigated through this program. Public records are kept of all complaints, state surveys and penalties.

SOCIAL SERVICES, continued

Family Assistance Programs

Services Offered: Family Assistance Programs are offered to individuals and families in order to assist with the basic needs of daily living. There are several programs each with different eligibility. All services are provided based on available funds. Eligibility requirements must be met. Programs include:

Crisis Intervention Program (CIP): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. CIP can be used for oil, gas, deposits or past due electrical bills.

Helping Each Member Cope (HEMC): This program assists with heating and cooling needs for senior citizens, persons with disabilities and families with a child less than 5 years of age. The person needing assistance **MUST** be a customer of Haywood Electric Company.

Community Emergency Assistance (CEA): This program provides short-term assistance during an immediate crisis. There must be a child in the home under the age of 18 (or 19 if he/she is a high school student). The funds in this program can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

200% of Poverty Funds: This program provides short-term assistance to families in an immediate crisis and with a related child under the age of 18 (19 if he/she is a high school student). The needed assistance must be job related. These funds can be used to pay utilities, rent, temporary shelter, transportation and other things deemed necessary as an emergency.

Domestic Violence Funds: This program provides for families or individuals that have been in a domestic violence situation and meet the eligibility requirements.

Food and Nutrition Services (Food Stamps)

Contact Person: Food and Nutrition Services Intake Worker

Services Offered: Food and Nutrition Services (FNS) assist eligible households with purchase of food. A household may be individuals or families. Eligibility for FNS is based on income and reserve guidelines.

Guardianship

Contact Person: Intake Social Worker

Services Offered: The Department of Social Services must sometimes initiate or help families initiate guardianship proceedings for incompetent adults. When DSS has guardianship of an adult, then case management services are provided and decisions are made for the adult. The general public can also call the Department of Social Services to ask questions about guardianship. DSS can offer guidance and support for these situations.

Nursing Home Complaints

Transylvania County does not monitor or license the Nursing Homes in the county. Complaints can be made by calling (828) 624-3004 or Land of Sky Regional Council's Ombudsman Program at (828) 251-6622.

Representative Payee

Contact Person: Intake Social Worker

Services Offered: The Department of Social Services is an appointed payee for folks in the community who receive SSI, Social Security and SA In-Home. The consumers that have a payee have been deemed to be unable to manage their funds. The representative payee pays the clients bills and manages their money appropriately.

Special Assistance In-Home Program

Contact Person: Intake Social Worker

Services Offered: This program has 16 slots to provide case management to those on Medicaid and who are receiving no other Medicaid Case Management services. This program allows individuals to stay in a private living arrangement as an alternative to assisted living. This program also helps pay for extra services that enable the client to live safely in their own home, such as a wheelchair ramp.

State Adult Day Care Fund

Contact Person: Intake Social Worker

Services Offered: This program certifies individuals for financial assistance to enable them to attend Adult Day Programs. This program also monitors the expenditures of the funds.

SUBSTANCE USE - Also see Mental Health

First Step Farm of WNC

Phone: (828) 667-0587

Fax: (828) 665-5606

PO Box 1450, Candler, NC 28715

Email: info@firststepfarmwnc.org

Website: www.firststepfarmwnc.org

Services Offered: This program is aimed at promoting a resident's self determined efforts to recover from chemical dependency. First Step Farm serves to restore the self-respect and esteem of the individual, helping to lead them to an understanding of their problem. Once this is attained, motivation towards sustained abstinence is sought and supported by positive influences from 12 Step self-help fellowships.

Julian F. Keith Alcohol and Drug Abuse Treatment Center (ADATC)

Phone: (828) 257-6200

Fax: (828) 257-6300

201 Tabernacle Road, Black Mountain, NC 28711

Website: www.jfkadatc.net

Services Offered: This center is an 80 bed inpatient treatment facility designed to meet the needs of alcohol and other drug dependent adults of the 37 westernmost counties in North Carolina. The facility treats chemically dependent consumers and also those who have a substance abuse and psychiatric diagnosis.

Neil Dobbins Center

Crisis and Detox Inpatient Facility

Phone: (828) 253-6306

277 Biltmore Avenue, Asheville, NC 28801

Services Offered: This program provides crisis intervention for patients. There is a detox unit for alcohol, methadone and some opiates. 16 beds, not a hospital and no insurance needed.

SUBSTANCE USE, continued

Parkway Behavioral Health- Hendersonville Office

Phone: (828) 697-2660

120 Grove Street, Hendersonville, NC 28792

Services Offered: The Hendersonville office of PBH provides a range of services for individuals with mental health issues and dual diagnosis needs (dual diagnosis means mental health issues in conjunction with substance abuse issues). These services include: daytime emergency MH/SA and walk in triage, MH/SA assessments and evaluations, community support team, MH individual therapy, MH medication evaluations, medication evaluations, SA individual & group, SA intensive outpatient program, DWI assessment and treatment.

Pavillon

Phone: (828) 694-2300

241 Pavillon Place, Mill Spring NC 28756

Services Offered: This program provides a 6 or 12 week residential treatment program, clinical staff, comprehensive outpatient services, relapse prevention tools and support programs for family. Assessments are completed and substance abuse, mental health and medical conditions are all evaluated. This is all completed as quickly as possible so that the appropriate treatment can begin for the patient.

Swain Recovery Center

Phone: (828) 669-4161

Toll Free: (888)732-3362 (24 Hour Crisis Line)

932 Old US Hwy 70 W, Black Mountain, NC 28711

Services Offered: This program is a residential substance abuse treatment program located in the Black Mountain Neuro-Medical Center. The environment promotes healing of the mind, body, and spirit for individuals who are seeking drug-free recovery. This program is a voluntary, confidential program based on a comprehensive client assessment.

SUPPORT GROUPS

Alcoholics Anonymous

Phone: (828) 885-2788

Meetings are at various times and various places. Call for more information.

Alzheimer's Support Group

Phone: (828) 862-6970

Meets 4th Thurs of every month at 5 - 7 pm

Location: CarePartners Adult Day Care - Transylvania

This group provides education and support for caregivers and family members who have a loved one with Alzheimer's or dementia.

Brevard Fibromyalgia, Chronic Pain and Fatigue Support Group

Contact Person: Linda Lander

Phone(s): (828) 884-4844 or (828) 577-1973

Meets 3rd Thurs of every month

Location: Unitarian Universalists of Transylvania County

This group provides participants and their families with education about these illnesses, how others cope and what health care professionals suggest about treatment.

Cottingham Prostate Cancer Support Group

Contact Person: Larry Ragsdale

Phone: (828) 883-5846

Meets 4th Mon of every month at 6:30 pm (Does not meet in November or December)

Location: Newland Conference Room, Transylvania Regional Hospital

This group provides education and support for men who have been diagnosed with prostate cancer. Methods of treatment and therapy options are also discussed.

Growing Through Grief Support Group

Contact Person: Amanda.alexander@msj.org

Phone: (828) 883-5254

Second and Fourth Tues: 2 pm, Transylvania Regional Hospital, Chapel

Hearing Loss Association

Phone(s): (828) 743-0150 or (828) 505-1275

Second Sat: 1 pm, Transylvania Regional Hospital, Carlson Room

Memory Caregiver's Network

Phone(s): (828) 301-0740 or (828) 230-4143

First Tuesday: 1 - 3 pm, Fletcher Seventh-day Adventist Church, 1141 Howard Gap Road, Fletcher, NC 28792

Third Tuesday: 1 - 3 pm, New Hope Presbyterian Church, 3070 Sweeten Creek Road, Asheville, NC 28803

Fourth Tuesday: 1 - 3 pm, Woodfin YMCA Community Room, Second Floor, 40 N Merrimon Avenue, Asheville, NC 28804

NAMI Western Carolina

Phone: (828) 505-7353

356 Biltmore Avenue, Suite 207, Asheville, NC 28801

Website: www.namiwnc.org/support/

Parkinson's Resource Group

Contact Person(s): Linda and Dave Eden

Phone: (828) 862-8820

Meets 2nd Tues of every month at 10 am (Does not meet in June, July or August)

Location: Brevard-Davidson River Presbyterian Church

This group provides the participants with information and experiences that will improve quality of life for those with Parkinson's. Spouses and friends are encouraged to attend.

Services for the Blind Group

Phone: (828) 884-3174

Meets 2nd Wed of every month at 2 pm, Sept - June

Location: College Walk Auditorium

This group provides support for anyone in county with vision loss. Loved ones and support persons are welcome.

Widowed Persons Support Group of Western North Carolina

Phone: (828) 884-2229

Website: www.wpswnc.org

First United Methodist Church, 325 N Broad Street, Brevard, NC 28712

TRANSPORTATION

Medicaid Transportation

Phone: (828) 884-3283

Fax: (828) 884-4199

203 East Morgan Street, Brevard, NC 28712

Hours Of Operation: M-F 8:30 am - 4:30 pm

Services Offered: This program provides transportation to Medicaid clients only for medical appointments. Gas vouchers or use of the City Cab is used to assist in getting Medicaid clients to their medical appointments. For in-county appointments, 24 hour notice is needed. For out-of-county appointments, 2 weeks notice is needed.

Arc Angel provides wheelchair accessible transportation for Medicaid clients. A two or three day notice is needed for this service to be set up for the client.

Transylvania County Transportation

Phone: (828) 884-3203

Fax: (828) 884-4199

106 East Morgan Street, Suite 205, Brevard, NC 28712

Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This program provides transportation services to the general public. Transportation is given to the following programs: Senior Adult Congregate Meal Sites and Transylvania Vocational Services. Transportation is also provided for appointments, shopping, etc. The cost is \$1.00 per stop for the van rides.

The Transportation Office needs to be notified of the need by 10 am the day prior to the appointment. For Monday appointments, the office must be notified by 10 am on Friday.

The general public stops are those on the van routes. If clients do not live on the transportation route, they will pay a flat fee of \$5.00. These trips are contracted through City Cab.

VETERAN'S SERVICES

Veteran's Affairs Medical Center

Phone: (828) 298-7911 or (828) 299-2525

Fax: (828) 299-2502

1100 Tunnel Road, Asheville, NC 28805

Hours of Operation: M-F 8 am - 4:30 pm

Website: www.asheville.va.gov

Services Offered: The VA Medical Center offers a wide range of medical services, both mental and physical to Veterans. Appointments may be scheduled by calling the number listed above. Nursing Home Care is also provided and can be accessed through the same telephone number. Also, housing and legal assistance is available

Veteran's Services of Transylvania County

Contact Person: Frank Pearsall

Phone: (828) 884-3276

Fax: (828) 966-5052

106 East Morgan Street, Suite 237, Brevard, NC 28712

Email: veterans.service@transylvaniacounty.org

Hours of Operation: T, Th 8:30 am - 4:30 pm and M,W,F by appointment

Services Offered: The primary purpose of this office is to assist U.S. military veterans in applying for various benefits for which they are entitled. This includes such things as application to receive medical care at the VA hospital, receiving VA pension due to service-connected disabilities, obtaining copies of discharge papers or military decorations and answering questions from veterans about other benefits.

VISION / HEARING CARE

Lions Club

Phone: (828) 884-3518

89 Forest Ridge Ave, Brevard, NC 28712

Hours of Operation: M-F 9 am - 5 pm

Services Offered: This service provides financial assistance for eye exams and eyeglasses. Eligibility is determined based on income. Income must be food stamp level.

NC Services for the Blind

Phone: (828) 884-3174 ext. 287

Fax: (828) 884-3261

106 East Morgan Street, Brevard, NC 28712

Hours Of Operation: Wed

Regional Office: 50 S. French Broad Street, Suite 153, Asheville NC 28801

Phone: (828) 251-6732

Services Offered: This service provides an independent living program, adjustment to vision loss training, in-home assistance and low-vision aids for those in the county with vision loss. A current eye report from the doctor must be given to the social worker to be eligible for the program. The social worker will meet one-on-one with the client to determine what type of services and assistance is needed. Services are offered free of charge to the clients.

NC Services for the Deaf and the Hard of Hearing

Voice Phone: (828) 665-8733

Toll Free: (800) 681-7998

TTY Phone: (828) 665-8737

TTY Toll Free: (800) 681-8035

Fax: (828) 670-5054

12 Barbetta Drive, Asheville, NC 28806

Services Offered: This service provides for all individuals who are deaf or hard of hearing and their family members. This service provides advocacy, consultation, communication and support. There is no charge for most services offered to the clients.

VOCATIONAL SERVICES / PROGRAMS

Adult Developmental and Vocational Program (ADVP) - Transylvania Vocational Services, Inc.

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712

Mailing Address: PO Box 1115, Brevard, NC 28712

Email: Carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program is designed to prepare individuals with disabilities to live and work independently as possible. Services and supports are designed to assist participants, develop skills and social relationships. ADVP serves adults 18 and over who need pre-vocational services. Adults are paid for their work.

Employment Services - Transylvania Vocational Services, Inc.

Phone: (828) 884-3195

Fax: (828) 884-3102

11 Mountain Industrial Drive, Brevard, NC 28712

Mailing Address: PO Box 1115, Brevard, NC 28712

Email: Carla@tvsinc.org

Website: www.tvs.inc.org

Services Offered: This program provides employment services through Vocational Rehabilitation. It provides assessment and information to help individuals with barriers to employment. This program also provides opportunity for paid work training, job coaching and long term follow-up support. The adult involved in this program must have a disability.

NC Works Career Center - Transylvania County

Phone: (828) 883-2550

Fax: (828) 883-2536

45 Oak Park Drive, Brevard, NC 28712

Email: ncws.2000@nccommerce.com

Website: www.ncworks.gov

Hours of Operation: M 7:30 am -5:30 pm; T-Thurs 7:30 am - 6:30 pm; Closed Fri

Services Offered: This program assists job seekers and employers. Assessment of skill-level and additional training is available if necessary. This program helps link qualified applicants with employers so that they may return to the workforce.

Senior Community Services Employment Program (SCSEP)

Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

Toll Free: (800) 727-0557

Fax: (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

Hours of Operation: M-F 8 am - 5 pm

Email: info@landofsky.org

Website: www.landofsky.org

Services Offered: This program is a training program that provides meaningful part-time work experience in community service at non-profit or governmental organizations, as well as opportunities to obtain meaningful unsubsidized employment in the private sector.

Vocational Rehabilitation Services

Phone: (828) 883-2190

98 East Morgan Street, Brevard, NC 28712

Hours of Operation: M-F 8 am - 5 pm

Services Offered: This program offers assistance for people diagnosed with a chronic physical or mental disability. Eligibility requirements must be met in order to receive services. There is a cost for some services provided through the program but there is a sliding fee scale available.

VOLUNTEER OPPORTUNITIES

American Red Cross

Phone: (828) 884-4530

Website: www.redcrosswnc.org

This agency is a humanitarian organization led by its volunteers. It provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.

Anchor Baptist Ministries International

Phone: (828) 884-7610

Website: www.anchorbaptist.org

This agency works with Christian missionaries to provide tools and assistance to allow them to better serve others. The warehouse provides food, furniture and other need to the people of Transylvania County.

Boys and Girls Club of Transylvania County

Phone: (828) 885-7800

Website: www.bgctransylvania.org

This organization enables young people to reach their full potential as productive, caring and responsible citizens. An afterschool program and a summer program are provided to the children of Transylvania County.

Bread of Life

Phone: (828) 877-3577

This organization is a free soup kitchen that provides a warm meal to those in need in Transylvania County.

Brevard Police Department

Phone: (828) 883-2212

Website: www.cityofbrevard.com

The department pledges to provide professional services to the community through integrity, respect and teamwork.

Charlie's Angels Animal Rescue

Phone: (828) 885-DOGS (3647)

Website: charliesangelsanimalrescue.com

The primary focus of this group is to assist with the rescue of dogs and cats from the local animal shelter. They attempt to find every animal a safe home.

Children's Center Emporium

Phone: (828) 877-5250

The shop sells children's clothing and toys. The proceeds benefit the Children's Center.

VOLUNTEER OPPORTUNITIES, continued

Children’s Center of Transylvania County

Phone: (828) 885-7286

This agency provides support for “at-risk” children. Also, support for parents of abused children who may need help navigating through the legal system is also provided.

Cradle of Forestry Interpretive Association

Phone: (828) 884-5713

Website: www.cradleofforestry.com

This is a historic site within Pisgah National Forest. This focus is on conservation in the forest. The purpose of this program is to stimulate the interest between people and the forest.

Friends for Life Forever Farm

Phone: (828) 508-2460

Website: www.friendsforlifeforeverfarm.org

This is a sanctuary for senior and special needs dogs and cats. This organization provides animals with the best life possible.

Guardian Ad Litem Program

Phone: (828) 694-4215

Website: www.ncgal.org

This organization provides court advocates for children who have been abused and/or neglected. The GAL program serves the best interest of children while trying to ensure the child remains safe.

Habitat for Humanity

Thrift Store: (828) 862-4663

Housing Ministry: (828) 884-3464

Website: www.transylvaniahabitat.org

This organization helps to ensure that every family in the county has a decent and safe place to live. The proceeds from the thrift store benefit the cause.

Healthy Aging - Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

Website: www.landofsky.org

Services Offered: Volunteers to train and facilitate a variety of evidence-based health programs. Areas of focus include fall prevention, managing chronic pain, diabetes, and chronic disease self-management.

Humane Society Thrift Store

Phone: (828) 884-6577

This shop has donated items for resale. The proceeds benefit the Humane Society.

Meals on Wheels

Phone: (828) 883-3743

This organization delivers meals to people to help them maintain their independence and stay in their own home. Midday meals are delivered 5 days per week.

New Adventure Learning Center

Phone: (828) 884-3232

This program is a daycare supported by Transylvania County. It serves a wide range of children meeting their needs daily.

Quebec Congregate Meal Site

Phone: (828) 862-4466

This program offers midday meals and social activities to people over the age of 60.

Rise and Shine Freedom School

Phone: (828) 883-2295

Website: www.riseshine.org

This program is a comprehensive academic mentoring program. It provides 1:1 mentoring for children from Kindergarten to 12th grade.

SAFE Inc. of Transylvania County

Phone: (828) 885-7233

Website: www.safebrevard.com

This agency works to prevent domestic violence in Transylvania County. Safe offers domestic violence education and advocacy as well as a shelter. There are also two thrift stores that support the agency's mission.

Salvation Army

Phone(s): (828) 862-6518 or (828) 862-6519

Website: www.salvationarmyusa.org

This organization provides quality social services to the community. They do this through a variety of ways including thrift stores, emergency assistance and educational programs.

Senior Corps Volunteer Opportunities - Area Agency on Aging - Land of Sky Regional Council

Phone: (828) 251-6622

Website: www.landofsky.org

The volunteer programs through LOS give opportunity to folks age 55 and old to make a difference in the community. Programs require volunteer eligibility for income guidelines and pay a stipend. Senior Companions and Foster Grandparents help older adults stay living independently at home and mentor/tutor special needs children in day care/school settings.

Silvermont Opportunity Center

Phone: (828) 884-3166

This program provides a midday meal along with recreational and social activities to people over the age of 60.

Sharing House

Phone: (828) 884-2866

Websites: www.sharinghouse.org

This agency aims to help people in crisis. They provide financial assistance for utilities. They also help with food, clothing and other immediate needs.

Senior's Health Insurance Information Program (SHIIP)

Phone: (828) 884-3109

This program helps people to understand the different parts of Medicare. They also aim to answer questions regarding the different aspects of Medicare.

VOLUNTEER OPPORTUNITIES, continued

The Center for Women

Phone: (828) 885-7885

Website: www.brevardwomenscenter.com

This agency works with women who are facing unplanned pregnancies or post-abortion trauma. The center offers support, counseling, education and referrals.

The Family Place

Phone: (828) 883-4857

Website: www.familyplacewnc.org

This agency helps families by offering programs and services. Also, information and support through different programs and activities are available.

The Haven Shelter

Phone: (828) 877-2040

Website: www.thehavenshelter.org

This is a shelter that provides assistance to homeless families/individuals in Transylvania County.

Transylvania County Board of Elections

Phone: (828) 884-3114

Website: www.transylvaniaselections.org

This office oversees the elections process in Transylvania County. It is a bi-partisan office.

Transylvania County Community Arts Council

Phone: (828) 884-ARTS (2787)

Website: www.tcarts.org

This program helps enhance the arts in Transylvania County through a variety of programs. There are programs for school-aged children and adults. There are also art shows, art classes and special events.

Transylvania County Library

Phone: (828) 884-3151

Website: www.transylvania.lib.nc.us

This business offers the county a wide range of services. In addition to the books there is also a large array of programs for children, teens and adults.

Transylvania County Parks & Recreation Department

Phone: (828) 884-3156

Website: www.transylvaniacounty.org

This agency offers a number of recreational opportunities. There are seven parks in the county. In addition, there are athletic, art/leisure and fitness programs available to people of all ages.

Transylvania County Schools

Phone: (828) 884-6173

Website: www.transylvania.k12.nc.us

There are numerous schools to choose from in Transylvania County. Each school has its own programs and activities.

Transylvania County Sheriff's Office

Phone: (828) 884-3168

Website: www.transylvaniasheriff.org

This office provides law enforcement, investigation, detention and court services in the county.

**Transylvania County Volunteers in Medicine
(Free Clinic)**

Phone: (828) 883-4454

Website: www.tcvim.org

This organization offers medical services to the people in need of Transylvania County.

Transylvania Regional Hospital

Phone: (828) 884-9111

Website: www.trhospital.org

This business serves the people of Transylvania County in a caring and generous manner. There are numerous departments, services and programs at TRH.

United Way of Transylvania County

Phone: (828) 883-8822

Website: www.unitedwaytransylvania.org

This agency brings people together using resources so that the needs of the community can be met.

Western Carolina Community Action (WCCA)

Phone: (828) 884-2255

Website: www.wcca.net

This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

OTHER

AARP Tax Assistance

Phone: (828) 884-4787

This program provides State and Federal income tax preparation assistance to senior adults. Eligibility requirements must be met.

American Cancer Society

Phone: (828) 254-6931 or National Toll Free Number: (800) 227-2345

120 Executive Park #1, Asheville, NC 28801

Hours of Operation: M-F 8 am - 5 pm

Arthritis Foundation Carolinas Chapter

Phone: (704) 529-5166 or Toll Free: (800) 883-8806

Fax: (704) 529-0626

200 East Woodlawn, Suite 156, Charlotte NC 28217

Email: info.car@arthritis.org

Website: www.arthritis.org

Other

OTHER, continued

A Simple Move

Contact Person: Trish Meller
Phone: (828) 884-9460
Brevard NC 28712

Services Offered: This business offers a moving service that helps when folks may need to move in with relatives or into a nursing/assisted living facility. Estate sales, organizing and de-cluttering are also available. The number listed is available during the day as well as evenings, weekends and holidays.

NC Cooperative Extension Office

Phone: (828) 884-3109
98 East Morgan Street, Brevard, NC 28712
Hours of Operation: M-F 8:30 am - 5 pm

Services Offered: This office provides classes such as healthy eating, cooking, food safety, gardening, budgeting and household energy reduction to the community. Other programs such as Master Gardener's Clinic, Senior Health Insurance Information Program (SHIIP) are also available.

Social Security Administration Office

Phone (Local): (866) 964-5053
Phone (National): (800) 772-1213
TTY: (800) 325-0778
205 S Grove Street, Hendersonville, NC 28792
Hours of Operation: M-F 9 am - 4 pm

The Center for Dialogue (Dispute Settlement)

Phone(s): (828) 877-3815 or (828)877-5060
178 Caldwell Street, Brevard, NC 28712
Hours of Operation: M-Thurs 9 am - 5 pm; Fri 9 am - 1 pm

Services Offered: The Center for Dialogue promotes peaceful communities and positive change in individuals and organizations through the use of mediation, dialogue, and the teaching of human relationship skills. Many services are free of charge, but donations from clients are encouraged.

Transylvania County Animal Shelter

Phone: (828) 883-3713
Ross Road, Brevard, NC 28712

United Way of Transylvania County

Phone: (828) 883-8822
RBC Centura Bank Building, 101 West Jordan Street Suite 4, Brevard, NC 28712
Mailing Address: PO Box 53, Brevard, NC 28712
Email: unitedwaytc@citcom.net
Website: www.unitedwaytransylvania.org

Services Offered: This agency strives to build a stronger Transylvania by mobilizing our community to empower people to improve their lives. Call 2-1-1 (or 252-4357) to find services or volunteer opportunities in Transylvania County. This number is a 24-hour community number.

Western Carolina Community Action (WCCA)

Phone: (828) 884-2255

Fax: (828) 884-3887

181 Hillview Extension, Brevard, NC 28712

Website: www.wcca.net

Services Offered: This agency helps people build financial stability, improve self-esteem, become self-reliant, develop personal responsibility and contribute to the community. They also provide the services, education and advocacy to create these opportunities.

CAREGIVER WEBSITES

Caregiver Action Network

www.caregiveraction.org

This site works to improve the quality of life for caregivers across the country.

Caregiver Stress

www.caregiverstress.com

This site helps a caregiver care for themselves while also caring for an aging loved one.

Children of Aging Parents / Older Adult Programs

www.caps4caregivers.org

This site assists caregivers of elderly or chronically ill. It also helps gives them reliable information, referrals and support.

Elder Care Planning

www.elderindustry.com

This site gives tips on planning for elder care. It also provides information on eldercare challenges. Downloads are also available for certain documents.

Family Caregivers Alliance

www.caregiver.org

This site helps give caregivers a public voice. It also provides them information, education, services, research and advocacy.

Today's Caregiver

www.caregiver.com

This site provides information, support and guidance for family and professional caregivers. It is developed for caregivers, about caregivers and by caregivers.

Well Spouse Association

www.wellspouse.org

This site offers peer to peer support. It also advocates for the needs of individuals caring for his or her spouse/partner.

WEBSITES & PHONE NUMBERS

Need Internet Access? Contact your local library or senior center.

AARP

National - www.aarp.org/life/caregiving(888) 687-2277
NC State Office - www.aarp.org/states/nc (866) 389-5650
Toll Free Spanish.....(877) 627-3350
Toll Free TTY.....(877) 434-7598

Advance Care Planning - Mountain Coalition For Healthcare Decisions - www.mountaindecisions.org

Advance HealthCare Directive Registry - www.secretary.state.nc.us/ahedr/

Aging Life Care Association - www.aginglifecare.org

Membership directory is listed on their website.

Benefits Check Up - www.BenefitsCheckUp.org

Quickly and easily identify what programs and services persons may qualify for and how to access them.

Community Services Information and Referrals - www.nc211.org.....211

If you can find a phone, you can find help. Call 2-1-1

Duke Family Support Program - www.geri.duke.edu/service/dfsp.services.html

Elder Care Locator - www.eldercare.gov/Eldercare.Net/public/Index.aspx

Information about community resources for seniors - anywhere in the country.....(800) 677-1116

Calls taken, Monday through Friday, 9 am - 8 pm (ET). When you call you should have this information available:

- The county, city or zip code of the older person requiring assistance.
- A brief description of the type of assistance you are seeking.

Family Caregiving 101 - www.familycaregiving101.org

National Family Caregivers Association and the National Alliance for Caregiving

Full Circle of Care - www.fullcirclecare.org

Helping family caregivers complete the cycle of care.

Healthfinder - www.healthfinder.gov

Links to support and self-help groups, general information, tips, managing stress, and information on most diseases. Can access in Spanish.

Hospice Net - www.hospicenet.org

For patients and families facing life-threatening illness.

Land of Sky Regional Council's Area Agency on Aging - www.landofsky.org/aaa.....(828) 251-6622
or (800) 727-0557

Medicare - www.medicare.gov.....(800) MEDICARE or (800) 633-4227-3

Medicare Rights Center - www.medicarerights.org.....(800) 333-4114

National Academy of Elder Law Attorneys, Inc. - www.naela.org.....(703) 942-5711

Resources to those involved with legal services to the elderly and disabled.

- National Family Caregiver Alliance** - www.caregiver.org.....(800) 445-8106
Central source of information and technical assistance on caregiving for policy makers, families, health and service providers and program developers.
- National Family Caregiver Support Program** - www.aoa.gov/aoaroot/aoa_programs/acltc/caregiver/index.aspx
- National Family Caregivers Association** - www.nfccares.org.....(800) 896-3650
Educational and informational materials for family caregivers.
- Next Step in Care** - www.nextstepincare.org
Easy to use guides to help family caregivers and health care providers work together to plan for care. (United Hospital Fund) Has smart phone.
- North Carolina Division of Aging and Adult Services** - www.ncdhhs.gov/aging.....(919) 733-3983
- Senior’s Health Insurance Information Program** - www.ncdoi.com/consumer/SHIIP/SHIIP.asp.....(800) 443-9354
Transylvania County SHIIP Counseling Site.....(828) 884-3109
- Social Security Administration** - www.ssa.gov.....(800) 772-1213
- VA Benefits for Caregivers of Veterans** - www.caregiver.va.gov.....(855) 260-3274
- Well Spouse Organization** - www.wellspouse.org.....(800) 838-0879
Virtual support community for spouses of the frail elderly including message boards and live internet chats with other spouse caregivers.

DISEASE SPECIFIC RESOURCES

- Alzheimer’s Association** - www.alz.org.....(800) 272-3900
- Alzheimer’s Association Western Carolina Chapter** - www.alz.org/northcarolina.....Helpline: (800) 272-3900
- Arthritis Foundation** (National Office) - www.arthritis.org.....(800) 283-7800
- Brain Injury Association of North Carolina** - www.biane.net.....(828) 277-4868
- Brain Tumor Support** (WNC) - www.wncbraintumor.org.....(800) 770-8287
- Cancer Society** (American Cancer Society) - www.cancer.org.....24 Hour Call Service: (800) 227-2345
- Cancer Survival Toolbox** - www.cancersurvivaltoolbox.org
Provided by the National Coalition for Cancer Survivorship. Available in Chinese, Spanish and English.
- Diabetes** (American Diabetes Association) - www.diabetes.org.....(800) 342-2383
- Heart Disease / Stroke** (American Heart Association) - www.heart.org.....(800) 242-8721
- Huntington’s Disease Society of America** - www.hdsa.org.....(888) 345-4372
- Lou Gehrig’s Disease** (ALS Association) - www.alsa.org.....(800) 782-4747
- Lung Disease** - www.lungusa.org.....(800) 586-4872
- Osteoporosis** (National Osteoporosis Foundation) - www.nof.org.....(800) 231-4222
- Parkinson’s Disease** (American Parkinson’s Disease Association) - www.apdaparkinson.org.....(800) 223-2732

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Land of Sky Regional Council's
Area Agency on Aging
Family Caregiver Support Program

339 New Leicester Hwy., Suite 140

Asheville, NC 28806

Phone: (828) 251-6622

Fax: (828) 251-6353

www.landofsky.org